

2021 METRO CROSS COUNTRY CHAMPIONSHIP

MEET INFO

Tuesday, October 19, 2021 Vaughn's Creek Cross Country Course

- 3:30—JV GIRLS
- 4:00—JV BOYS
- 4:30—VARSITY GIRLS
- 5:00—VARSITY BOYS
- 5:30—Awards

Entry Fee: \$85.00 for each team, girls or boys; \$160 for both; no charge for JV
The entry fee pays for the timing system, park usage fee, police, toilet facilities, awards, and medical personnel.
Please encourage your runners and spectators to recycle and to use the designated receptacles for trash.

ONLINE ENTRIES: All Varsity and JV entries must be entered online at www.alltraxtiming.com or on Milesplit.
Please enter your team by Thursday, October 14 at midnight. To enter runners, click on Metro Championship and then on Online Entries. There will not be separate entries for JV and Varsity; just register your entire roster. There is a \$25.00 additional charge for late entries.

Each team must run 7 varsity runners in order to be able to enter athletes in the JV race. Please use integrity in selecting your teams. The JV races are for those who won't often get the opportunity to run with the varsity—this is their chance to shine. So, except for unusual circumstances, your top seven runners should be in the varsity race.

Awards

JV: Trophy for team champs; medals for top 10 individuals
Varsity: Trophy for 1st, 2nd and 3rd place teams; medals for top 15 individuals

***** Entry deadline is midnight Thursday, October 14.

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RESULTS: Will be available online at www.alltraxtiming.com and other running websites. Results will be posted at the meet as soon as possible after each race.

ENTRY FEES: Checks should be made payable to: "Harpeth Hall School." Mail to Harpeth Hall c/o Amy Josephson, 3801 Hobbs Road, Nashville, TN, 37215

Meet Director, Jenny Jervis, Harpeth Hall School (jervis@harpethhall.org)