

# **2022 Relay Zone Assignments / Field Event Assignments**

## **4 x 200 (Red Triangles for 1<sup>st</sup> and 2<sup>nd</sup> exchanges, Gold Triangles for 3<sup>rd</sup>)**

1<sup>st</sup> & 3<sup>rd</sup> Exchange                      Lee's Summit North & Rockhurst  
2<sup>nd</sup> Exchange                                Blue Springs

## **4 x 100 (Gold Triangles for all exchanges)**

1<sup>st</sup> Exchange                                Grandview  
2<sup>nd</sup> Exchange                                Liberty  
3<sup>rd</sup> Exchange                                William Chrisman

## **4 x 400 (Green Triangles for all exchanges)**

Exchange Zone                      Blue Springs South, Starters

## **Break Line**

4 x 800 Relay & 4 x 400m Relay                      Blue Springs South  
800m Run, 1600m Run, 3200m Run                      Blue Springs South

**Long Jump Boys** – Pembroke Hill

**High Jump Boys** – Belton

**Triple Jump Boys** – Blue Springs

**Pole Vault Boys** – William Chrisman

**Discus, Shot Put & Javelin** – Blue Springs South

**Long Jump Girls** – Grandview

**High Jump Girls** – Lee's Summit North

**Triple Jump Girls** – Liberty

**Pole Vault Girls** – Blue Springs South