

43nd Annual Eldon Maroon and Gold Track Invitational

April 14, 2022

Dear Athletic Director and/or Head Track Coach,

The following is information regarding the 43rd Annual Maroon and Gold Track Invitational. Track is located at Mustang Memorial Park behind the Eldon Middle School, 1400 N. Grand St.

Event Entries

Two entries per event and one entry per relay are allowed for each school. Coaches need to login to mo.milesplit.com. You may enter your team's information starting Monday, April 5th, after 1:00pm using the [Online Entry Form](#) Coaches: Please enter all athletes as "Varsity" on your roster. Coaches can edit their entries online until Thursday, April 13th at 9:00am [Scratches/Changes](#) * Please make sure your sprint entries are to the nearest hundredth *

Entry Information:

Timing: MoTiming will be timing the meet electronically

Scratch/Coaches Meeting: 2:00 pm

The scratch meeting will be held in the Coaches office in the football stadium by the concession stand. All heats will be final.

Field Events 2:45 pm

Order: Girls Discus, Boys Shot, Boys Javelin, Girls LJ, Boys TJ, Girls High Jump, Boys Pole Vault

Girls High Jump will start at 4' 2", Boys High Jump at 5' 2"

Girls Pole Vault will start at 6'0", Boys Pole Vault at 8'0"

Shot Put, Discus, and Javelin will be flighted based on the number of entries. (4 throws) no finals Girls and boys throwing implements will be pooled.

Long and Triple Jump will be cafeteria style (4 jumps) no finals

Running Events 3:15 pm

Scoring: 10-8-6-5-4-3-2-1

Girls' heats will precede boys

All heats are final

Fast heats will be last

No tape on track or runways

Track surface: Eight lane, all-weather track - 1/8 inch spikes only please.

Concession and restroom facilities are available.

Awards:

Trophies will be awarded to the Boys and Girls meet champions and a Boy and Girl high point award winner.

The top six individual and top three relay teams will receive medals. Please pick up medals at the end of the meet. There will be no field event relay.

Entry Fee: \$120.00 \$60.00 per team (boys / girls)

Athletes need to enter the track at the North end (near the bullpen).

If you have any questions call [Brent Kell AD 417-207-9045](tel:417-207-9045) (cell phone) or email

Brent.Kell@EldonMustangs.org

Maroon and Gold Track Meet @ Eldon High School

April 14th, 2022

Coaches/Scratch Meeting: 2:00pm

Field Events starting at: 2:45pm

Girls Discus, Boys Shot, Girls Long Jump, Boys Triple Jump, Girls High Jump, Boys Pole Vault, Boys Javelin Followed

immediately by:

Boys Discus, Girls Shot, Boys Long Jump, Girls Triple Jump, Boys High Jump, Girls Pole Vault, Girls Javelin

Order of Running events: 3:15pm

Girls: 4x800 meter Relay

Boys: 4x800 meter Relay

Girls: 100 meter Hurdles

Boys: 100 meter Hurdles

Girls: 100 Meter Dash

Boys: 100 meter Dash

Para: 100 meter Dash

Girls: 4x200 meter Relay

Boys: 4x200 meter Relay

Girls: 1600 meter Run

Boys: 1600 meter Run

Girls: 4x100meter Relay

Boys: 4x100meter Relay

Girls: 400 meter Dash

Boys: 400 meter Dash

Girls: 300 meter Hurdles

Boys: 300 meter Hurdles

Girls: 800 meter Run

Boys: 800 meter Run

Girls: 200 meter Dash

Boys: 200 meter Dash

Para: 200 meter Dash

Girls: 3200 meter Run

Boys: 3200 meter Run

Girls: 4x400 meter Relay

Boys: 4x400 meter Relay