



Second Sole - Eagle Elite April 16, 2022

8:45 A.M. **Coaches Meeting** - Main Stands, below press box.. NOTE: There is no time schedule
Events will run one event after another.

9:00 A.M.

Girls / Boys - 3200 meter - B-FINAL

Girls Discus - 4 Attempts

Boys Shot Put - 4 Attempts - Top 8 qualify for the Dunkin' Donut 100

Long Jump- 4 Attempts - in Flights - Boys (East Pit), Girls (West Pit)

High Jump - Boys (West Pit), Girls (East Pit)

Pole Vault - Girls First

30 Minutes after 9:00 a.m. events are concluded

Girls Shot Put - (Seated Shot Put precedes Girls) - 4 Attempts

Boys Discus - 4 Attempts

10:30 A.M.

Girls 4 x 800 meter relay

Boys 4 x 800 meter relay

11:00 A.M.

ALL SECTIONS ARE TIMED FINALS

Girls 100 meter HH

Boys 110 meter HH

Girls / Boys 100 meter dash

Seated 100 meters

Girls / Boys 4 X 200 meter relay

Girls / Boys 1,600 meter run

Girls / Boys 4 X 100 meter relay

Girls / Boys 400 meter dash

Seated 400 meters

Girls / Boys 300 meter hurdles

Girls / Boys 800 meter run

Seated 800 meters

Girls / Boys 200 meter dash

Girls / Boys 3200 meter run - A-FINAL

DUNKIN DONUT 100 - Top 8 Male Shot Putters will compete 100m (non-scored)

Girls / Boys 4 X 400 relay