## Dodge City Cross Country Invitational

Phone: 620.471.2100
Gilbert Still: DCMS Athletic Director

Eliset Osornio: DCMS Athletic Secretary 40/05/21

COURSE: Demon Lake @ Dodge City High School

2201 Ross Blvd.

• Dodge City High School will not be open

• Restroom facilities will be available via Porta Potties

<u>TEAMS</u>: Liberal Seymour Rogers, Liberal Eisenhower, GC

Kenneth Henderson, GC Horace Good, Great Bend, Hays, Ness City, Ulysses, Pratt, DCMS, & Comanche

## **EVENT INFORMATION:**

The 7<sup>th</sup> and 8<sup>th</sup> grade course will be marked with flags, cones & painted lines. The 8<sup>th</sup> graders will run the mile loop twice. Please make sure your team knows the course before the race. *Races will be limited to 10 runners per division per school*.

Coaches, please remind your athletes to keep their areas clean. Please keep coolers and food at your own area and pick up the trash. Parents are not allowed in the camp area. We do not want gatherings at the start and finish lines. Runners will be called to line up 5 minutes before the start time. Please bring plenty of water for your team. You may provide water to your runners at any time.

| CHUTE ASSIGNMENTS: | Chute 1 | LSR      | Chute 7  | <b>Great Bend</b> |
|--------------------|---------|----------|----------|-------------------|
|                    | Chute 2 | Comanche | Chute 8  | LE                |
|                    | Chute 3 | Ulysses  | Chute 9  | GCKH              |
|                    | Chute 4 | DCMS     | Chute 10 | Pratt             |
|                    | Chute 5 | Hays     | Chute 11 | Ness City         |
|                    | Chute 6 | GCHG     | Chute 12 | OPEN              |

- Kellen Adams, from DBA-Midwest Timing & Results will be in charge of running and scoring our meet. We will be utilizing MileSplit for all entries. See separate sheet.
- Rebecca Atchley, <u>Rebecca.atchley@flosports.tv</u> is the primary contact for any coaches needing entry assistance or questions.
- Please have entries entered on MileSplit by 6:00 pm on Monday, October 4th.
- Timing Bibs will be issued to each runner

**LOCKER ROOMS:** Come dressed to run

No dressing rooms will be available.

**AWARDS:** Will be given to coaches – NO AWARDS CEREMONY

Medals for the top 10 finishers in each race. Plaques for 1<sup>st</sup> place teams in each division

**SCHEDULE**: 4:00pm - 7th Girls (1 mile)

4:20pm - 7th Boys (1 mile) 4:35pm - 8th Girls (2 miles) 5:05pm - 8th Boys (2 miles)

- You will receive team packets upon your arrival, which will include race numbers, timing chips and maps of the course and other pertinent information. Please pick them up ASAP.
- Flags, cones & paint will mark the course. It would be to your advantage to have your squad walk the course prior to running.
- We will start the first race at 4:00 pm.
- Entry fees: <u>Please send all entry fees (\$60 per school)</u> to <u>Dodge City Middle School</u>.

QUESTIONS: Gilbert Still - still.gilbert@usd443.org

or 620.789.9533 (c)