

Northland Pines High School
Activities Department
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TO: Antigo, Chequamegon, Crandon, Mosinee, Northland Pine, Rhinelander, Three Lakes, Tomahawk
FROM: Brian Margelofsky, Meet Manager (715-479-6286 / 715-891-0709)
RE: Tuesday 4/18/2021 **JV & Varsity** Coed Outdoor Meet Information

DATE of Meet: Tuesday, May 18th, 2021.

TIME:

Coaches Meeting	3:45 (Concession Stand)
Field Events	4:30
3200 M Relay	4:30

ROSTER: Rosters entered using [MileSplit](#) & the event manager is Clark Jillson with [Accuracetimeing](#)
Entry deadline is Monday, May 17th at 8:00 p.m.

OFFICIALS: Jim Alfonso & Mike Bub

GAMES

COMMITTEE: The Officials, Rhinelander Boys' Coach & Chequamegon Girls' Coach



POLE VAULT: Please have your verification sheets available at the coaches meeting.

CONCESSIONS

& RESTROOMS: Available adjacent to the track on the NORTH END.

RESTRICTED

AREA: The infield of the track will be designated as a restricted area. Participating athletes can use the infield to warm up for an event but will then be expected to leave the infield area after their competition. Team tents/camps can set up outside the fenced area. All non-participating athletes, parents and coaches must be outside of any fenced or flagged areas of field events. Coaches' boxes will be provided for field events.

SURFACE:

Throwing areas – concrete
Track and runways – rubberized surface, 8 lanes
¼" max. Allowable exposed spikes

SCORING: 10-8-6-4-3-2-1 (Individual Events) & 10-8-6-4-3-2-1 (Relays)

ENTRY FORMS:

- School may complete there entries using [MileSplit](#). Entries **will close** Monday, 8:00 p.m. on May 17th
 - If you have quesitons on your enty email [Clark Jillison of AccRace](#)
2. Scratches are allowed the day of the meet, replacements may be allowed at the scratch meeting per discussion by the coaches.
(a) *An individual may scratch from part of the meet without having to scratch from the entire meet.*
(b) *An individual who is already entered in an event(s) cannot scratch from one event to replace an athlete in another event.*
3. There is a maximum limit of 3 Varsity entries & 3 JV entries in any individual event. An athlete may be entered in a maximum of four events, but he/she may not be in no more than three running or field events. Being listed as a substitute on a relay team(s) counts as an event.
4. This meet follows the W.I.A.A. guidelines.

ALL Field Events indicated below (except Triple Jump) begin @ 4:30 p.m.

- Boys' Pole Vault followed by Girls' (*Located opposite side of the track from the press box*).
- Girls' High Jump followed by Boys' (*North end of Track*).
- Boys' Discus followed by Girls' (*Located adjacent to the pole vault area*).
- Girls' Shot Put followed by Boys' (*Located adjacent to the long/triple jump area*).
- Long Jump "open pit" (4:30 – 6:00) 4 jumps no finals. (*Located opposite side of the track from the press box*).
- **Triple Jump** "open pit" (6:00 – 7:30) 4 jumps no finals. (*Located opposite side of the track from the press box*).

RUNNING EVENTS start @ 4:30 p.m. (All running events are girls first followed by boys)

4 x 800 Meter Relay - @ 4:30 p.m.

100/110 Meter High Hurdles

100 Meter Dash

1600 Meter Run

4 x 200 Meter Relay

400 Meter Dash

4 x 100 Meter Relay

300 Meter Hurdles

800 Meter Run

200 Meter Dash

3200 Meter Run

4 x 400 Meter Relay