DARLINGTON HIGH SCHOOL

11838 Center Hill Road Phone 608-776-4001 Darlington, WI 53530-9605 Fax 608-776-2378



Cale Jackson, District Administrator

Thomas Uppena High School Counselor Patrick Reichling Activities Director

Redbird Invitational Track Meet Monday, May 24th – 4:00 PM

Schools Participating: Albany, Pec/Argyle, Belmont, Benton/Scales Mound/Shullsburg, Black Hawk, Boscobel, Cuba City, Darlington, Fennimore, Lancaster, Monticello, Parkview, Southwestern

- 1) The regular WIAA events, order of events, and rules for competition will be used, except in the number of entrants from each school.
- 2) Entries will be done online. You are allowed 3 entries per individual event and 2 relay teams. Accuracetiming.com will be doing the entries and timing. The website for entries is wi.milesplit.com Directions are on the site. Try to put a mark or time in for all athletes to assist with getting athletes placed in the correct spots. Entries are due by Sunday, May 23rd, 2021 at 8:00 PM. Scratches only will be allowed the day of the meet.
- 3) Competitors will use the gates at the **north (scoreboard) end** of the track to report to the Clerk of Course and to get to the throwing areas.
- 4) Only Competitors and officials are allowed inside the fence after the meet starts.
- 5) AWARDS-Medals will be given to the top three finishers in each event.
- 6) Trials will be held in the 100m dash, 100m hurdles, 110m hurdles and the 200m dash. Prelims for the hurdles will be run Boys first and girls second. Finals will be run in the normal order.
- 7) The meet will start at 4:00 PM with Field Events and 4:30 with Running Events. Coaches meeting will be in the white shed on the north side of the pressbox at 3:30 PM
- **8) Boys** will go first in the discus and pole vault. **Girls** will go first in the shot put and high jump. The long jump and triple jump will be open pit for the boys and girls from 4:00 to 6:00. The long jumpers use the **east** runway and the triple jumpers use the **west** runway. In the long jump, triple jump, shot put, and discus, nine athletes will go to finals.
- 9) Starting height for the high jump is: **Boys-4'10" and Girls-3'10".** The starting height for the pole vault is **Boys-7'0" and Girls-6'0".**

Questions: Call 608-776-4001(School); 608-482-0450 (cell) or Email: reichlingp@darlington.k12.wi.us Pat Reichling, Track Coach, Darlington High School

Order of Events

4:00 PM: Boys Discus followed by Girls Discus

Girls Shot Put followed by Boys Shot Put Boys Pole Vault followed by Girls Pole Vault Girls High Jump followed by Boys High Jump Open Pit for Boys and Girls in Long Jump Open Pit for Boys and Girls in Triple Jump

4:30 PM: 4x800 Meter Relay (Girls)

4x800 Meter Relay (Boys)

100 Meter Dash (Girls)

100 Meter Dash (Boys)

110 Meter High Hurdles (Boys)

100 Meter High Hurdles (Girls)

200 Meter Dash (Girls)

200 Meter Dash (Boys)

Break – 10 minutes

100 Meter High Hurdles (Girls)

110 Meter High Hurdles (Boys)

100 Meter Dash (Girls)

100 Meter Dash (Boys)

1600 Meter Run (Girls)

1600 Meter Run (Boys)

4x200 Meter Relay (Girls)

4x200 Meter Relay (Boys)

400 Meter Dash (Girls)

400 Meter Dash (Boys)

4x100 Meter Relay (Girls)

4x100 Meter Relay (Boys)

300 Meter Low Hurdles (Girls)

300 Meter Intermediate Hurdles (Boys)

800 Meter Run (Girls)

800 Meter Run (Boys)

200 Meter Dash (Girls)

200 Meter Dash (Boys)

3200 Meter Run (Girls)

3200 Meter Run (Boys)

1600 Meter Relay (Girls)

1600 Meter Relay (Boys)