



# 2022 Mustang Outdoor Open

MHS Sports Complex Outdoor Track

5.3.2022



Coaches, welcome to the 2022 Mustang Open. For this year's meet we will be using AccuRace Timing to collect online entries and complete results.

**Online Entry Website:** Use the link at [wi.milesplit.com](http://wi.milesplit.com), any questions please contact Clark Jillson at [chvjilson@aol.com](mailto:chvjilson@aol.com)

**Entry Deadlines:** Monday May 2nd at 8:00 PM. Substitutions will be allowed the day of the meet, but the meet will not be re-seeded.

**Teams Competing:** Hudson, River Falls, New Richmond

**Events:** See page 2 for Event List/Start Times. All events will be FINALS, no preliminary rounds.

**Event Entry Limits:** This is an open meet with unlimited entries per event.

**Rest Rooms:** Athletes will have access to 3 portas until 3:15, when the building will be opened. Athletes are not to enter the building until after 3:15 (the end of the school day).

**Start Times:** Field Events at 3:45 PM, Track Events at 4:15

**Track Surface:** 9 lane, rubberized track surface with rubberized runways. Throws circles are concrete. ¼ inch pyramid spikes please. CHALK will be the only marking method allowed on all surfaces.

**Results:** Will be available after the meet as well as online at [www accuracetiming.com](http://www accuracetiming.com) shortly after the meet. Results will also be available online at: [www.athletic.net](http://www.athletic.net)

**Coaches Meeting:** Shouldn't be necessary. If you have scratches, give them to the timer at the finish and scratch your athletes with the clerk before the races.

**3200m Run/Relay:** We will combine genders in the 3200m Relay and 3200m Run if possible.

**Throws/Jumps:** We will allow each competitor 4 jumps/throws with no finals, unless the high number of entries prohibits this.

**Starting Heights:** TBD

**Parking:** Buses should enter the north lot adjacent to the track. It is easiest if buses stay in that lot until the school day ends.

## Questions, contact

Adam Topper, Head Girls Coach

Craig Olson, Head Boys Coach

Perry Myren, Athletic Director

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## Order of Events

### 3:45 PM Field Events\*\*:

Long Jump	Open Pit
Triple Jump	Open Pit
Shot Put	Girls First
Discus	Boys First
High Jump	Girls First
Pole Vault	Boys First

### 4:15 PM Track Events\*: Girls first

3200m Relay  
100/110m Hurdles  
100m Dash  
1600m Run  
800m Relay  
400m Dash  
400m Relay  
300m Hurdles  
800m Run  
200m Dash  
3200m Run  
4x100m Throwers Relay  
1600m Relay

\* Track Athletes should check in with the Clerk of Course at the 2<sup>nd</sup> call for their event to receive hip numbers and get lane assignments (The clerk will be located on the south-west end of the track, near the start of the 100m Dash).

\*\* Field Athletes should check in at their event.

LIVE RESULTS: Can be found during the meet at: [www accuracetimeing.com](http://www accuracetimeing.com) (most likely)

Full meet results will be posted after the meet online at: [www accuracetimeing.com](http://www accuracetimeing.com)

Or at: <http://www.athletic.net>