



SOMERSET COUNTY INTERSCHOLASTIC ATHLETIC ASSOCIATION
2021 TRACK & FIELD CHAMPIONSHIPS



FINAL COPY

Meet:	Somerset County Track & Field Championships
Date:	Monday, May 24, 2021
Site:	Franklin High School
Time:	2:30 PM (Teams should arrive no later than 2:00 PM no Earlier than 1:00)
Meet Director:	Stephen Venuto /Athletic Director, Manville H.S.
Site Director:	Ken Margolin Director of Athletics & Anthony Brito Assistant Director of Athletics, Franklin H.S.
Entries:	***3 entries per individual events & 1 relay team per school***
Scoring:	10 - 8 - 6 - 4 - 2 - 1
Awards:	Medals to 1st, 2nd & 3rd place winners Team trophy to the top boys & girls teams

PLEASE NOTE THE FOLLOWING REGULATIONS: As per the games committee.

1. All National Federation plus NJSIAA rules apply.
2. Each school must have a unique and identical uniform for their team members. All athletes must wear a **school issued** track and field uniform.
3. Starting blocks will NOT be provided.
4. Only ¼” or ⅛” spikes are allowed.
5. Only flat soled shoes in shot and discus.
6. **DO NOT** wear spikes in the stands.
7. Javelins must conform to the new standards.
8. Throwing implements will be weighed prior to each throw at the venue.
9. There will be an open pit for the long jump and triple jump during designated times.
10. Only officials and athletes actually competing will be permitted in the track enclosure.
11. Athletes are to check in at the seeding table - once all are checked in - **that event is closed!**
12. Please make sure all competitors are on your MileSplit roster and remove any that are beyond the maximum number of entries per team (3 per event). Entry on MileSplit will be open until 12:00 AM on Sunday, May 23

Any questions or concerns can be directed to Stephen Venuto, Manville High School
Work: 908-231-8515; Cell: 908-616-7757

In case of weather-related announcements, an email will be sent and info posted on this Document an email will be sent out by the Tournament Director or you can call Stephen Venuto

**ALL COVID PROTOCOLS WILL BE ENFORCED ON THE FRANKLIN CAMPUS.
MASKS MUST BE WORN AT ALL TIMES BY COACHES AND ATHLETES WHEN THEY ARE NOT
COMPETING. SOCIAL DISTANCING IS EXPECTED WHEN POSSIBLE.
THERE WILL BE NO SPECTATORS AT THIS EVENT**

Please be advised that all attempts will be made to hold the meet during inclement weather. Field events may be postponed due to bad weather while the running events still go on.

Somerset County Interscholastic Athletic Association
2021 SCIAA Track & Field Championships

ORDER OF RUNNING EVENTS - 2:30 PM START

(With Automatic Timing System)

Boys 400 Meter Intermediate Hurdles
Girls 400 Intermediate Hurdles
Boys 1600 Meters (**Seeded**)
Girls 1600 Meters (**Seeded**)
Boys 100 Meter Dash Trials (**No Semis - Top 9 to Final**)
Girls 100 Meter Dash (**No Semis - Top 9 to Final**)
Boys 110 Meter Hurdle Trials (**No Semis - Top 9 to Final**)
Girls 100 Meter Hurdle Trials (**No Semis - Top 9 to Final**)
Boys 100 Meter Dash Final
Girls 100 Meter Dash Final
Boys 1600 Meters (**Unseeded**)
Girls 1600 Meters (**Unseeded**)
Boys 400 Meters
Girls 400 Meters
Boys 110 Meter Hurdle Final
Girls 100 Meter Hurdle Final
Boys 800 Meters
Girls 800 Meters
Boys 200 Meters
Girls 200 Meters
Boys 3200 Meters*
Girls 3200 Meters*
Boys 1600 Meter Relay
Girls 1600 Meter Relay

*If there is a need for an unseeded section of the 3200, we will run the boys and girls together first.

All Races are **FINAL ON TIME** unless noted otherwise.

Seeded heats will run last unless noted otherwise.

COACHES: Please inform you athletes to report to their events promptly when called. As always, the track events take precedence over the field events. Athletes MUST inform the officials if they need to be excused from a field event to run. If an athlete has not checked in before the Event starts, they will not be allowed to compete.

Somerset County Interscholastic Athletic Association
2021 SCIAA Track & Field Championships

ORDER OF JUMPING EVENTS - 2:30 PM START

We have 2 PV & 2 HJ & 2 LJ/TJ Pits

Pole Vault - Boys at 2:30 PM - Open at 9'

Pole Vault - Girls at 2:30 PM - Open at 7'

Boys High Jump at 2:30 PM - Open at 5'4"

Girls High Jump at 2:30 PM - Open at 4'4"

Each LJ/TJ Jumper will get ONE legal attempt measured

Boys Long Jump

Minimum Measurement: 16'

Trials 2:30 PM to 4:00 PM

FINALS - 4:10 PM to 4:40 PM

Boys Triple Jump to follow Long Jump

Minimum Measurement: 32'

Trials 4:40 PM to 6:10 PM

FINALS - 6:20 PM to 6:50 PM

Girls Long Jump

Minimum Measurement: 12'

Trials 2:30 PM to 4:00 PM

FINALS - 4:10 PM to 4:40 PM

Girls Triple Jump to follow Long Jump

Minimum Measurement: 26'

Trials 4:40 PM to 6:10 PM

FINALS - 6:20 PM to 6:50 PM

*****Top 7 Move to Finals*****

THROWING EVENTS ROTATION –

Each Thrower will get ONE legal attempt measured

Boy & Girl Shot Put

2:30 PM

Boy & Girl Discus

3:15 PM

Boy & Girl Javelin

3:30 PM

Boys (Minimum Measurements: Shot Put: 39' Discus: 105 Javelin: 105')

Girls (Minimum Measurements - Shot Put - 27' Discus: 75' Javelin: 75')

All flights will be set up from low seed to high seed.

3 Throws Trials - 3 Finals - Top 7 Moves to Finals - All Ties Move to Finals

Just a reminder

NO RUNBACKS IN THE LJ/TJ/PV&JAVELIN.

The "no run back" rule is definitely in affect during the warmups. What about an "aborted attempt" in javelin, or long-triple, or pole vault during an attempt? The athlete has 1' to complete their attempt. If they abort an attempt they are allowed to 'return to the starting position" and start their attempt within the 1' time limit. How do they return to their starting position? The NFHS suggested common sense prevail - i.e.: they should walk and in the case of the long/triple jump walk along the runway, not on the runway. Pole Vault and javelin common sense prevails. It's not a warning or DO if they are going back to their starting position after an aborted attempt.

Somerset County Coaches

Somerset County Championships 2021

General Information

Referee _____ **Scott Noonan**

Field Referee _____ **Anthony Genovesi**

Jury of Appeals _____ **Pete Catanese/Ludwick Lubaszka/Salvatore Martino**

Clerks _____ **Robert Zifchak Jr./Bill Clark/Ludwick Lubaszka**

Starters _____ **Peter Catanese/Joe Figliolino**

Throwing Events

1. Scales will be at the shot put and discus venues

2. We will have a javelin board at the javelin

Pole Vault

1. COACHES MUST CHECK IN ATHLETES AND SIGN CARD

Head PV _____ **Bill Milone (G) Paul Glass (B)**

Head HJ _____ **Bill Lord (B) Bill Miller (G)**

Head Shot Put _____ **Mike Wooby (B) Tom Wilson (G)**

Head Discus _____ **Bill Fleming (B) Lawrence Zambrowski (G)**

Head Javelin _____ **Richard Slamon (B) Dennis Mc Gale (G)**

Head LJ/TJ _____ **Gus Duryea (B) Joanne Doyle (G)**