



Rahway Rising Stars Invitational

Frosh/Soph Meet Series

Friday, April 8, 2022

Thursday, April 14, 2022

4pm Start Time

Rahway River Park, Rahway, NJ

Awards: Top 6 per event

**Entry Fee: \$8 per individual event
\$30 per relay
(unlimited entries)**

All entries must be completed on Milesplit

Entries will close at 3pm on the day before the meet

There will be NO CHANGES made on the day of the meet

NOTE: Girls relays will be a combined division. Frosh and Soph girls can run together on the same relay.

Please print milesplit invoice and mail checks to:

Rahway High School Track & Field

Attn: Leon Bunion

1012 Madison Ave.

Rahway, NJ 07065

Checks are to be made payable to: Rahway High School Track & Field

Please contact Meet Director, Leon Bunion, with any questions at lbunion@rahway.net.



April 8, 2022	
Running Events	
4x800	Frosh Boys
4x800	Soph Boys (divisions may be combined, but scored separately)
4x800	Frosh/Soph Girls
100m	Frosh Boys followed by Soph Boys (Final on Time)
100m	Frosh Girls followed by Soph Girls (Final on Time)
800m	Varsity Boys followed by Varsity Girls
200m	Varsity Boys followed by Varsity Girls
400m	Frosh Boys followed by Soph Boys
400m	Frosh Girls followed by Soph Girls
Field Events	
Long Jump	Frosh Girls & Frosh Boys (open pit)
Shot Put	Frosh Girls followed by Soph Girls
Discus	Soph Boys followed by Frosh Boys



TRACK & FIELD

April 14, 2022

Running Events

1600m	Varsity Boys followed by Varsity Girls
4x200	Frosh Boys followed by Soph Boys
4x200	Frosh/Soph Girls
1600m	Frosh Boys followed by Soph Boys
1600m	Frosh Girls followed by Soph Girls
110HH	Varsity Boys followed by Frosh Boys, Soph Boys
100H	Varsity Girls followed by Frosh Girls, Soph Girls
800m	Frosh Boys followed by Soph Boys
800m	Frosh Girls followed by Soph Girls
Field Events	
Long Jump	Soph Girls & Soph Boys (open pit)
Shot Put	Frosh Boys followed by Soph Boys
Discus	Soph Girls followed by Frosh Girls