



CVC Batch Meet (Sunday, 2/6/22): The Lawrenceville School

- Teams may enter Lavino Fieldhouse at 9 AM. The meet will start at 10 AM.
- We will have a coaches meeting by the starting line at 9:30 AM.
- We only have a four hour window to complete the meet. This is non-negotiable. Please see the updated entry rules (below) due to this time window.
- Entry Rules:
 - 55H/55 Dash/1600m/400m/800m/200m/HJ/SP = 3 athletes per gender; 3200m = 2 per gender
 - At Lawrenceville Prep's discretion, the pole vault will not be contested. We will also not be contesting a 4x400m Relay.
- Blocks: At this time, we are still determining whether blocks may be used. If approved, blocks will only be permitted in the 55m Dash and Hurdle races.
- Live Results posted on www.tumeytiming.com
- Scratches must be made immediately upon entering the facility.
- COVID Protocols:
 - Spectators are NOT permitted.
 - Athletes must wear masks at all times until they are competing. Masks must be worn up to the starting line or before an athlete jumps/throws.
- Other Information:
 - Please space out to the best of your ability and please clean your area upon completion of the meet.
 - Please be mindful that athletes should not be warming-up for races through Lawrenceville's main campus area.
 - It would be greatly appreciated if coaches could volunteer to help set up and remove the hurdles as needed.

TRACK (Heats run fast to slow)

10:00 AM - Girls 55m High Hurdles (Finals on Time)
10:10 AM - Boys 55m High Hurdles (Finals on Time)
10:20 AM - Girls 55m Dash (Finals on Time)
10:30 AM - Boys 55m Dash (Finals on Time)
10:40 AM - Girls 1600m Run
10:55 AM - Boys 1600m Run
11:15 AM - Girls 400m Dash (Fastest 3 heats run in lanes; Waterfall starts other heats)
11:35 AM - Boys 400m Dash (Fastest 3 heats run in lanes; Waterfall starts other heats)
11:55 AM - Girls 3200m Run (1 Heat)
12:15 PM - Boys 3200m Run (1 Heat)
12:30 PM - Girls 800m Run
12:45 PM - Boys 800m Run
1:00 PM - Girls 200m Dash (Finals on Time; All heats run in lanes)
1:20 PM - Boys 200m Dash (Finals on Time; All heats run in lanes)

FIELD

10:40 AM (At conclusion of 55m Dash) - Girls & Boys High Jump (Jump simultaneously)
10:40 AM (At conclusion of 55m Dash) - Girls Shot Put
12:00 PM (At conclusion of Girls Shot Put) - Boys Shot Put