

1st Annual Running of the Buffaloes Cross Country Meet

Lone Oak ISD

Saturday September 25th, 2021

7:00 AM - Course is OPEN

7:30 AM - Packet Pickup/Changes (if needed)

7:45 AM - Course is CLOSED

8:00 AM - Races begin (ROLLING START)

1. Varsity Girls
2. Varsity Boys
3. JV Girls
4. JV Boys
5. JH Girls
6. JH Boys

Timing/Results: Cowtown Timing will be doing our timing and results. Packets at pickup will have bibs for each runner.

Distances: Varsity Boys and JV boys will run a 5K (3.2 miles), all girls divisions and JH Boys will run 2 miles.

Location: Lone Oak ISD open land across Hwy 69 from all LOISD Schools

*****Porta-Johns will be on site*****

Awards: Medals for Top 10 in each division, Plaque for 1st place as a team in each division.

Entry: Maximum of 7 on a varsity team. An unlimited number of runners is allowed on JV and junior high teams. Only top 5 runners on a team will be scored.

Entry Fee: \$75 per team (5 or more) , \$15 per individual, \$300 max per school

Make checks payable to:

Lone Oak ISD
8162 Hwy 69 South
Lone Oak, TX
75453

**** A detailed list/map of directions, parking, team camp areas, race maps, etc, will be emailed out closer to the day of the meet. For any questions, contact Coach Wingo at either of the following:**

Email: mwingo@loisd.net

Cell phone: 972-832-2758