



EC Memorial
Old Abe Invite
May 21, 2021



Participating Teams:

Chippewa Falls, Eau Claire Memorial, Eau Claire North, Rice Lake

Site: Connie Ulrich Track at Memorial High School.

Starting Times: 3:45 Field/4:00 Track

Coaches Meeting: 3:30 at Finish Line

Site Details.

1. Track is a newly surfaced 8 Lane Track with 9 Lanes on 100 M Straightaway.
2. Horizontal Jumps and Pole Vault are now near the Throwing areas.
3. Camps should be made in the grassy area South of the Pole Vault. (No Tents).
This is a change from the past, as we have a new arrangement of our field events.
4. There will be no concessions.
5. Only Coaches and athletes warming up/competing should be on the infield, or inside flagged competition areas.
6. **Masks are required by spectators, coaches, and non-competing athletes.**

Timing Service: Accurace Timing:

- Entries will be through Milesplit.
- Link is available at www accuracetiming.com
- Entry Limit: 4 per Individual Event and 2 Relay teams per Relay Event.
- Entries will be due at **8 pm on Thursday, May 20.**
- Substitutions will be allowed, but no Additions.

Other Information:

1. 4 Attempts in Long Jump, Triple Jump, Shot Put, and Discus.
2. All Events are Finals Only.
3. ¼ inch spikes only
4. Sidewalk Chalk Only. No Tape Markings on track or runways. Please bring your own chalk to avoid sharing equipment.



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3:45 Field Events:	Discus	Boys, followed by Girls
	Shot Put	Girls, Boys
	Long Jump	Boys and Girls, Cafeteria Style
	Triple Jump	Boys and Girls, Cafeteria Style
	High Jump	Girls, Followed by Boys
	Pole Vault	Boys, Followed by Girls

- All Running Events are girls, followed by boys!
- We will run on a Rolling Schedule.
- If an event has no entries, we will take an appropriate length break to maintain the schedule of the meet.

4:00 Running Events	4 x 800 Relay, (May be combined)
	Girls 100 Meter Hurdles
	Boys 110 Meter Hurdles
	100 Meter Dash
	1600 Meter Run
	4 x 200 Meter Relay
	400 Meter Dash
	4 x 100 Meter Relay
	300 Meter Hurdles
	800 Meter Run
	200 Meter Dash
	3200 Meter Run (May be Combined)
	4 x 400 Meter Relay

Covid Considerations.

1. Please limit spectator numbers to 6 per participant.
2. Spectators are asked to only attend their child's event.
3. You will have no access to building. There will be 2 Porta Potties.
4. Spectators should always wear a mask.
5. Athletes should wear a mask when they are not warming up or competing.
6. You should plan to bring Water Coolers for your team. We do not have running water available at the track.
7. You may bring 1 tent, but we ask that you only set it up in case of rain, to protect equipment.

Contacts:

Kevin Thompson: Athletic Director kthompson1@ecasd.us
Jon Redwine: Athletic Assistant jredwine@ecasd.us
Corey Fritz: Head Track Coach cfritz@ecasd.us