

2022

23rd ANNUAL

LEN PIETREWICZ

POLAR BEAR

INVITATIONAL

December 30, 2021

SPONSORED BY:

**MORRIS COUNTY TRACK COACHES
ASSOCIATION**

Len Pietrewicz Dedication

Growing up in Bound Brook, Len Pietrewicz and his childhood buddies built a makeshift track to begin what has become a lifetime passion for the Randolph High School girl's cross country, winter and spring track coach.

An elementary physical education teacher in the Randolph school district for forty years, retiring in 2010. His supervisor Cliff Back, the Morris County Track Coaches Association Meet Director, called him "an innovative teacher who created interesting programs." Among those programs was a district-wide field day. Many of the youngsters who participated in Pietrewicz's field days became track and cross country stars when they became high school students.

Pietrewicz began his coaching career at Randolph High School in 1974 as a boys track assistant to long-time Rams coach Ted Loeffler. After a few years, he took over the Rams' girls program. For much of the past four decades, Pietrewicz has had the Rams girls program among New Jersey's best.

In 2013 the Rams Cross Country team won the Meet of Champions. The Rams have won a large number of State Sectional team trophies in Cross Country, Winter, and Spring Track.

Pietrewicz's teams have dominated both the winter and spring Morris County Championships and have earned 9 Morris County Cross Country Championships. The Rams have won 18 county winter track titles and 21 county spring titles. They have added 17 winter track county relays crowns and 22 spring track relays titles.

Four of Morris County girl's legends have worn Randolph uniforms. Rena Antanelis dominated the throwing events in the late 1970's and early 1980's. She was a longtime county record holder in the shot and javelin. After Antanelis graduated, Tatiana Smolin came along and dominated the sprints, high jump and long jump for four years. Brianna Feldhaus, winning the 55m Hurdles at the Meet of Champions in 2009. Abbey Loveys, was a dominant distance runner in Morris County (2015-18) winning the Meet of Champions race in Cross Country in 2018 and setting a State Record in the 3200m during Spring Track. Pietrewicz has had county champions in virtually every event.

Pietrewicz was one of the coaches who helped move the Morris County Track Coaches Association to its rank as the top coaches association in the state in his position as MCTCA treasurer. The MCTCA finish line timing systems and the technology used to make the MCTCA winter program the best in New Jersey are in a large part a credit to Pietrewicz.

PIETREWICZ POLAR BEAR INVITATIONAL

ORDER OF EVENTS:

Running Events 9:00 am

B- 55m Hurdles	Semis	(7 Fastest to Finals)
B- JV 55m Hurdles	Finals	
G- 55m Hurdles	Semis	(7 Fastest to Finals)
G- JV 55m Hurdles	Finals	
B- 55m Hurdles	Finals	
G- 55m Hurdles	Finals	
B- 600m	Finals	
G- 600 m	Finals	
B - JV 600m	Finals	
B- 55 m	Semis	(7 Fastest to Finals)
G -55 m	Semis	(7 Fastest to Finals)
B- JV 55m	Finals	
G- JV 55m	Finals	
B- 55m	Finals	
G- 55 m	Finals	
B- 1600 m	Finals	
G - 1600 m	Finals	
B- Fr 1600m	Finals	

ALTERNATING B/G ORDER ROTATES TO GIRLS FIRST (COACHES NOTE)

<i>G- 4x200 m</i>	<i>Finals</i>
<i>B - 4x200 m</i>	<i>Finals</i>
<i>G- 1000m</i>	<i>Finals</i>
<i>B- 1000m</i>	<i>Finals</i>
<i>G- JV 1000m</i>	<i>Finals</i>
<i>B- 4 x 400m</i>	<i>Finals</i>
<i>G- 4 x 400m</i>	<i>Finals</i>

FIELD EVENTS

9:00 am

Shot Put

(Circle #1)

Boys (Minimum Measure 30')

Seeded Flights : Seeds 1-27 Top 7 to Finals

Followed by JV Boys

Followed by Frosh Boys (4K) – First available circle

(Circle #2)

Girls (Minimum Measure 20')

Seeds 28 + compete after finals

Followed by JV Girls

Pole Vault

Boys: 8-9-10-11- + 6"

Followed by Girls: 7- 7'6" – 8 + 6"

High Jump

Girls 4'0 " – 4'3" - 4' 6" - 4'8" +2 "

Followed by Boys 5'0" – 5'3" - 5"6" - 5'8" + 2"

**PIETREWICZ INVITATIONAL
MEET RECORDS**

55-B	6.55	Ryan McCloskey	Hunterdon Central	2019
55-G	7.38	Racquel Vassell	East Orange	2006
55 HH-B	7.70	Josh Major	West Orange	2010
55 HH-G	8.31	Elly Scherer	Randolph	2016
<i>(Armory Event)</i>				
Shuttle Hurdles - B	32.31		Randolph	2019
Shuttle Hurdles - G	32.84		Summit	2019
600m-B	1:23.28	Mike Carmody	Governor Livingston	2004
600m-G	1:38.40	Morgan Lyons	Ridge	2019
300m-B	35.46	Ivan Daniels	Ferris	2019
300m-G	41.53	Crystal Robinson	West Morris	2019
1000m-B	2:31.87	Justin Cornetta	Hunterdon Central	2018
1000m-G	2:59.90	Joelle Amaral	Randolph	2010
1600m-B	4:21.90	Jack Stanley	Mendham	2019
1600m-G	5:02.33	Julia Trethaway	West Morris	2019
4 x 200m Relay-B	1:32.88		Hunterdon Central	2019
4 x 200m Relay-G	1:47.79		South Brunswick	2018
4 x 400m Relay-B	3:29.68		Mendham	2018
4 x 400m Relay-G	4:07.34		Ridge	2018
Shot Put-B	71-0 ³ / ₄	Nick Vena	Morristown	2011
Shot Put-G	45-6	Nickolette Dunba	Whippany Park	2016
High Jump-B	6-8 ¹ / ₂	Mark Jones	Summit	2010
High Jump-G	5-6	Meghan O'Malley	Randolph	2017
		Rebecca Baskinger	Butler	2004
		5-6		
Pole Vault-B	14-0	Matt Bradley	Matawan	2005
		David Bausmith	Hunterdon Central	2018
Pole Vault-G	11-7	Ashley Preston	Delsea	2018

**PIETREWICZ INVITATIONAL
MEET RECORDS**

FRESHMAN BOYS RECORDS

1600m Run	4:46.65	Doug Smith	Roxbury	2006
Shot Put (4k)	48-0 ½	Paul Applegate	Toms River South	2000

JV GIRLS RECORDS

55m Dash	7.85	Jenna Harris	Franklin	2000
55m Hurdle	9.56	Savanna Brackelmanns-Puig	Randolph	2016
1000m Run	3:24.71	Anne Lennox	Chatham	2004
Shot Put	30-5 ¼	Alexis Green	Hanover Park	2012

JV BOYS RECORDS

55m Dash	7.09	John Johnson	Mount Olive	2010
600m Run	1:32.12	Fil Murdzoski	Butler	2007
Shot Put	37-7 ¼	Jay Shah	Mount Olive	2012