

**DC High School Kick-Off Opener
George M. Smart Center - Defiance, OH
Saturday Dec 4th 2021**



Meet Information

Teams: Open

Facility: Opens at 7AM

Field Events start at 9AM

Running Events start at 11AM

Covid Protocols: Masks are required unless you are competing. If you have any Covid like symptoms you will be asked to stay at home. (Covid protocols are subject to change and updates will be posted via our web-site.)

Entries: Unlimited. Entries will be completed through Mile Split.

<https://oh.milesplit.com/meets/448375-dc-high-school-kick-off-opener-2022#.YYQv0mDMKUn>

Deadline: The entry deadline is 11:59 pm on Wednesday Dec 1st 2021. Additions will be accepted only if an open lane is available. Scratches will be taken on meet day, but please enter accurately to avoid having to re-seed or running with empty lanes. Final Heat Sheets will be posted no Later Thursday 10 PM.

Entry Fee: \$10 per athlete - pay when you arrive at the check-in table. Cash or checks payable to Defiance College Track and Field.

Facility: 200-meter track with six lanes all around, with an eight lane straight away.

Event Check-In:

Track Events - Check in 30 minutes prior to your event at the hip number table located near the finish line. 5 minutes prior to your event, report to the clerk of the course at the start area. **If athletes fail to check-in 10 minutes prior to their event, they will be scratched.**

Field Events - Contestants must check-in with the head official at their event, no later than 30 minutes prior to their event.

Seeding: All heats/flights seeded according to performance.

Sections of the 200, 400, 800, 1600, 3200, 4x200m Relay, 4x400m relay, and 4x800m Relay, will be run slow to fast.

Running Events: Rolling schedule. Eight runners will advance to finals in the 60D/60H. All other events will be timed finals.

Field Events: Long and Triple Jump get three jumps with nine competitors advancing to finals. Shot Put and Weight throw will get three throws with nine competitors advancing to finals. Triple Jump will follow Long Jump. Shot Put will follow the weight throw.

Jumping Boards:

One pit and runway

LJ: Board at 10 feet

TJ: Board at 27, 33, 38

HJ: One pit

PV: One pit

Throws:

Wooden circle with cage for the weight throw. Wood Circle for shot-put.

Parking: Plenty of parking in the parking lot for spectators. Buses and vans can drop off at the main entrance. Vans can park in the main parking lot of the George. Buses must park across the street from the car wash in the strip mall parking lot. There could be a basketball game going on at the same time as the meet. If for some reason it's limited on parking buses

Team Camps: Team camps will be in the smart center (there may be more space available depending on other sporting events on campus (TBA))

Spectator admission: Admission will be \$5.00 for adults. Students of DC with ID and Children younger than 10 are admitted free. (Fans are allowed as of right now, but face masks are required.)

Concessions: Concessions will be available.

Restrooms: Restrooms are in the front of the building with a small amount of changing room space.

Warm-up area: Outside or on the back lanes where they are not running

Spikes: ¼" spikes will be permitted for all running and field events. (except shot and weight throw)

Blocks: Defiance College will have Eight starting blocks; however, you can use your own blocks.

Trainers: Athletic Training staff will be available. Training staff will only be providing first aid and ice. Please bring your own taping supplies.

Live streaming/Results: live.impeccabletiming.us

Implements Weigh-ins: Will take place at the event site. Certification will take place from 7:30-8:30am.

Questions: Please call Tracy Spencer at 818-231-4504 or Meet Director-Nate Christianson 270-302-2840

IMPORTANT!!! All track spikes and field event spikes will be inspected prior to check in at the spike check table located in the infield. Appropriate spikes will receive an orange zip tie. You will not be allowed to check in for your race if you do not have the correct spikes!

