

Place: South Callaway R-II (Start and finish located at the football stadium/track)

Schedule: 8:45 Coaches' Meeting

9:00 H.S. Varsity Girls (unlimited entries)

9:40 H.S. Varsity Boys (maximum 7 runners per school)

10:10 H.S. Junior Varsity Boys (unlimited entries)

10:40 M.S. Girls (unlimited entries) 11:05 M.S. Boys (unlimited entries)

*Due to Covid 19 precautions we will not hand out awards at the race. They will be handed out after all high school races are complete and after all middle school races are complete.

Top 20 H.S. Varsity with 1st and 2nd team plaques. Top 10 JV Boys medals only. Top 20 Junior High races with 1st and 2nd place team plaques.

Course:

3.1 miles for varsity and junior varsity races, 2 miles for junior high. Rolling grass surface with a common start and finish area located behind the high school. There will be one place runners are required to pass over a concrete drive. The course will be one lap. Course maps will be available when you check in.

Restrooms: Restrooms will be available. No locker rooms will be available.

Details:

- A trainer will be available. Please bring your own supplies with you for regular taping. Their supplies are for emergency/urgent use only.
- •Use of any tobacco products are prohibited at any SC Athletic Event.
- Consumption or possession of alcohol is prohibited at any SC Athletic Event.
- Fans determined to be under the influence of alcohol or drugs by SC personnel may be asked to leave or be removed.
- Delays for weather related issues and schedule adjustments will be determined by the official starter, meet manager and athletic administrator.
- Ice will be made available for any injury that may occur.

- <u>Due to COVID water and ice will not be provided in coolers at the finish chute.</u>
- Restroom facilities will be available on site.
- There is no admission cost.

Covid 19 Modifications:

- We will not hand out awards at the race. They will be handed out after all high school races are complete and after all middle school races are complete.
- Social Distancing and the wearing of masks are encouraged for all spectators.
- Emergency water will be provided but each athlete/ team will be responsible for his/ her own water.

Entries: MileSplit will be used for entries. Deadline for entries will be Wednesday, 9/15

at 8:00am.

Fees: Entry fee is \$50 for high school, \$50 for middle school, or \$90 for both

divisions. Each race is \$20 with individual runners \$5. Entry fees need to be paid to: South Callaway High School, % Tony Brandt, 10135 State Road C,

Mokane, MO 65059

Scoring: Bibs will be given to coaches in team packets for each runner. Each bib will

also contain two chips for our timing system. Place 1 chip on each shoe using

the shoelaces.

Return the chips at the end of the race. There will be a \$5 charge per chip not

returned.

Results: Results will be emailed to each athletic director and available on milesplit.com.

Spectator/Bus Parking: Drop off athletes in the Sports Complex Parking Lot next to the

track. Use the parking lot next to the HS for bus parking.

Spectators may park at the football stadium.

Good luck!!!

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