



DISTRICT 2

CLASS "B" & "C"



TRACK MEET

Kingsland, Georgia
Saturday, April 21-22, 2023
Camden County PSA Recreation Track Field
Hosted by

Camden County PSA

Meet Director: Kitt Brown



1050 Wildcat Drive, Kingsland GA 31548
Office 912.729.5600 Fax 912.729.2300

Welcome Teams!

The Camden County PSA would like to welcome you to Camden County and the Georgia Recreation and Park Association District 2 Class B/C Track and Field Championships. The meet will be held Saturday, April 21-22 2023 at the Camden County Recreation Track in Kingsland, Georgia.

Enclosed you should find the following:

- Meet Information
- Entry Forms
- Directions to Camden Recreation Track
- General Rules

If there is anything the staff of the Camden County PSA can do for you or your team, please feel free to call the office at (912) 510-7385 or 912-552-2907.

Thank you,

Kitt Brown
Athletic Coordinator
1050 Wildcat Drive
Kingsland Ga. 31548
kkwilliams@camdenpsa.com



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TO: GRPA DISTRICT II AGENCIES
SUBJECT: GRPA DISTRICT II CLASS B & C TRACK MEET
HOST: CAMDEN COUNTY PSA LEISURE SERVICES
MEET SITE: CAMDEN COUNTY RECREATION TRACK
DATE: FRIDAY APRIL 21, 2023 @ 5:30PM
SATURDAY APRIL 22, 2023 @ 10:00am

AGE DIVISIONS:
6-8 - born 2017-2015
9-10 - born 2014-2013
11-12 - born 2012-2011
13-14 - born 2010-2009

EACH PARTICIPANT MUST PARTICIPATE IN HIS /HER OWN AGE DIVISION

EVENTS: 50, 100, 200, 400, 800, 1600, 3200, RUNNING LONG JUMP, SHOT PUT, SOFTBALLTHROW, STANDING JUMP, JAVELIN, DISCUS AND HIGH JUMP. **A PARTICIPANT CAN ENTER IN ANY OF THE TWO COMBINATIONS: TWO RUNNING EVENTS AND ONE FIELD EVENT AND BOTH RELAYS OR TWO FIELD EVENTS AND ONE RUNNING EVENT AND BOTH RELAYS. ONLY ONE RELAY PER AGE GROUP.**

AWARD: AWARDS WILL BE PRESENTED IMMEDIATELY AFTER EACH EVENT.

ENTRY DEADLINE: **ALL ENTRIES ARE DUE NO LATER THAN APRIL 19th BY 7pm.** AFTER 7pm, NO MORE ENTRIES WILL BE ACCEPTED. THE ENTRY FORM IS ATTACHED. YOU WILL NEED TO SUBMIT YOUR ENTRIES USING THE ENTRY FORM ATTACHED.

EMAIL ENTRIES: PLEASE SUBMIT ENTRIES ONLINE WWW.COACHO.COM.

BIRTH CERTICATES: A REPRESENTATIVE FROM EACH AGENCY MUST MEET AT GLYNN REC. DEPARTMENT 1402 SONNY MILLER WAY 31521 (HOWARD COFFIN PARK) TO SUBMIT ROSTERS AND BIRTH CERTIFICATES ON APRIL 19, 2022 @ 10:30am. ROSTERS MUST BE COMPLETED AND SIGNED AND MUST BE APPROVED BY THE TOURNAMENT DIRECTOR. **IF YOU ARE UNABLE TO ATTEND, AGENCIES CLOSE TO EACH OTHER CAN MEET TO GET ROSTERS AND BIRTH CERTIFICATES VERIFIED.**

ADMISSION AT GATE:	Adults (13 and Over)	\$5.00
	Students (6-12)	\$2.00
	Seniors (55 and over)	\$2.00
	Children (5 and Under)	Free

CONCESSIONS: Full line of concessions will be offered at the Track, PLEASE NO GRILLS

ENTRY FEES: \$5.00 per Athlete/per Event Plus \$1 per participant charge & \$12 per relay per. GRPA Manual NO SCRATCH FEE. PLEASE MAKE CHECKS PAYABLE TO CAMDEN COUNTY PSA.

CONTACT PERSON: KITT BROWN 912-510-7385 OR 912-552-2907, or email at kkwilliams@camdenpsa.com

Rules: Refer to 2022 GRPA Athletic Manual

1. **THREE PARTICIPANTS PER EVENT/PER AGENCY- BOTH BOYS AND GIRLS.**
2. EVENTS WILL BE RUN IN THE ORDER OF THE ENCLOSED SCHEDULE.
3. **THE AGE CONTROL DATE IS DECEMBER 31ST 2023 (Whatever age the child is as of Dec. 31, 2023, that is the age group they will participate in). NOTE: A 5 year old turning six this year is eligible to participate.**
4. SHOES WILL BE REQUIRED FOR ALL EVENTS, BUT NO STARTING BLOCKS ALLOWED.
5. THE 800 METERS WILL BE A FINAL WITH A ONE-TURN STAGGER BREAKING AT THE END OF THE CURVE.
6. THE 1600 METERS AND 3200 METERS WILL BE A WATERFALL START. IN THE 3200 METERS GIRLS AND BOYS OF THE SAME AGE DIVISION MAY BE COMBINED.
7. THE 50, 100, 200, AND 400 METERS WILL BE RUN AS A TIMED FINAL, THE WINNERS WILL BE DETERMINED BY TIME.
8. **YOU ARE REQUIRED TO SUBMIT YOUR ENTRIES THROUGH www.coacho.com.**
9. THE TOP THREE FROM THE FINAL RACES WILL ADVANCE TO THE STATE GRPA MEET AT JEFFERSON MEMORIAL STADIUM, 127 MEMORIAL DRIVE. JEFFERSON, GA. 30549 MAY 12-13, 2023.
10. PARTICIPANTS WILL BE GIVEN SUFFICIENT TIME TO WARM UP FOR ALL EVENTS.
11. EACH COMPETITOR SHALL BE ALLOWED THREE ATTEMPTS IN THE FIELD EVENTS EXCEPT FOR THE HIGH JUMP. THE COMPETITORS IN THE HIGH JUMP WILL HAVE TWO ATTEMPTS FOR EACH HEIGHT.
12. **PARTICIPANTS, COACHES, AND SPECTATORS WILL BE REQUIRED TO STAY OUTSIDE THE FENCED AREA AND OUT OF THE BULLPEN.**
13. **Relays:** To allow the international exchange zone (acceleration zone) in the 4x100M Relay in track and field.
14. EVENT LOCATION: CAMDEN COUNTY PSA RECREATION TRACK 1050 Wildcat Drive, Kingsland Ga. 3158
15. THE HIGH JUMP BAR WILL BE MOVE AT TWO INCH INTERVALS UNTIL TWO JUMPERS REMAIN, THEN PROCEED TO ONE INCH INTERVALS, THE STARTING HEIGHT FOR ALL AGES:

GIRLS:	10U	3'0"	BOYS:	10U	3'0"
	12U	3'4"		12U	3'4"
	14U	3'8"		14U	3'8"

- NOTES:
1. WE WILL MAKE TWO CALLS FOR EVENTS.
 2. WE MAY RUN BOYS AND GIRLS TOGETHER IN THE 3200 METER RUN, IF THERE IS A SMALL AMOUNT. (SAME AGE GROUP)
 3. PARTICIPANTS IN THE RUNNING LONG JUMP WILL ONLY HAVE **ONE** WARM UP JUMP.
 4. THERE WILL BE A COACHES MEETING AT 9:30AM AT THE FINISH LINE. PLEASE SEND ONLY ONE COACH OR AGENCY REP.



1050 Wildcat Drive, Kingsland GA 31548
Office 912.729.5600 Fax 912.729.2300

Directions to Camden County PSA Track

Address: 1050 Wildcat Drive, Kingsland Georgia 31548.

Taking I-95 South: take I-95 south to exit 6 (Laurel Island Parkway), turn left at the light to go back over I-95. This road is Laurel Island Parkway, stay straight on this road until you arrive at the traffic light (in front of Dollar General). Make a right onto Wildcat Drive, there are paw prints on the road so you will know you are on the correct street, follow the paw prints and you will see a grey block building with a blue roof, this is the REC Center. The track is located across from the stadium. Please park in the parking lot at the rec center.

From Folkston taking Hwy 40 into Kingsland: You will take Hwy 40 into Kingsland stay on Hwy 40 till you see the Winn Dixie on your right, you will come to a red light with the Winn Dixie on your right and Coastal Bank on your left, at this light turn left, this street is Gross Road, stay on this street till it ends at Laurel Island parkway, at this light you will turn left onto Laurel Island Parkway, stay on this street until you come up to Dollar General, turn left at the traffic light onto Wildcat Drive. There are paw prints on it, follow till you see the grey building with a blue roof beside the football stadium, this the REC Center. The track is located across from the stadium. Please park in the parking lot at the rec center.

From Waverly taking Hwy 17 South to Kingsland: You will stay on Hwy 17 south till you see Pak's Karate on your right,) Slow down to make a left turn, turn left this street runs into Laurel Island Parkway, turn left onto Laurel Island Parkway, stay on this street, you will go across I-95, stay straight on this road until you arrive at the traffic light (in front of Dollar General). Make a right onto Wildcat Drive, there are paw prints on the road so you will know you are on the correct street, follow the paw prints and you will see a grey block building with a blue roof, this is the REC Center. The track is located across from the stadium. Please park in the parking lot at the rec center.



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Session 1: GIRLS AND BOYS

Friday April 21, 2023 - Starts at 5:30pm

Event	Round
Girls 11-12 3200 Meter Run 12 AND UNDER	Finals
Boys 11-12 3200 Meter Run 12 AND UNDER	Finals
Girls 13-14 3200 Meter Run 14 AND UNDER	Finals
Boys 13-14 3200 Meter Run 14 AND UNDER	Finals

WILL BEGIN CALLING FOR RELAYS DURING THE 3rd SECTION OF FIELD EVENTS

Girls 6-8 4x400 Meter Relay 8 AND UNDER	Finals
Boys 6-8 4x400 Meter Relay 8 AND UNDER	Finals
Girls 9-10 4x400 Meter Relay 10 AND UNDER	Finals
Boys 9-10 4x400 Meter Relay 10 AND UNDER	Finals
Girls 11-12 4x400 Meter Relay 12 AND UNDER	Finals
Boys 11-12 4x400 Meter Relay 12 AND UNDER	Finals
Girls 13-14 4x400 Meter Relay 14 AND UNDER	Finals
Boys 13-14 4x400 Meter Relay 14 AND UNDER	Finals

Session 2: FIELD EVENT ORDER

Friday April 21, 2023 Starts at TBD

Event	Round
Girls 6-8 Running Long Jump 8 AND UNDER	Finals
Girls 9-10 High Jump 10 AND UNDER	Finals
Boys 9-10 High Jump 10 AND UNDER	Finals
Girls 11-12 Discus Throw 12 AND UNDER	Finals
Boys 11-12 Softball Throw 12 AND UNDER	Finals
Boys 13-14 Running Long Jump 14 AND UNDER	Finals
Girls 13-14 Softball Throw 14 AND UNDER	Finals
Girls 6-8 Softball Throw 8 AND UNDER	Finals
Boys 6-8 Running Long Jump 8 AND UNDER	Finals
Girls 9-10 Softball Throw 10 AND UNDER	Finals
Girls 11-12 High Jump 12 AND UNDER	Finals
Boys 11-12 High Jump 12 AND UNDER	Finals
Girls 13-14 Running Long Jump 14 AND UNDER	Finals
Boys 13-14 Discus Throw 14 AND UNDER	Finals
Boys 6-8 Softball Throw 8 AND UNDER	Finals
Boys 9-10 Running Long Jump 10 AND UNDER	Finals
Girls 11-12 Running Long Jump 12 AND UNDER	Finals
Boys 11-12 Discus Throw 12 AND UNDER	Finals
Boys 13-14 Softball Throw 14 AND UNDER	Finals
Girls 13-14 High Jump 14 AND UNDER	Finals
Girls 9-10 Running Long Jump 10 AND UNDER	Finals
Boys 9-10 Softball Throw 10 AND UNDER	Finals
Boys 11-12 Running Long Jump 12 AND UNDER	Finals
Girls 11-12 Softball Throw 12 AND UNDER	Finals
Girls 13-14 Discus Throw 14 AND UNDER	Finals
Boys 13-14 High Jump 14 AND UNDER	Finals

Day 2 Session 1: GIRLS AND BOYS

Saturday April 22, 2023 - Starts at 10:00am

EVENT

Girls 6-8 4x100 Meter Relay 8 AND UNDER	Finals
Boys 6-8 4x100 Meter Relay 8 AND UNDER	Finals
Girls 9-10 4x100 Meter Relay 10 AND UNDER	Finals
Boys 9-10 4x100 Meter Relay 10 AND UNDER	Finals
Girls 11-12 4x100 Meter Relay 12 AND UNDER	Finals
Boys 11-12 4x100 Meter Relay 12 AND UNDER	Finals
Girls 13-14 4x100 Meter Relay 14 AND UNDER	Finals
Boys 13-14 4x100 Meter Relay 14 AND UNDER	Finals
Girls 9-10 1600 Meter Run 10 AND UNDER	Finals
Boys 9-10 1600 Meter Run 10 AND UNDER	Finals
Girls 11-12 1600 Meter Run 12 AND UNDER	Finals
Boys 11-12 1600 Meter Run 12 AND UNDER	Finals
Girls 13-14 1600 Meter Run 14 AND UNDER	Finals
Boys 13-14 1600 Meter Run 14 AND UNDER	Finals

Day 2: GIRLS TRACK ORDER OF EVENTS

Saturday 4/22/2023 - Starts at TBD (after the 1600m race)

Event	Round
Girls 6-8 50 Meter Dash 8 AND UNDER	Timed Finals
Girls 9-10 50 Meter Dash 10 AND UNDER	Timed Finals
Girls 6-8 400 Meter Dash 8 AND UNDER	Timed Finals
Girls 9-10 400 Meter Dash 10 AND UNDER	Timed Finals
Girls 11-12 400 Meter Dash 12 AND UNDER	Timed Finals
Girls 13-14 400 Meter Dash 14 AND UNDER	Timed Finals
Girls 6-8 100 Meter Dash 8 AND UNDER	Timed Finals
Girls 9-10 100 Meter Dash 10 AND UNDER	Timed Finals
Girls 11-12 100 Meter Dash 12 AND UNDER	Timed Finals
Girls 13-14 100 Meter Dash 14 AND UNDER	Timed Finals
Girls 6-8 800 Meter Run 8 AND UNDER	Finals
Girls 9-10 800 Meter Run 10 AND UNDER	Finals
Girls 11-12 800 Meter Run 12 AND UNDER	Finals
Girls 13-14 800 Meter Run 14 AND UNDER	Finals
Girls 6-8 200 Meter Dash 8 AND UNDER	Timed Finals
Girls 9-10 200 Meter Dash 10 AND UNDER	Timed Finals
Girls 11-12 200 Meter Dash 12 AND UNDER	Timed Finals
Girls 13-14 200 Meter Dash 14 AND UNDER	Timed Finals

Day 2 Session: Boys FIELD EVENT ORDER

Saturday 4/22/2023 (Same time as Girls are running)

Event	Round
Boys 6-8 Javelin Throw 8 AND UNDER	Finals
Boys 9-10 Shot Put 10 AND UNDER	Finals
Boys 11-12 Standing Jump 12 AND UNDER	Finals
Boys 9-10 Javelin Throw 10 AND UNDER	Finals
Boys 11-12 Shot Put 12 AND UNDER	Finals
Boys 13-14 Standing Jump 14 AND UNDER	Finals
Boys 6-8 Standing Jump 8 AND UNDER	Finals
Boys 11-12 Javelin Throw 12 AND UNDER	Finals
Boys 13-14 Shot Put 14 AND UNDER	Finals
Boys 9-10 Standing Jump 10 AND UNDER	Finals
Boys 13-14 Javelin Throw 14 AND UNDER	Finals

Day 2: Boys TRACK ORDER OF EVENTS

Saturday 4/22/2023 (After girls have completed their running events)

Event	Round
Boys 6-8 50 Meter Dash 8 AND UNDER	Timed Finals
Boys 9-10 50 Meter Dash 10 AND UNDER	Timed Finals
Boys 6-8 400 Meter Dash 8 AND UNDER	Timed Finals
Boys 9-10 400 Meter Dash 10 AND UNDER	Timed Finals
Boys 11-12 400 Meter Dash 12 AND UNDER	Timed Finals
Boys 13-14 400 Meter Dash 14 AND UNDER	Timed Finals
Boys 6-8 100 Meter Dash 8 AND UNDER	Timed Finals
Boys 9-10 100 Meter Dash 10 AND UNDER	Timed Finals
Boys 11-12 100 Meter Dash 12 AND UNDER	Timed Finals
Boys 13-14 100 Meter Dash 14 AND UNDER	Timed Finals
Boys 6-8 800 Meter Run 8 AND UNDER	Finals
Boys 9-10 800 Meter Run 10 AND UNDER	Finals
Boys 11-12 800 Meter Run 12 AND UNDER	Finals
Boys 13-14 800 Meter Run 14 AND UNDER	Finals
Boys 6-8 200 Meter Dash 8 AND UNDER	Timed Finals
Boys 9-10 200 Meter Dash 10 AND UNDER	Timed Finals
Boys 11-12 200 Meter Dash 12 AND UNDER	Timed Finals
Boys 13-14 200 Meter Dash 14 AND UNDER	Timed Finals

Day 2 SESSION : Girls FIELD EVENT ORDER

Saturday 4/22/2023 (While Boys are doing their running events)

Event

Round

Will begin calling Girls field events during the Girls 200 meter races.

Girls 7-8 Javelin Throw 8 AND UNDER Finals

Girls 9-10 Shot Put 10 AND UNDER Finals

Girls 11-12 Standing Jump 12 AND UNDER Finals

Girls 9-10 Javelin Throw 10 AND UNDER Finals

Girls 11-12 Shot Put 12 AND UNDER Finals

Girls 13-14 Standing Jump 14 AND UNDER Finals

Girls 7-8 Standing Jump 8 AND UNDER Finals

Girls 11-12 Javelin Throw 12 AND UNDER Finals

Girls 13-14 Shot Put 14 AND UNDER Finals

Girls 9-10 Standing Jump 10 AND UNDER Finals

Girls 13-14 Javelin Throw 14 AND UNDER Finals
