



Onalaska Middle Cross Country Meet

October 5, 2021

Meet Site: Maple Grove Venues

Meet Starting Time: 4:30pm



Schools: Holmen, Longfellow, Onalaska, Sparta,
Tomah

Welcome to Onalaska for our Cross Country meet this evening. Just some reminders as you arrive at the meet.

- The meet will be run at Maple Grove Venues W4142 Co Hwy B, West Salem, WI 54669. There is plenty of onsite parking in the upper lot at Maple Grove Venues as well as in the overflow parking area below. **ABSOLUTELY NO PARKING ON COUNTY ROAD B.**
- The meet is scheduled to begin at 4:30 The boys run first this year followed by the girls race.
- We will have restrooms available near the finish line. ****See the map**
- **Teams need to register their teams on MileSplitWI. Go to <https://wi.milesplit.com/calendar> and scroll down to Onalaska Cross Country to register your teams. **The entry deadline is noon on Sunday the 2nd****
- Timing: AccuRace Timing. Live results will be streamed throughout the races. **Results will be posted on <http://www accuracetimeing.com/> at the conclusion of the meet.**
- The course will be two 1 mile loops. See the map for directions
- Team camps are located north of the finish line area. Trash bins are spaced out for easy clean up. Thanks for helping to keep this facility clean.
- The results will be typed out and tallied after the meet and will be emailed to each coach no later than 8:00am the next morning. **Coaches please be sure to get your email address to the Onalaska coaches** to assure that the results are sent to you in a speedy fashion.
- In case of lightning we ask that all athletes enter the main building on the east side near the parking lot.
- Please remind your athletes as they warm up and spectators to stay clear of these practices and to not cut through the areas they are practicing. Thank you very much.
- Please have athletes bring their own water and extra clothes if it's chilling. We cannot assure there will be community water fountains available due to Covid.

We are excited to host this meet and hopefully all athletes, coaches and spectators will enjoy the evening. If you have any questions please contact me at masbr@onalaskaschools.com or levsc@onalaskaschools.com

See you all Tuesday.

Brian Mastin

OMS Head CC Coach

Scott Levengood

OMS Assistant CC Coach