2021 Patriot League West Division Track & Field Meet Host : Prairie Hills Middle School Location: Buhler High School Stadium 611 North Main Street



Time:3:10 pm Coaches Meeting3:30 pm Field Events3:45 pm 3200 (8G/8B) 1600 (7G/7B)5:00pm Running Events

Schools:

Clearwtater, Haysville West, Mulvane, Prairie Hills, Rose Hill, Wellington

Entries:

Each individual will be allowed to compete in **4** events as per KSHSAA rules. You may enter **3** individual running & field events and **1** team per relay. There will be no prelims. All races will be against time. All throws and jumps are final. All entries will be completed via MileSplit KS/ Midwest Timing.

Submit entries by 8:00pm Monday May 10th.

Scratch/Changes:

All scratches and changes will be made at the coaches meeting.

Field Events:

Each participant will be allowed 3 throws in the shot & discus. Each participant will have three jumps in the long jump and 3 misses per height in the high jump.

Scoring & Awards

Six places will be scored in individual events (10-8-6-4-2-1)Medals 1st - 3rdFive places in relays (10-8-6-4-2)Medals 1st - 3rd

<u>Starter</u>:

Scott Moshier

<u>Timing:</u>

Midwest Timing

Spectator Admission:

Admission will be charged this year. Adults \$4.00 and students \$2.00 Mask will be worn by all spectators while attending the meet. Athletes will wear masks when not in competition.

Equipment & Dressing Rooms

We will furnish starting blocks. You are responsible for other equipment as needed. No dressing facilities will be available.

HJ Starting Heights:

Girls 7th - 3'8" 8th - 3'10" Boys 7th - 4'2" 8th - 4'6"

Track/Runways/Throwing Areas:

The track and runways for jumping events are rubberized. No spikes longer than $\frac{1}{8}$ may be used. The shot put and discus rings are cement.

Concessions , Restrooms, Weather Shelter:

Concessions will be available. Restrooms are available inside Buhler High School. Athletes are asked not to wear spikes inside the school and stay out of the gym and cafeteria areas of the school. Buhler High School will be available in case of inclement weather.

Coaches Hospitality

A hospitality area will be set up in the North press box for a coaches meal. Bottled water and sports drinks will be available in the North press box and at the finish line area.

Event Workers:

Several Prairie Hills Middle School Faculty , Volunteers and Buhler High Track athletes will be running off the field events today. *We may request some help from your coaching staff* during the meet to assist with field events if we have difficulties finding workers.

Stadium Camp Areas:

You can set your team camp locations in either the east grandstand or west bleachers. Garbage bags are available in the press box for you to keep your camp areas clean. Thanks for your help with this. Please do not set up team camp areas on the new sodded areas around the track.

Non-Participants and Parents:

Please have your non-participants and parents stay off the football field and in the bleachers outside of the competition areas.

Randall Rank AD/ Assistant Principal Brian Wilson Head Boys Track Coach Jeff Voss Head Girls Track Coach



2021 PATRIOT LEAGUE WEST DIVISION



3:30pm FIELD EVENTS:

Long Jump – 7 th Girls, 8 th Girls	(Southwest Corner Outside Fence)
Long Jump – 8 th Boys, 7 th Boys	(Northwest Corner Outside Fence)

Discus - 8th Girls, 7th Girls(Northwest Corner Across Street in Practice Field NORTH RING)Discus - 7th Boys, 8th Boys(Northwest Corner Across Street in Practice Field SOUTH RING)

Shot Put- 8th Boys, 7th Boys (Northwest Corner Across Street in Practice Field SOUTH RING) Shot Put –7th Girls, 8th Girls (Northwest Corner Across Street in Practice Field NORTH RING)

High Jump 7th Boys, 8th Boys(North end of track)High Jump 8th Girls, 7th Girls(South end of track)

<u>3:45pm</u>	3200 M Run	8th Girls / 8th Boys
	1600 M Run	7th Girls / 7th Boys

5:00pm RUNNING EVENTS

100m Hurdles	7G/7B/8G/8B
100m Dash	7G/7B/8G/8B
1600m Run	8G/8B
4 x 100m Relay	7G/7B/8G/8B
400m Dash	7G/7B/8G/8B
4 x 200m Relay	7G/7B/8G/8B
800m Run	7G/7B/8G/8B
800m Medley	7G/7B
1600m Medley	8G/8B
200m Hurdles	7G/7B/8G/8B
200m Dash	7G/7B/8G/8B
4 x 400m Relay	7G/7B/8G/8B