

# SWC Track and Field JV Conference Meet Tuesday, June 1, 2021 5:00 p.m.

## **Participating Teams:**

Dodgeville-Mineral Point, Lancaster, Platteville, Prairie du Chien (Host), Richland Center, and River Valley

## **Entry Limits:**

Unlimited entries. Wisconsin high school rules apply to the number of events an individual athlete competes in.

## **Entry Deadline:**

Entry deadline is Monday, May 31, at 5:00 p.m. No additions or changes will be allowed at the coaches meeting other than scratches.

## **Entry Link:**

https://wi.milesplit.com/ will be handling online entries. Only online entries will be accepted. The link to access online entries will be available at: http://www.accuracetiming.com/schedule.html

Start Time:	Meet Officials:	Scoring:	Entry Fee:
Coaches' Meeting – 4:45 pm	Tom Block; Heidi Serres	Individual 10-8-6-4-2-1	\$100.00
Field Events and Races – 5:00 pm	Kathy Larsen	Relays 10-8-6-4-2	

## Facility:

The track is 8 lanes --- The track is Sealflex. 1/4" spikes allowed for the track, approaches, and runways. Flats only on pads. Prairie du Chien High School address – 800 East Crawford Street, Prairie du Chien

#### **Bus Parking:**

Buses should drop off in the back parking lot and park in the front parking lot.

## **Awards and Trophies:**

None

#### Infield:

Athlete warm ups only. Coaches and athletes are not to congregate in the infield.

## **Scratches:**

Scratches only can be made at the coaches' meeting. No new entries.

## **Coaches' Meeting:**

Coaches' meeting will take place by the Track shed at 4:45 pm. We will set opening heights for high jump and pole vault at the meeting.

**Opening Heights:** (Actual Height Changes Based on Entries)

High Jump: TBA at coaches meeting Pole Vault: TBA at coaches meeting

#### Camp Areas:

Each team will have a camp area outside of the stadium fencing. Please look for your team's name posted on the fence to find your location. Athletes are asked to not sit in the bleachers and when not competing please stay in their own camp area. See map for team location.

#### Restrooms:

Restrooms are attached to the concession stand.

#### No trials - only finals

## **Combining of Races:**

Possibility of running combined boys and girls heat depending on entries.

## **Open Pit:**

Long and triple jump are 1 hour open pit, 4 jumps, no finals --- Girls long jump followed by boys – Boys triple followed by girls.

## **Shot put and Discus Flighted (if necessary):**

Shot and Discus in flights. Boys discus and girls shot first. 4 throws. No finals.

## **Pole Vault Verification Form:**

All schools must supply a pole vault verification form at check-in. This form is located at the following website: <a href="http://www.wiaawi.org/Portals/0/PDF/Sports/Track/tf">http://www.wiaawi.org/Portals/0/PDF/Sports/Track/tf</a> <a href="pyweight.pdf">pyweight.pdf</a>

## **Running Events:**

Check-in with the clerk of course near the start of the 100m.

#### Results:

Results can be found at www.accuracetiming.com

#### **Exchange Zones:**

Please assist us in watching the exchange zones. 4x200 River Valley In - Lancaster Out. 4x100 Richland Center exchange 1, Dodgeville exchange 2, Platteville exchange 3.

**Meet Manager:** Andy Banasik – Activities Director

#### **Questions:**

If you have further questions or concerns, please call or email:

Andy Banasik, AD (608) 326-3702 banan@pdc.k12.wi.us or Sara Godfrey, AD Assistant (608) 326-3717 godfreysa@pdc.k12.wi.us

## **SCHEDULE OF EVENTS**

Field Events			
<u>Time</u>	<u>B/G</u>	<u>Event</u>	
5:00pm	G	Shot Put: Flights;4 throws, no finals	
	В	Shot Put: Flights;4 throws, no finals	
5:00pm	В	Triple Jump: Open pit; 4 jumps, no finals	
	G	Triple Jump: Open pit; 4 jumps, no finals	
5:00pm	G	Long Jump: Open pit; 4 jumps, no finals	
	В	Long Jump: Open pit; 4 jumps, no finals	
5:00pm	G	High Jump: Height: TBA	
	В	High Jump Height: TBA	
5:00pm	В	Pole Vault Height: TBA	
	G	Pole Vault Height: TBA	
5:00pm	В	Discus:Flights; 4 throws, no finals	
	G	Discus: Flights; 4 throws, no finals	

Running Events			
<u>Time</u>		<u>Event</u>	
5:00pm	G	4x800m Relay (Will likely combine genders)	
	В	4x800m Relay (Will likely combine genders)	
	G	100m High Hurdle	
	В	110m High Hurdle	
	G	100m Dash	
	В	100m Dash	
	G	1600m (Will likely combine genders)	
	В	1600m (Will likely combine genders)	
	G	4x200m Relay	
	В	4x200m Relay	
	G	400m	
	В	400m	
	G	4x100m Relay	
	В	4x100m Relay	
	G	300m Intermediate Hurdles	
	В	300m Intermediate Hurdles	
	G	800m	
	В	800m	
	G	200m	
	В	200m	
	G/B	3200m (Will likely combine genders)	
	G	4x400m (Will combine if 9 or less schools)	
	В	4x400m (Will combine if 9 or less schools)	