

2022 GOLDEN CORNER INVITATIONAL

DATE: Saturday, April 16, 2022

LOCATION: Seneca High School Track

ENTRIES: Entries are unlimited in running events, Limit of 6 per event for field events.
All entries must be received by 10 am on Friday, April 15.
Entries will be done online at scrunchers.com.

Heat flights and scoring will be timed using FAT.

A concession stand will be open.

Admission for the track meet will be \$5.00 per person. Tickets can be purchased online at www.sdoc.org/shs-athletics. Coaches will admit their teams free.

Golden Corner Invitational Event Schedule

Running Events	Field Events
12:30 4x800 Relay G then B 12:50 4x100 Relay G then B <i>Rolling Schedule Following High Hurdles</i> 1:30 High Hurdle Finals G then B 100 m Finals G then B 1600 m G then B 400 m G then B 400 Hurdles G then B 800 m G then B 200 m G then B 3200 m G then B 4x400 Relay G then B	12:00 Long Jump B Triple Jump G Discus G Shot Put B Pole Vault B High Jump G 12:45 Javelin B 1:30 Long Jump G Triple Jump B Discus B Shot Put G Pole Vault G High Jump B 2:15 Javelin G

- *Field events will be 3 trials, then top 9 in reverse order to best performance with 3 final jumps.
- *In the running events, girls will run first followed by the boys. If we get ahead of schedule, we will stay ahead of schedule!
- *Seven places will score, with the scoring being 10-8-6-5-4-2-1.
- *Scoring will be done by computer
- *Races: Will run 8 lanes per heat

Other Information

- Vehicle Parking: All vehicles should be parked in the student parking lot in front of the gymnasium.
- Awards: Medals will be given to event winners, ribbons will be presented to participants who place 2nd or 3rd.
- Track Information: Only flats or 1/8 inch spikes will be allowed on the track surface. Tape, chalk, or any other material that will stain, damage, or permanently mark the track or runway will *not* be allowed.
- Local Rules:
1. All athletes and coaches must enter the track area through the main gate near the timer's stand.
 2. Once the meet begins, all warm-ups must be made outside the track. Only the events under call will be allowed in or on the track. Athletes must leave the track promptly after their event has been run.
 3. Field event equipment will be measured and marked for standards. If an implement or pole is not legal, it will be impounded and returned at the conclusion of the event.
 4. Radios will be turned away at the ticket gate, and will not be allowed to enter the track, bleacher, or team area.
 5. Athletes must be on time for calls, or they will be scratched.
 6. No electronic devices will be allowed inside the gate. This includes cell phones, CD players, MP3 players, video cameras, radios, etc.
 7. Athletes in more than one event must follow the rules about reporting to the judges of each event and request to be excused to go compete in another event.
 8. All S.C. league rules will be followed as well as Federation rules.
 9. Failure to follow any of the mentioned rules may result in disqualification.
 10. Each team will be allowed one scorer to sit at the scorer's table. Seneca will keep the official score by computer.

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