

# **Sandcastle Classic**

## **Time Schedule**

**Check in will start at 9:00am for running events.**

### **Running Events**

**10:30am** - Girls 4 X 800m Relay

**10:45am** - Boys 4 X 800m Relay

**11:00am** - 100mH

**11:10am** - 110mH

**11:20am** - Girls 100m Dash

**11:30am** - Boys 100m Dash

**11:40am** - Girls 4x200m Relay

**11:50am** - Boys 4x200m Relay

**12:00pm** - Girls 1600m Run

**12:10pm** - Boys 1600m Run

### **Lunch Break**

**12:45pm** - Girls 4 X 100m Relay

**12:50pm** - Boys 4 X 100m Relay

**12:55pm** - Girls 400m Dash

**1:10pm** - Boys 400m Dash

**1:25pm** - Girls 400mH

**1:35pm** - Boys 400mH

**1:40pm** - Girls 800m Run

**1:45pm** - Boys 800m Run

**1:50pm** - Girls 200m Dash

**2:00pm** - Boys 200m Dash

**2:10pm** - Girls 3200m Run

**2:25pm** - Boys 3200m Run

**2:40pm** - Girls 4 X 400m Relay

**2:45pm** - Boys 4 X 400m Relay

**Warm-ups will start at 9:00am for field events.**

### **Field Events**

**9:30am** - Boys Shot Put (4 Throws)

**9:30am** - Girls Discus (4)

**9:30am** - Girls Javelin (4)

**9:30am** - Boys Long Jump (4 Jumps)

**9:30am** - Girls Long Jump (4)

**9:30am** - Girls High Jump

**10:30am** - Boys Javelin (4 Throws)

**11:30am** - Boys Triple Jump (4 Jumps)

**11:30am** - Girls Triple Jump (4)

**11:30am** - Boys High Jump

**11:30am** - Girls Pole Vault, Boys to follow

**11:30am** - Girls Shot Put (4 Throws)

**11:30am** - Boys Discus (4)

**\*Track events will NOT run ahead of schedule. They will stick to the schedule.**