

42nd SIX RIVERS RELAYS
Friday May 6, 2022
Coach and Athlete Instructions

1. The Science Hill track and field facility will open for warm-ups and spectators at 2 p.m.

2. If an athlete scratches from an event after declaration day (Wednesday), they will be scratched from the meet and will not be allowed to compete in any subsequent events at the meet. The “no scratch” rule will be enforced retroactively after declaration day. This rule will be strictly enforced.

3. School administration asks that teams *NOT* set up tents on the home side of the bleachers. Instead, teams may set up anywhere else on the grounds of Kermit Tipton Stadium on the outside of the fence.

Running Events

1. All athletes, including alternates, must check-in at the clerking station *NO EARLIER than 20 minutes prior to their scheduled event start time and NO LATER than 10 minutes prior to their scheduled event start time. NOTE: Adhering to the check-in schedule will be strictly enforced.*

2. Once an athlete checks in, they must not leave the clerking area unless the clerk gives permission. Leaving the area after checking in may result in being scratched from the event. Athletes must be race-ready when checking in.

3. Coaches and spectators are not allowed in the clerking area.

4. First call for running events will be made 20 minutes before the scheduled start of the event. Second call will be made 15 minutes before the start. The third and final call will be made 10 minutes before the start.

5. Final decisions regarding the placement of alternates will be made 10 minutes prior to the scheduled start time of each event. Alternates must have already checked in.

6. All four legs of each relay team must report to and remain at the clerking station unless given permission by the clerk.

Field Events

1. All athletes, including alternates, must check in at their respective event venue *NO EARLIER than 45 minutes prior to their scheduled event start time and NO LATER than 20 minutes prior to their scheduled event start time, regardless of gender. NOTE: Adhering to the check-in schedule will be strictly enforced.*

2. Once an athlete checks in, they must not leave the area without the expressed approval of the lead official at their venue. Leaving the area without permission after checking in may result in being scratched from the event.

3. First call for all field events will be made 45 minutes before the scheduled start of the event. Second call will be made 30 minutes before the start. The third and final call will be made 20 minutes before the start.

4. Final decisions regarding the placement of alternatives will be made 20 minutes prior to the scheduled start time of each event. Alternates must have already checked in.

5. Officials at each venue will govern athlete access for preparations and warm-ups.