Rehoboth Christian High School High Desert Cold Weather Classic Track and Field Meet Saturday, March 26, 2022

Thank you for scheduling us this year. I hope you are excited to participate in the Rehoboth Christian School Track and Field invitational on March 26, 2022.

We will be using <u>milesplit</u> for entries into this meet. Please make sure all entries are final by 8:00pm on Thursday, March 24. I will be printing heat sheets at this time and would prefer all scratches to be completed at this time.

NMAA and NFHS rules and regulations will be followed. Additionally, NMAA has committed to running the State Championship Track Meet using a rolling schedule, with a slightly irregular order of events, so we will also run our meet on a rolling schedule without planned breaks and in the same order that can be expected at the State Meet.

Camps: No camps will be allowed on the infield, please have your athletes between the track and the fence on the EAST side of the track or outside of the fenced area. You may want to tell spectators who are coming to bring their own chairs to sit in because our bleachers are small.

Throws: We will let you know how many throws are allowed at the coaches meeting (depending on how many athletes are registered for these events). Javelin, Shot Put, and Discus will be in the field East of the Track.

Jumps: I will make a decision on the number of jumps that are allowed at the coaches meeting (depending on how many athletes are registered for these events).

Entries: You will be allowed four entries per school in individual events. One entry, per school in the relay events. There will be unlimited entries in the 800, 1600, and 3200 only (be reasonable).

Scoring and Awards: Points will be awarded based on the number of teams entered for the meet. 1st, 2nd and 3rd place team awards for girls and boys, and ribbons for 1st through 6th place. We will have a high point athlete for male and female.

Coaches Help: We will need at least one coach from each team helping with the field events. Please plan on having someone help. Thank you.

Start Times: The meet will start with a coaches meeting at 8:00 am and field events will start at 8:30 am.

There is a \$125 Entry Fee to cover the cost of the meet. (If we attend a meet of yours, you don't need to pay).

Bring checks with you or mail them to: Adrian Pete / Rehoboth Christian School / PO Box 41 / Rehoboth, NM 87322

If you have any questions please email Chad Meekhof at cmeekhof@rcsnm.org or call 505-879-2815. Thank you.

Rehoboth Christian School High Desert Cold Weather Classic Rehoboth Stadium

Saturday March 26, 2022

8:00 Coaches Meeting in KK Gym by Track (East Side of the Track).

Implement weigh-in just inside the track's south entrance.

8:30 Boys Shot / Girls Javelin

Girls Long Jump

Boys High Jump, Girls Discus

9:15 Boys Javelin / Girls Shot

Boys Long Jump

9:30 Boys & Girls Triple Jump

Girls High Jump, Boys Discus

Running Events - Girls First, Boys Second

We will finish Field Events before the running events begin. (Exception 3200m)

10:00am 3200m Run

4x100m Relay

100m/110m Hurdles

100m Dash 4x800m Relay 4x200m Relay 400m Dash 300m Hurdles 800m Run

1600m Medley Relay

200m Dash 1600m Run 4x400m Relay

(Rolling Schedule)