

MSHSAA Track and Field

Double District Track Meet Schedule

Field Events:

A = Class 1

B = Class 2

Pole Vault : This schedule will ROLL with 30 minute warm up between Boys and Girls
10:00 am Warm – up and Pole Check In

11:00 – 12:30

Boys Pole Vault (A & B)

1:00 – 2:30

Girls Pole Vault (A & B)

11:00 – 12:00

Boys High Jump (B)

Girls Long Jump (B)

Boys Triple Jump (B)

Girls Shot Put (A)

Boys Discus (B)

Girls Javelin (B)

12:30 – 1:30

Boys High Jump (A)

Girls Long Jump (A)

Boys Triple Jump (A)

Girls Shot Put (B)

Boys Discus (A)

Girls Javelin (A)

2:00 – 3:00

Girls High Jump (B)

Boys Long Jump (B)

Girls Triple Jump (A)

Boys Shot Put (A)

Girls Discus (B)

Boys Javelin (A)

3:30 – 4:30

Girls High Jump (A)

Boys Long Jump (A)

Girls Triple Jump (B)

Boys Shot Put (B)

Girls Discus (A)

Boys Javelin (B)

Running Events

Note : Order will be Class 1 Girls, Class 2 Girls, Class 1 Boys, Class 2 Boys

11:00	Girls	3200 meter run		11:30	Boys	3200 meter run
-----1 hour break-----						
1:00	Girls	4x800 meter relay		1:15	Boys	4x800 meter relay
1:30	Girls	100 meter hurdles		1:40	Boys	110 meter hurdles
1:55	Girls	100 meter dash		2:00	Boys	100 meter dash
2:05	Girls	4x200 meter relay		2:20	Boys	4x200 meter relay
2:35	Girls	1600 meter run		2:55	Boys	1600 meter run
3:15	Girls	4x100 meter relay		3:30	Boys	4x100 meter relay
3:45	Girls	400 meter dash		3:55	Boys	400 meter dash
4:05	Girls	300 meter hurdles		4:20	Boys	300 meter hurdles
4:45	Girls	800 meter run		4:50	Boys	800 meter run
5:05	Girls	200 meter dash		5:15	Boys	200 meter dash
-----30 minute break-----						
5:45	Girls	4x400 meter relay		6:05	Boys	4x400 meter relay