# SWC Track and Field JV Conference Meet Tuesday, June 1, 2021 5:00 p.m. 

## Participating Teams:

Dodgeville-Mineral Point, Lancaster, Platteville, Prairie du Chien (Host), Richland Center, and River Valley

## Entry Limits:

Unlimited entries. Wisconsin high school rules apply to the number of events an individual athlete competes in.

## Entry Deadline:

Entry deadline is Monday, May 31, at 5:00 p.m. No additions or changes will be allowed at the coaches meeting other than scratches.

## Entry Link:

https://wi.milesplit.com/ will be handling online entries. Only online entries will be accepted. The link to access online entries will be available at: http://www.accuracetiming.com/schedule.html

| Start Time: | Meet Officials: | Scoring: | Entry Fee: |
| :--- | :--- | :--- | :--- |
| Coaches' Meeting $-4: 45 \mathrm{pm}$ | Tom Block; Heidi Serres | Individual 10-8-6-4-2-1 | $\$ 100.00$ |
| Field Events and Races $-5: 00 \mathrm{pm}$ | Kathy Larsen | Relays 10-8-6-4-2 |  |

## Facility:

The track is 8 lanes --- The track is Sealflex. $1 / 4 "$ spikes allowed for the track, approaches, and runways. Flats only on pads. Prairie du Chien High School address - 800 East Crawford Street, Prairie du Chien

## Bus Parking:

Buses should drop off in the back parking lot and park in the front parking lot.

## Awards and Trophies:

None

## Infield:

Athlete warm ups only. Coaches and athletes are not to congregate in the infield.

## Scratches:

Scratches only can be made at the coaches' meeting. No new entries.

## Coaches' Meeting:

Coaches' meeting will take place by the Track shed at $4: 45 \mathrm{pm}$. We will set opening heights for high jump and pole vault at the meeting.

Opening Heights: (Actual Height Changes Based on Entries)
High Jump: TBA at coaches meeting
Pole Vault: TBA at coaches meeting

## Camp Areas:

Each team will have a camp area outside of the stadium fencing. Please look for your team's name posted on the fence to find your location. Athletes are asked to not sit in the bleachers and when not competing please stay in their own camp area. See map for team location.

## Restrooms:

Restrooms are attached to the concession stand.

## No trials - only finals

## Combining of Races:

Possibility of running combined boys and girls heat depending on entries.

## Open Pit:

Long and triple jump are 1 hour open pit, 4 jumps, no finals --- Girls long jump followed by boys - Boys triple followed by girls.

## Shot put and Discus Flighted (if necessary):

Shot and Discus in flights. Boys discus and girls shot first. 4 throws. No finals.

## Pole Vault Verification Form:

All schools must supply a pole vault verification form at check-in. This form is located at the following website: http://www.wiaawi.org/Portals/0/PDF/Sports/Track/tf pvweight.pdf

## Running Events:

Check-in with the clerk of course near the start of the 100 m .

## Results:

Results can be found at www.accuracetiming.com

## Exchange Zones:

Please assist us in watching the exchange zones. $4 \times 200$ River Valley In - Lancaster Out. 4x100 Richland Center exchange 1, Dodgeville exchange 2, Platteville exchange 3.

Meet Manager: Andy Banasik - Activities Director

## Questions:

If you have further questions or concerns, please call or email:
Andy Banasik, AD (608) 326-3702 banan@pdc.k12.wi.us or Sara Godfrey, AD Assistant (608) 326-3717 godfreysa@pdc.k12.wi.us

| Field Events |  |  |
| :---: | :--- | :--- |
| Time | B/G | Event |
| $5: 00 \mathrm{pm}$ | G | Shot Put: Flights;4 4 hrows, no finals |
|  | B | Shot Put: Flights;4 throws, no finals |
| $5: 00 \mathrm{pm}$ | B | Triple Jump: Open pit; 4 jumps, no finals |
|  | G | Triple Jump: Open pit; 4 jumps, no finals |
| $5: 00 \mathrm{pm}$ | G | Long Jump: Open pit; 4 jumps, no finals |
|  | B | Long Jump: Open pit; 4 jumps, no finals |
| $5: 00 \mathrm{pm}$ | G | High Jump: Height: TBA |
|  | B | High Jump Height: TBA |
| $5: 00 \mathrm{pm}$ | B | Pole Vault Height: TBA |
|  | G | Pole Vault Height: TBA |
| $5: 00 \mathrm{pm}$ | B | Discus:Flights; 4 throws, no finals |
|  | G | Discus: Flights; 4 throws, no finals |


| Running Events |  |  |
| :---: | :--- | :--- |
| Time |  | Event |
| $5: 00 \mathrm{pm}$ | G | $4 \times 800 \mathrm{~m}$ Relay (Will likely combine genders) |
|  | B | $4 \times 800 \mathrm{~m}$ Relay (Will likely combine genders) |
|  | G | 100 m High Hurdle |
|  | B | 110 m High Hurdle |
|  | G | 100 m Dash |
|  | B | 100 m Dash |
|  | G | 1600 m (Will likely combine genders) |
|  | B | 1600 m (Will likely combine genders) |
|  | G | $4 \times 200 \mathrm{~m}$ Relay |
|  | B | $4 \times 200 \mathrm{~m}$ Relay |
|  | G | 400 m |
|  | B | 400 m |
|  | G | $4 \times 100 \mathrm{~m}$ Relay |
|  | B | $4 \times 100 \mathrm{~m}$ Relay |
|  | G | 300 m Intermediate Hurdles |
|  | B | 300 m Intermediate Hurdles |
|  | G | 800 m |
|  | B | 800 m |
|  | G | 200 m |
|  | B | 200 m |
|  | G/B | 3200 m (Will likely combine genders) |
|  | G | $4 \times 400 \mathrm{~m}$ (Will combine if 9 or less schools) |
|  | B | $4 \times 400 \mathrm{~m}$ (Will combine if 9 or less schools) |

