



Bracken County Middle Sch Cub Run-1

Bracken County Track & Field extends an invitation to you to compete in the BCMS Cub Run-1 Meet on our 8 lane rubberized track. Please submit your entries to milesplit. This meet will allow 4 Entrees per Individual Events & 1 Team per each Relay Race in Grades 5th through 8th. Faxed or written entries will not be accepted. Competitor numbers will be assigned and emailed to coaches prior to the meet. Events will be as listed below and following the Event Schedule of the KTCCCA Middle School State Championship.

8 Team Limit including Bracken County. First 7 Teams to respond will set the field.

- When:** Wednesday, April 6, 2022
- Where:** Bracken County High School, 350 West Miami St. Brooksville KY 41004
- Meet Dir:** Rick Staviski, rick.staviski@bracken.kyschools.us or 606-336-0028
- Starter:** Tim Henderlight
- Timer:** Tim King. **FAT Timing as required to Qualify for KTCCCA State Meet**
- Time:** Track will open for warm-ups at 5:00pm. Coaches meeting 5:45pm
Track Events 6:00pm, Field Events 6:00pm. Rolling Schedule.
- Facility:** An eight-lane, rubberized, 400-meter track with lights & 1 large bleacher areas.
A small grassy area for tents (NO Tents in the bleachers)
Concession will be available
Public restrooms will be available but no dressing rooms or showers.
- Admission:** Cost: \$5.
- Events:** All MS standard events will be offered **excluding pole vault**
- Entries:** Upload team entries NLT 11:00 p.m., April 4 on [ky.milesplit.com](https://www.ky.milesplit.com) under Bracken Co Middle Sch Cub Run-1.
Maximum of 4 entries in each individual event and 1 relay per team.
Field events are limited to 3 attempts. 4 Event Max.
- Scoring:** 10, 8, 6, 5, 4, 3, 2, 1 (Depending on number of teams present)
Top 2 Individual & top Relay from each team score.
- Entry Fees:** \$40 per Team. Boys & Girls are separate teams. \$80 for both.
- Awards:** Ribbons 1st thru 6th. Self Pick up at Awards Area
- Clerking:** **(Rolling Schedule)** Girls followed by Boys. Check-In for all Running Events will be at the 100 Meter start line.
Field Events will Check-In at the event site.

ORDER OF FIELD EVENTS

Section 1

6:00 Girls Shot Put-2.720kg
Boys Discus-1kg
Girls High Jump
Boys/Girls Long Jump (open pit 45 minutes)

Section 2

6:45 Boys Shot Put -4Kg
Girls Discus-1kg
Boys High Jump
Boys/Girls Triple Jump (open pit 45 minutes)

Section 2 of any of the field events could begin earlier than 6:45 if section 1 has finished.

ORDER OF TRACK EVENTS

6:00 4 x 800 meter relay –G/B
*100 hurdles –G/B
100 meter dash –G/B
4 x 200 meter relay –G/B
1600 meter run –G/B
4 x 100 meter relay –G/B
400 meter dash –G/B
300 meter hurdles 30” –G/B
800 meter run –G/B
200 meter dash –G/B
3200 meter run –G/B
4 x 400 meter relay –G/B

* 100 meter hurdles: Distance/Number/Height/To 1st/Between/Last to Finish

Girls = 100m/10/30”/13m/8m/15m

Boys = 100m/10/30”/13m/8.5m/10.5

Any questions please contact coach Staviski @ 606-336-0028.

rick.staviski@bracken.kyschools.us

-All info, with the exception of the Entry Fee, is subject to change.