

## MECHANICSBURG EVSD Department of Athletics

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HS Principal: Jason Shultz (ext. 1506) MS Principal: Marlo Schipfer (ext. 1507) Athletic Director: Coby Wilhelm (ext. 1057) Athletic Assistant: Cheryl Payne (ext. 1503)

## HS Track & Field Quad, April 20, 2022

LOCATION:	Mechanicsburg High School, 60 High Street, Mechanicsburg, OH 43044
ADMISSION:	Tickets are \$7 and will be sold online or at the gate, link to online tickets.
TEAM ARRIVAL:	Teams will be asked to drop participants off at entrance 1 on the <u>event map</u> and then park busses as indicated on the map. Coaches should report to the press box upon arrival to check-in. If you have scratches or substitutions, please feel free to email them <u>wilhelmc@mcburg.org</u> , or report them at the press box upon arrival.
HOSPITALITY ROOM:	There will be a hospitality room for coaches and officials in the locker room at the end of the concession building as indicated on the <u>event map</u> .
CONCESSIONS:	Concessions will be available behind the home bleachers.
TRAINING STAFF:	The Mechanicsburg Athletic Department in collaboration with Memorial Sports Medicine will have a Certified Athletic Trainer on-site.
SCORING & RESULTS:	We will have a video board at the finish line to display results, they will also be live on <u>Mile Split</u> . The top 5 will score in individual(6-4-3-2-1) and the top 3 in relay events(6-4-2).
ENTRY/SEEDING:	All entries are to be completed using MileSplit. The entry deadline is <b>9:00 PM</b> , <b>Monday, April 18th. Teams may enter up to 4 athletes per individual event and an</b> <b>A &amp; B team per relay event.</b> All events will be finals, participants will be assigned heats/lanes based on the seeding info that is input on MileSplit. Events will not be reseeded the day of the event. All substitutions will go directly into the same heat/lane assignment as the original participant, any addition will be placed in the first available heat/lane.

Link to Mile Split Entries Page

## **TENTATIVE SCHEDULE:**

Entries and seeding criteria are due on MileSplit Gates Open for Teams
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Coaches should check into the press box upon arrival to make scratches
or substitutions.
Gates Open for Spectators/Coaches Meeting at Finish Line
Field Events Begin (All Finals)
Boys Shot Followed by Girls Shot - 4 Trials
Girls Disc Followed by Boys Disc - 4 Trials
Boys High Jump(Followed by Girls) - Starting Height TBD
Long Jump - Separate boys and girls pits, 4 Jumps
Pole Vault - We will determine the order once we have entries with
seed, Please bring a copy of your <u>Pole Vault Certification Form.</u>
Running Events Begin (All Timed Finals)
GIRLS 3200M RELAY
BOYS 3200M RELAY
GIRLS 100M HURDLES (33" Yellow Marks)
BOYS 110M HURDLES (39" Blue Marks)
GIRLS 100M DASH
BOYS 100M DASH
GIRLS 800M RELAY
BOYS 800M RELAY
GIRLS 1600M RUN
BOYS 1600M RUN
GIRLS 400M RELAY
BOYS 400M RELAY
GIRLS 400M DASH
BOYS 400M DASH
GIRLS 300M HURDLES (30" White Marks)
BOYS 300M HURDLES (36" White Marks)
GIRLS 800M RUN
BOYS 800M RUN
GIRLS 200M DASH
BOYS 200M DASH
GIRLS 3200M RUN
BOYS 3200M RUN
GIRLS 1600M RELAY
BOYS 1600M RELAY
33" Hurdle Height: 2nd Notch
39" Hurdle Height: 4th Notch