

**STAN BARR RELAYS**  
**54<sup>th</sup> Boys' Relays**  
**45<sup>th</sup> Girls' Relays**  
**May 25, 2021**

**Competing Schools:** Amery, Baldwin-Woodville, Ellsworth, New Richmond, Osceola, Prescott,  
St. Croix Central, Somerset

The 2021 Stan Barr Relays will be run on our 9-lane track located directly west of the High School at 650 Richmond Way. We have scheduled field events to start at 4:00 pm and running events to start at 5:00 pm. Buses are to drop off and park in the lot on the high school side of the Stadium (not the small lot by the Stadium seating). NO camps will be allowed on the infield of the track. All camps must be outside the track area. NO TENTS will be allowed to encourage social distancing. Please make sure your area is cleaned up before you leave

**General Information**

- Fully Automatic Timing will be provided by AccuRace Timing Services ([www accuracetiming.com](http://www accuracetiming.com)) and entries are through MileSplit at [wi.milesplit.com](http://wi.milesplit.com). **Entries are due by Monday, May 24 at 8 pm.**
- Medals will be given for 1<sup>st</sup> – 3<sup>rd</sup> place for all events. 1<sup>st</sup> place team awards will be given. Coaches can pick up at the conclusion of the meet.
- Scoring will be 10-8-6-5-4-3-2-1
- All field events will begin at **4:00 p.m.** The track and field event areas will be open for warm-ups at 3:00 pm. Once the meet begins, only coaches and **competing** athletes will be able to be inside the roped or fenced off areas in the field event areas. We will run 2 areas for all field events except the pole vault. Girls will pole vault first with the boys to follow. All field events will involve three athletes other than pole vault, which will have two. The best effort of each individual will be used in computing the team's total distance.
- The boys' high jump will start at 4'9", be raised to 5'0", then 5'3", and 2" thereafter.
- The girls' high jump will start at 3'9", be raised to 4'0", then 4'3", and 2" thereafter.
- The boys' pole vault will start at 7'0", be raised 12" intervals until 9'0", then 6" thereafter.
- The girls' pole vault will start at 5'0", be raised 12" to 6'0", then 6" thereafter.
- Three attempts will be allowed for athletes in the long jump and triple jump.
- Four attempts will be allowed for athletes in the shot put, and discus.
- The 4 x 1600 relay will be run in two heats. Each team's slowest 2 runners will run in Heat 1 and each team's fastest 2 runners will run in Heat 2. All four times will be combined.
- Participants in the 4 x 100 throwers' relay **must** be athletes who participate in a throwing event during this meet.
- The Sprint Medley Relay will be run with a 4-turn stagger. The first three runners will run in lanes, the 800 runners will cut.
- Shuttle hurdle relay will be run with 3 athletes. Runners 1 and 3 will run from the start to finish line with the 2<sup>nd</sup> runner running from the finish to start line. Maximum 4 teams per heat.
- For the Low/Int. Hurdle Shuttle Relay, the hurdles are spaced on every other boys (blue) mark for both the boys and girls races. We have extra markings on our track for the start and finish. 6 total hurdles.
- ¼" pyramid spikes are allowed on track and jumping surfaces. **No spikes on the turf.** Throwing surfaces are concrete. All athletes should come dressed for competition. There will be no locker rooms available.
- The staging area for all running events will be at the SE corner of the track, closest to the tennis courts.
- Once running events start, athletes, coaches, and spectators will not be allowed inside the fence other than athletes preparing for the next immediate race. All team camps must be located outside of the track area. Hurdlers can warm-up in outside lanes up until the start of the sprint medley relay.
- An athletic trainer will be available and will be located north of the finish line.
- There will be an open Invitational Mile. Any coaches, former athletes, or fans can participate.
- The Concession stand will **NOT** be open.

## **SDNR COVID Guidelines:**

**Participants** – Masks are to be worn when not competing or warming up. During competition masks are not required but may still be used. Coaches, event staff, and volunteers will be masked at all times.

**Spectators** - Spectators are expected to socially distance. Masks are required at all times on SDNR property. Spectators are asked to keep clear and distant of all athletes during the event. Spectators are encouraged to leave once your athlete is done competing in order to keep the overall spectator numbers down.

## **Schedule of Events**

- 3:00** Track opens for warm-ups  
**3:30** Coaches Meeting at finish line  
**4:00** All field events begin except boys' pole vault, which will follow the girls. (See separate field event schedule)
- 4:50** Track infield is closed for warm-ups  
**4:55** **Opening Ceremonies**  
**5:00** 4 x 1600 relay **\*(All races will be girls first, then boys)**  
Sprint Medley Relay (200, 200, 400, 800)  
High Hurdles Shuttle Relay (3x100/110)  
4 x 100 Meter Relay  
Invitational Mile (open to all coaches, former athletes, and fans)  
Throwers' 4 x 100 Meter Relay  
4 x 200 Meter Relay  
4 x 800 Meter Relay  
Low/Int. Hurdle Shuttle Relay (3x140 – 6 hurdles, every other boys' marking, 20 yds. apart)  
4 x 400 Meter Relay  
Presentation of Team Awards

**Scott Farmer**, Athletic Director  
New Richmond High School  
701 E Eleventh Street  
New Richmond WI 54017  
Fax Number: (715) 243-7464  
Phone Number: (715) 243-7455  
sfarmer@newrichmond.k12.wi.us

**Abby Christensen**, Girls Coach  
achristensen@newrichmond.k12.wi.us

**Roger Reuvers**, Boys Coach  
rreuvers@newrichmond.k12.wi.us