



Byram Hills' 14th Annual Cross Country Invitational

Saturday, October 8, 2022

Thank you for choosing to be a part of our annual invitational at Byram Hills High School! We will once again feature Middle School, Freshmen, Junior Varsity and Varsity races.

The races will run over grass fields, dirt trails, gravel and pavement. **Blanks/studs are recommended instead of spikes.**

Order of Events

9:20 a.m.	Middle School Boys Race	1.5 miles
9:40 a.m.	Middle School Girls Race	1.5 miles
10:00 a.m.	Freshmen Boys Race	1.5 miles
10:20 a.m.	Freshmen Girls Race	1.5 miles
10:45 a.m.	JV Boys Race	3.0 miles
11:15 a.m.	JV Girls Race	3.0 miles
11:50 a.m.	Varsity Boys Race	3.0 miles
12:20 p.m.	Varsity Girls Race	3.0 miles

Scoring

All Varsity, Junior Varsity and Boys Freshmen races will be scored using the top 5 runners from each team. Ties will be broken with the 6th runner. **The Girls Freshmen race will be scored using the top 3 runners from each team. Ties will be broken with the 4th runner.**

Individual Awards

Medals will be awarded to the top 25% of the finishers (based on the number of Athletic.net entries) for high school races. **Plaques** will be awarded to the top 3 finishers of every high school race in place of medals.

Team Awards

Trophies will be awarded to the 1st place team in each high school race, as well as the winning team of the Small Schools Division. The Small Schools Division is based upon NYS BEDS Numbers.

Registration and Entries

Register your team on Athletic.net by **September 30th**. Please make sure your roster is up to date and each athlete is entered into the race you expect them to compete in. We will be using chip timing, so you can always place an athlete on the starting line of a *different* race if things change.

There is a limit of 1 Varsity Boys Team and 1 Varsity Girls Team per school (7 runners max).

We are accepting unlimited entries in our Middle School, Freshmen and JV races.

You may enter a JV Team without entering a Varsity Team.

Entry Fees

\$350 – Blanket Entry (High School)
\$185 – Entire Boys Team (High School)
\$185 – Entire Girls Team (High School)
\$125 – Middle School Team (Boys and Girls)

Make checks or purchase orders payable to **Byram Hills Central School District** and mail with the attached payment form to:

Anneliese Galgano
Byram Hills High School Athletic Office
Byram Hills High School
12 Tripp Lane
Armonk, NY 10504

Directions

From the North – Route 684 south to Exit 3. Turn left at the light. Continue about 1.3 miles to the 2nd light at the top of the hill and turn left onto the high school driveway.

From the South – Route 684 north to Exit 3 (Route 22 North). Continue about 1.2 miles to the 2nd light at the top of the hill and turn left onto the high school driveway.

Parking

After dropping off your team at Byram Hills High School, we ask that all buses park at Coman Hill Elementary School, 558 Bedford Rd., Armonk NY, about 1 mile away. We suggest exchanging phone numbers with your bus driver so they can return to pick up your team once your races are over. If a coach is driving their own school van, we will allow you to park in the high school campus parking lot.

No Pets Allowed!

Byram Hills has a strict no pets policy. Please tell your athletes' parents not to bring dogs to the meet. They will be asked to leave!

Meet Packets

Meet Packets (order of events, list of participating schools and copies of the course maps) will be handed out on each bus as you enter the parking lot. Any unclaimed packets will be brought to the T-Shirt table near the concession stands by 9 a.m. before the start of the meet.

Warmups and Starting Line

Our course opens at 8 a.m. Coaches and athletes will not be allowed on the course prior to that time. After races begin at 9:20 a.m., we ask all athletes to use only the track for warmups (no spikes!), so as not to interfere with the races. There will be no box assignments at the starting line. Teams will line up in alphabetical order beginning at the backstop and spreading across the field towards the trees.

Concessions and T-Shirts

We will have food trucks or concessions on site for the duration of the meet, as well as t-shirts and sweatshirts for sale at a table next to the concession stands. Cash or credit card accepted.

And of course, a meet tradition: **Lloyd's Carrot Cake** – Free for all coaches!

If you have any questions, contact Coach Andrew Dapolite at
adapolite@byramhills.net or **(914) 960-4793**

The Mike Gulino
Bobcat Run

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Saturday October 8, 2022

Entry Procedures:

STEP 1. Go to bobcatrun2022.milesplit.com and click on “**Register Here**”.

STEP 2. After you have registered for the meet, enter your athletes into their expected races.
The Deadline is Friday September 30th!

STEP 3. Print and complete the payment form below and enclose it with a check or purchase order payable to: **Byram Hills Central School District**. Payment form and checks/purchase orders should be mailed to:

Anneliese Galgano
 Byram Hills High School Athletic Office
 Byram Hills High School
 12 Tripp Lane
 Armonk, NY 10504

Payment Form:

School Name: _____

Boys Coach: _____ **Girls Coach:** _____

Email Address: _____ **Email Address:** _____

Cell Phone: _____ **Cell Phone:** _____

Entry Options			
Blanket Entry (High School)	Entries in ALL high school races, Boys and Girls	\$350.00	\$
Entire Boys Team (High School)	Entries in Boys Varsity, JV and Freshmen races	\$185.00	\$
Entire Girls Team (High School)	Entries in Girls Varsity, JV and Freshmen races	\$185.00	\$
Middle School Team	Entries in ALL middle school races, Boys and Girls	\$125.00	\$
		TOTAL	

Make check or purchase order payable to “**Byram Hills Central School District**”