

Shenandoah University Wilkins Center High School Challenge Monday, January 10th, 2022

Entry Information: The deadline to enter athletes will be Wednesday, January 5th at 5:00pm. Entries will be done through MileStat.com. Please contact the meet director, Andrew Marrocco (<u>amarrocc@su.edu</u>), with any questions. Projected entries *will* be accepted, but please be responsible in doing so. There will be a limit; 4 athletes per school per event.

Entry Fee: \$350 per team (\$700 boys & girls). Please make checks payable to Shenandoah University.

If mailing a check, please mail to: Attention: Andrew Marrocco Shenandoah University Athletics 1460 University Drive Winchester, VA 22601

Scoring: Each event will be scored in standard meet form 10-8-6-5-4-3-2-1. Medals will be awarded to event champions.

Timing & Results: Blue Ridge Timing will be handling the timing and results of the meet. Results will be displayed on the facility scoreboard, as well a virtual real-time scoreboard. Printed results will be posted on the board behind the timing stand; one copy will be given to each head coach per gender per request. Official results will be posted online immediately following the meet at <u>www.blueridgetiming.com</u>, MileStat, and <u>www.suhornets.com</u>.

Facilities: The Kay & JJ Smith track, within the James R. Wilkins Jr. Athletics Center, is a 6-lane, 200m Mondo Super-X 720 track, expanding to an 8-lane sprint/hurdle straight, with two pole vault runways (configuration dependent upon entries), a single runway for long/triple jumps (triple jump boards are at 28' 36' and 41'), and a Polanik throwing circle for shot and weight. Team camps will be on the covered basketball court on the infield of the track.

Spikes: ¼" pyramid spikes (or shorter) only – no needle or other spikes allowed; spikes will be checked by the clerk at event check in. If not compliant, spike will be available at \$.25/spike. Spikes will be rechecked at corral; noncompliant spikes will be confiscated at that point and the meet will not hold up for a change.

Athletic Training: A certified athletic trainer will be on site for the meet. If you are not traveling with a trainer, please supply your own taping materials and arrange any use of modalities in advance by calling Rob Brennan at (215)360-8593 or email to rbrennan15@su.edu.

Parking & Athlete Drop Off: Teams must unload and pick up at west entrance of Wilkins A&E Center (between building and I-81) and enter through southern most door on that side (closest to main parking lot). Teams are not to enter main entrance / Rotunda at all through course of meet. Busses and Vans can be parked behind the building in the designated bus parking areas.

Athlete Warm Ups / Cool Downs: Athletes may use the stadium turf for warm ups. Please inform athletes they are absolutely not permitted to use adjacent golf course for warming up. Please instruct athletes the North entrance (all glass) is the only in/out for athlete access to building once meet has begun for warming up and cooling down. Teams are not to enter main entrance / Rotunda at all through course of meet.

Spectators: Fans and spectators are not allowed at all in team camp area, as space is limited; please help enforce that with your teams. There will be designated spectator areas to which meet staff can escort to proper areas for best viewing of their athletes. Admission will be \$5.00 per person and children under 5 are free. Concessions are available at main entrance of Wilkins Athletic Center.



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Meet Schedule

~~ James R. Wilkins Athletics & Event Center will be open to teams at 1:30 pm. ~~

Field Events

3:00 pm – Boy's Pole Vault
Girl's Long Jump
Boy's Weight Throw (Exhibition)
Girl's High Jump
4:00 pm – Boy's Long Jump
Girl's Weigh Throw (Exhibition)
Boy's High Jump
4:30 pm – Girl's Pole Vault
Girl's Triple Jump
Boy's Shot Put
5:45 pm – Boy's Triple Jump
Girl's Shot Put
Track Events – Rolling Schedule
5:00 pm – Boy's 4x 800m Relay
5:15 pm – Girl's 4x 800m Relay
5:30 pm – Boy's 55m Dash Trials
5:35 pm – Girl's 55m Dash Trials
5:45 pm – Girl's 55m High Hurdle Trials
5:55 pm – Boy's 55m High Hurdle Trials
6:05 pm – Boy's 1600m
6:20 pm – Girl's 1600m
$6:40 \text{ pm} - \text{Boy's } 4x \ 200 \text{m Relay}$
$6:50 \text{ pm} - \text{Girl's } 4x \ 200 \text{m Relay}$
7:00 pm – Boy's 500m
7:20 pm – Girl's 500m
7:35 pm – Boy's 55m Dash Finals
7:40 pm – Girl's 55m Dash Finals
7:50 pm – Boy's 55m High Hurdle Finals
8:00 pm – Girl's 55m High Hurdle Finals
8:10 pm – Boy's 1,000m
8:20 pm – Girl's 1,000m
8:35 pm – Boy's 300m
8:45 pm – Girl's 300m
8:55 pm – Boy's 3,200m
9:10 pm – Girl's 3,200m
9:25 pm – Boy's 4x 400m Relay
9:35 pm – Girl's 4x 400m Relay