

2021

Oberlin Invitational Cross Country Meet

To: Cross Country Coaches & AD's: Brewster, Goodland, Oakley, Northern Valley, St. Francis, Wheatland, Hoxie, Colby, Wallace County, Norton, Golden Plains, and Cheylin

Decatur Community High School is pleased to be hosting the 2021 invitational meet. Our course is located one mile east of Oberlin, North side of highway 36 at the golf course.

The Clubhouse will be closed this year!

Entries: Unlimited

Fees: \$40 per team girls/boys, \$80 both, or \$8 per individual

When: Tuesday, September 28th, 2021

Time: 4:15pm	Coaches Meeting at Starting Line
4:30pm	Jr. High Race (Girls and Boys will be scored separately)
5:00pm	Girls JV & Varsity Race
5:35pm	Boys Varsity Race & JV Race

There will be NO awards ceremony this year, we will send home medals with coaches. Coaches, pick up results from the trailer at the end of the meet.

Please be sure to enter your athletes on Milesplit. We need this completed by Monday Sept. 27th by 7:00pm central time. The link is:
<https://ks.milesplit.com/meets/439946-oberlin-cross-country-meet-2021/info#.YUidtNNKh0s>

Please keep your runners and fans off the greens.

Pick up the trash in your area before leaving.

No pets allowed on the course.

Invitational Race - Medals will be given to top 15 finishers in varsity race
Medals will be given to top 10 finishers in JV race
Medals will be given to top 5 JH Girls and JH Boys
Team trophies to the winning teams of both varsity races.

We look forward to welcoming you to the 2021 Oberlin Invitational Meet.

Sincerely,
Brandon Gehring, AD
Jenee Davis, Head Cross Country Coach

EMERGENCY ACTION PLAN

Decatur Community High School

SPORT & VENUE: Cross Country
475-2231

PRIMARY PHONE: (785)

VENUE ADDRESS: 605 E. Commercial

AMBULANCE ACCESS TO VENUE: Yes

AED ONSITE & AVAILABLE FOR IMMEDIATE ACCESS ☐
School

AED LOCATION: In High

STORM SHELTER LOCATION FOR ATHLETES & COACHES: DCJSHS

EMERGENCY RESPONSE PERSONNEL/CONTACTS

Identify personnel who will be involved in an emergency medical response. **The person present with the highest level of medical training should be designated to lead and coordinate the emergency response until emergency medical personnel arrive on the scene.**

	<u>NAME</u>	<u>PHONE</u>
EMS		911 or
Athletic Trainer	_____	_____
Team Physician	New West	_____
Coach	Jenee Davis	6208770443
Coach	_____	_____
Principal	Brenda Breth	(785)
470-7301		
Athletic Director	Brandon Gehring	(785)
213-1773		
Other	_____	_____
Hospital	Decatur County Hospital	(785)
475-2208		

1. Person(s) responsible to activate EMS (call 911):

Brandon Gehring, Brenda Breth, Jenee Davis

PERSON CALLING SHOULD:

- Explain the type of emergency
- Provide exact location of emergency
- Provide exact location of where ambulance can access the facility
- Provide condition of patient and type of care being administered
- Provide caller name and contact information
- DO NOT HANG UP until instructed by dispatcher

2. Person(s) responsible to retrieve any emergency medical equipment:

Brandon Gehring, Brenda Breth, Jenee Davis _____

Location of emergency/first aid equipment: At the finish line _____

Location of the nearest AED: In High School _____

Person(s) responsible to prepare cold tub: _____

3. Person(s) responsible to meet/escort EMS to the scene:

Brandon Gehring, Brenda Breth, Jenee Davis _____

PERSON MEETING AMBULANCE SHOULD:

- Meet the emergency personnel as they arrive at the site
Have keys to any potentially locked doors, gates etc.