



Region 7-AAA Track and Field Championships 2022
@ Cherokee Bluff High School
Hosted by Cherokee Bluff High School
Thursday, April 21 & Friday, April 22, 2022

Day 1 Schedule: Thursday, April 21, 2022:

8:45 AM- Coaches Meeting in Hospitality Room

- **9:00 AM-** *Session I:* Field Event Finals Begin

9:00-10:30 AM--Session I:

Boys High Jump
Girls Long Jump (South Pit)
Girls Shot Put
Boys Triple Jump (North Pit)
Boys Discus
Girls Pole Vault

- **10:00 AM-** 4x800 Meter Relay Finals
- **10:30 AM-** *Session II:* Field Event Finals Begin

10:30 AM-12:00 PM--Session II:

Girls High Jump
Boys Long Jump (North Pit)
Boys Shot Put
Girls Triple Jump (South Pit)
Girls Discus
Boys Pole Vault

12:00-12:45 PM- Field events & 4x800 awarded on the podium; Track will be open.

12:45 PM- Track closed

TIMED SCHEDULE (girls followed by boys)

- **1:00 PM-** 100/110 Hurdles Prelims
- **1:30 PM-** 100 Meter Prelims
- **2:00 PM-** 4x200 Meter Relay Finals
- **2:30 PM-** 1600 Meter Finals
- **3:00 PM-** 400 Meter Prelims
- **3:30 PM-** 300 Hurdles Prelims
- **4:00 PM-** 800 Meter Prelims
- **4:30 PM-** 200 Meter Prelims



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Day 2 Schedule: Friday, April 22, 2022:

9:00-9:45 AM- Track will be open.

9:45 AM- Track closed

TIMED SCHEDULE (girls followed by boys)

- **10:00 AM-** 4x100 Meter Relay Finals
- **10:45 AM-** 100/110 Hurdles Finals
- **11:30 AM-** 100 Meter Finals
- **12:15 PM-** 400 Meter Finals
- **1:00 PM-** 300 Hurdles Finals
- **1:45 PM-** 800 Meter Finals
- **2:30 PM-** 200 Meter Finals
- **3:15 PM-** 3200 Meter Finals
- **4:00 PM-** 4x400 Meter Relay Finals
- **4:30 PM-** Team Awards