



## 1<sup>st</sup> ANNUAL G.R.I.T.

### TRACK AND FIELD INVITATIONAL

Thursday, June 3, 2021

#### **Participating Teams:**

Adams-Friendship, Aquinas, Baraboo, Dodgeville, Platteville, Reedsburg, Riverdale, Sauk Prairie, Richland Center (host).

#### **Entry Limits:**

28 individual entries with no more than 3 per event and one relay team per school in each relay.

#### **Entry Deadline:**

DirectAthletics.com will be handling online entries. Only online entries will be accepted. The link to access online entries will be available at: <http://www accuracetimeing.com/schedule.html> - Registration will begin on Monday, May 31. Online entries will close on **Wednesday, June 2 at 8PM**. For questions related to online entries, please contact Clark Jillson at AccuRace Timing, [chvjillson@aol.com](mailto:chvjillson@aol.com)

#### **Start time:**

Coaches' Meeting – 3:40 pm  
Field Events – 4:00 pm  
Races – 4:15 pm

#### **Meet Officials:**

Tom McKenna – Field Judge  
Jerry Griffin - Starter

#### **Scoring:**

10-8-6-5-4-3-2-1

#### **Entry Fee:**

\$150

**Facility:** The track is 9 lanes --- The Track is Sealflex. ¼" spikes allowed (prefer 3/16") for the track, approaches, and runways. Flats only on pads. Richland Center High School address is 1996 US-14 Richland Center WI 53581

#### **Bus Parking:**

Buses must park in the bus parking --- Across from parking lot C.

#### **Awards and Trophies:**

Medals awarded to top three in each event, trophies for first place girls and first place boys teams.

#### **Scratches:**

Scratches can be made immediately upon arrival in the team room near the track entrance. No additions.

#### **Coaches' Meeting:**

Coaches' meeting will take place in the team room connected to the concession stand at 3:40 pm.

#### **Opening Heights:**

High Jump: Girls 4' Boys 5' Pole Vault: Girls 6'- 7'- 8'- 8'6"- 9'0"... Boys 8'- 9'- 10'- 10'6"- 11'0"...

**Scratch Lines for Throws:** None - All fair throws will be marked and measured.

**Jury of Appeals:** Tom McKenna, Jerry Griffin, Leif Carlson (Richland Center), Brett Hinkhouse (Reedsburg)

**Camp Areas:**

Each team will have a camp area outside of the stadium fencing. Please look for your team's name posted on the fence to find your location. Athletes are asked to not sit in the bleachers and when not competing please stay in their own camp area. See map for team location.

**Restrooms:**

Restrooms are attached to the concession stand building.

**Finals:**

Top 9 to finals in field events. Top 9 to finals in running events (*Heat winner + next fastest times*). 200m dash is finals only, no trials.

**Long and Triple Jump** 1 hour 15 min open pit for preliminary jumps. 10 minute warm up before finals.

Girls' long jump followed by boys'. Boys' triple jump followed by girls'. 3 jumps in preliminary trials and 3 jumps in finals.

**Shot Put and Discus**

Shot put and discus are flighted. 10 minutes between flights – we will announce. No warm up between flight one and two. First events are boys' discus and girls' shot put.

**Pole Vault Verification Form:**

All schools must supply a pole vault verification form (Week 40) at check-in. This form is located at the following website: [http://www.wiaawi.org/Portals/0/PDF/Sports/Track/tf\\_pvweight.pdf](http://www.wiaawi.org/Portals/0/PDF/Sports/Track/tf_pvweight.pdf).

**Implement Weigh-ins:**

Implement weigh-ins will take place outside of the team room behind the concession stand starting at 3:30.

**Running Events:**

Check-in with the Clerk of Course near the start of the 100m dash line. Hip numbers provided at the table behind the 100 meter start line.

**Results:**

Live, real time results provided at [www accuracetimeing.com](http://www accuracetimeing.com)

Results will not be printed.

Meet results, individual scores, team scores – <http://www accuracetimeing.com/schedule.html>

**Exchange Zones:****4x100**

Exchange 1 Lanes 1-5 Dodgeville - Lanes 6-9 Baraboo;

Exchange 2 Lanes 1-5 Aquinas - Lanes 6-9 Platteville;

Exchange 3 Lanes 1-5 Riverdale - Lanes 6-9 Sauk Prairie

**4x200**

Exchange 1 and 3 Lanes 1-5 Adams Friendship- Lanes 6-9 Reedsburg

Exchange 2 Lanes 1-9 Richland Center

**Gate Information:**

Admission - None

**Concessions** Concessions will be available

**Questions:**

If you have further questions or concerns, please call or email:

Laura Selgeby - AD @ 608-647-6131 or [sell@richland.k12.wi.us](mailto:sell@richland.k12.wi.us) or

Brenda Coleman - Admin. Ass't @ 608-647-8603 or [colb@richland.k12.wi.us](mailto:colb@richland.k12.wi.us)

**SCHEDULE OF EVENTS****Rolling Schedule**

<i>Field Events</i>		
<b>Time</b>	<b>B/G</b>	<b>Event</b>
4:00	G	Shot Put: Flights; 3 throws; best 9 to finals
6:15	B	Shot Put: Flights; 3 throws; best 9 to finals
	Co-ed	Shot Put: Wheelchair
4:00	B	Triple Jump: Open pit; 3 jumps; best 9 to finals
6:15	G	Triple Jump: Open pit; 3 jumps; best 9 to finals
4:00	G	Long Jump: Open pit; 3 jumps; best 9 to finals
6:15	B	Long Jump: Open pit; 3 jumps; best 9 to finals
4:00	G	High Jump
6:15	B	High Jump
4:00	B	Pole Vault
6:15	G	Pole Vault
4:00	B	Discus: Flights; 3 throws; best 9 to finals
6:15	G	Discus: Flights; 3 throws; best 9 to finals

<i>Running Events</i>		
<b>Time</b>	<b>B/G</b>	<b>Event</b>
4:15	G	4x800 Meter Relay
	B	4x800 Meter Relay
	G	100 Meter Dash Trials
	B	100 Meter Dash Trials
	G	100 Meter Hurdle Trials
	B	110 Meter Hurdle Trials
	G	100 Meter Hurdle Finals
	B	110 Meter Hurdle Finals
	G	100 Meter Dash Finals
	Co-ed	100 Meter - Wheelchair
	B	100 Meter Dash Finals
	G	1600 Meter Run
	B	1600 Meter Run
	G	4x200 Meter Relay
	B	4x200 Meter Relay
	G	400 Meter Dash
	Co-ed	400 Meter - Wheelchair
	B	400 Meter Dash
	G	4x100 Meter Relay
	B	4x100 Meter Relay
	G	300 Meter Low Hurdles
	B	300 Meter Intermediate Hurdles
	G	800 Meter Run
	Co-ed	800 Meter - Wheelchair
	B	800 Meter Run
	G	200 Meter Dash Finals
	B	200 Meter Dash Finals
	G	3200 Meter Run
	B	3200 Meter Run
	G	4x400 Meter Relay
	B	4x400 Meter Relay

