

# **FALCON RELAYS ORDER OF EVENTS**

*March 10, 2022 (Thursday)*

*Scratch Meeting 12:00 pm: Field House Weight Room*

## *Field Events Start 12:30 pm:*

*1<sup>st</sup> Flight: VG Pole Vault, VG Triple Jump, VG Discus  
VB High Jump, VB Long Jump, VB Shot Put*

*2<sup>nd</sup> Flight: VB Pole Vault, VB Triple Jump, VB Discus  
VG High Jump, VG Long Jump, VG Shot Put*

*Opening Height High Jump: VG – 4'6" and VB – 5'4"*

*Opening Height Pole Vault: VG – 6'6" and VB – 9'6"*

*NO FINALS: 4 Throws (SP/DISC) and 4 Jumps (TJ/LJ)*

## *Running Events (VG followed by VB):*

*\*4 x 100 Meter Relay will start when all horizontal/vertical jumps are completed.*

*12:45 pm 3200 meter run*

*~3:30-4:00 pm 4 x 100 meter relay*

*800 meter run*

*100/110 meter hurdles*

*100 meter dash*

*4 x 200 meter relay*

*400 meter dash*

*300 meter hurdles*

*200 meter dash*

*1600 meter run*

*4 x 400 meter relay*