

**2022 BLUE SPRINGS SOUTH JAGUARS
9th-11th TRACK & FIELD INVITATIONAL**

- DATE:** Wednesday, April 20th, 2022
- SITE:** Larry Stewart Memorial Stadium @ Blue Springs South High School
- ENTRIES:** We will be using **MoMileSplit.com** for entries this year. **SCRATCHES only at the coaches' meeting. NO SUBS OR ADDS.** 4 individual entrants per event and 1 relay team per. No divisions, just 9th-11th Grade competing.
- ADMISSION:** \$3 for adults, \$2 for students (Proceeds benefit the Rusty Hodge Scholarship Fund)
- ENTRY FEE:** \$150.00 for one team or \$300.00 for both Boys & Girls
- RELAY ZONES:** Please use tennis balls for your go marks. (Tape or chalk is not allowed on the track surface or runways.) 4x100 – Gold, 4x200 – Red, 4x400 – Green
- SPIKES:** Athletes may use only 3/16” pyramid spikes or smaller.
- BULLPEN:** Will be located at the benches and tent by the South Track Entrance Gate.
- TRAINER:** Will be located near the 50-yard line. **SCHOOLS MUST PROVIDE THEIR OWN ATHLETIC TAPE AND PRE-WRAP FOR TAPING.**
- FIELD EVENTS:** All field events will have 3 attempts, no finals. The new throws area is located to the east of the Soccer Stadium/Tent City/Warm Up Area. Shot Put is in the NE Corner of the upper grass field and Javelin Runway is located in the SW Corner of the lower grass field. Pole Vault will take place on the PV Runway in the NE Corner inside the Main Stadium.
- TENTS:** Team Camps / Tents can be set up on the perimeter of the Soccer Stadium Field outside the Soccer Field Boundary Lines. **NO TENT SPIKES/PEGS ARE ALLOWED TO HOLD TENTS DOWN.** *Due to the new location of Team Tents, we ask that you please refrain from having any gum or sunflower seeds on the Soccer Field Area.* Please also make sure that all trash is picked up from your team location prior to departure at the end of the meet. ***If you would rather have your Team Camp in the Visitor Bleachers, that is okay but please refrain from setting up your tent there.**
- WARM-UP:** Athletes will be permitted to use the athletic field in the Soccer Stadium for warm-up purposes only. Please remain in the stands or tent area unless warming up.
- COACHES:** Coaches' scratch meeting will be in the press box at 3:15.
- CONCESSIONS:** The concession stand will be open and operational.
- RESTROOMS:** Restrooms are in the concession building at the south end of the grandstand and in the building located at the south end of the track under the scoreboard.
- AWARDS:** Medals will be awarded to the top 3 finishers in each event. No team trophies

ENTRIES DUE: 6 pm on Tuesday, April 19th, 2022

Time Schedule

3:15 Coaches' Meeting

Field Events

4:00 Discus (Boys)
Long Jump (Boys and Girls)
High Jump (Boys)
Pole Vault (Girls)
Shot Put (Girls)
Javelin (Girls)

5:30 Javelin (Boys)
Shot Put (Boys)
Triple Jump (Boys and Girls)
High Jump (Girls)
Pole Vault (Boys)
Discus (Girls)

Running Events – All Finals – We will be following a Rolling Schedule

4:00	4x800m Relay	<i>Girls followed by Boys</i>
	100m/110m HH	<i>Girls followed by Boys</i>
	100m Dash	<i>Girls followed by Boys</i>
	4x200m Relay	<i>Girls followed by Boys</i>
	1600m Run	<i>Girls followed by Boys</i>
	4x100m Relay	<i>Girls followed by Boys</i>
	400m Dash	<i>Girls followed by Boys</i>
	300m IH	<i>Girls followed by Boys</i>
	800m Run	<i>Girls followed by Boys</i>
	200m Dash	<i>Girls followed by Boys</i>
	3200m Run	<i>Girls followed by Boys</i>
	4x400m Relay	<i>Girls followed by Boys</i>

Participating Teams: Blue Springs, Blue Springs South, Rockhurst, William Chrisman, Lee's Summit North, Grandview, Liberty, Belton, Pembroke Hill

Adam Courter (Boys Coach), Ryan Unruh (Girls Coach)



**Blue Springs South High School
1200 SE Adams Dairy Parkway
Blue Springs, MO 64014**

Phone: (816) 224-1315 Fax: (816) 224-1421