

# Independence Invitational

## Tuesday April 27, 2021

Dear Athletic Director and/or Coach:

Thank you for your interest in the Independence Invitational Track Meet.

### TEAMS:

**FEE:** \$100 per team.  
Please make checks payable to: ***Independence High School***

**AWARDS:** Plaques for the 1<sup>st</sup> and 2<sup>nd</sup> place teams, both boys and girls  
Ribbons for 1<sup>st</sup> through 8<sup>th</sup> places.

**SHOES:** **1/4 INCH SPIKES ONLY**

**BLOCKS:** Starting blocks will be provided for all running events

**BATONS:** Relay teams should have their own batons.  
\*IHS will NOT be providing batons to visiting teams due to COVID.

**ENTRIES:** **Entries can submitted through [Ohio Milesplit](#) password: [Run2021](#)**  
2 entries per VARSITY field event and running event  
2 entries per JV event (will NOT be scored)  
\*Relays, which are 1 entry per team.  
\*Events will be seeded according to entries submitted.  
\*There will be no preliminaries; all events are finals.

**TIMING:** We will have fully automatic timing for all running events.

**SPIKES:** **¼ INCH SPIKES ONLY**

**BULLPEN:** The bullpen for **ALL** running events will be at the end of the straightaway at the north end of the track where the 100m hurdles & 100m dash begin.

**FIELD EVENTS:** Athletes will report directly to the field event location for check in.  
\*All athletes must wear their mask unless they are actively participating or warming up.  
\*The following field events will offered: Shot Put, Discus, Long Jump, Triple Jump, High Jump and Pole Vault

**COACHES MTG:** There will be a coaches meeting at the center of the football field at **4:00**. If it is raining we will change locations and an announcement will be made as to the location.

\*Scratches and/or substitutions for the running events may be made at that time. **All scratches (and non-entries) are final!** Scratches and/or substitutions for field events may be done on site (*non-entries cannot be added meet day! No exceptions!!*).

**TIME:** Field events & JV Boys/Girls 1600m run will begin promptly at 4:30 p.m.  
Senior Night for IHS track and field athletes will begin at 5:00 p.m.  
All other running events will start promptly at 5:15 p.m.

**TEAM CAMPS:** Each team will have a designated location for their team camp that will be assigned by IHS.  
\*All athletes who are not participating in the current event (with the exception of warming up) **MUST** be in this location at all times.

**LOCKER ROOM:** No locker room facilities will be available, come dressed!  
\*Restroom facilities are located behind the concession stand.

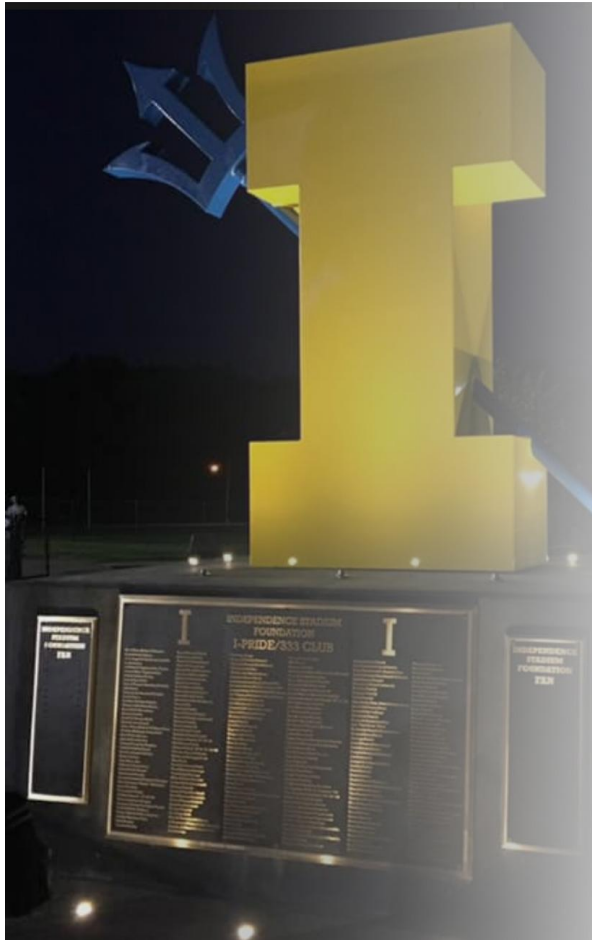
**CONCESSIONS:** The concession stand will be open with minimal refreshments available.

**ADMISSION:** Only athletes who are registered to participate in an event will be permitted to attend the meet. Subs/alternates will not be permitted to attend the event this year.

\*Each athlete will be eligible to have 2 spectators attend the meet if they purchase a ticket online. Each school will have a unique code to access the available tickets. Codes will be sent to the Athletic Director's prior to the meet. Tickets will be \$6.00 plus online fees.

**DEPARTURES:** Once an athlete has finished competing we ask that they leave the meet with their parents if possible.  
\*We also ask that when your team is finished competing that you leave as soon as possible.  
\*Please maintain social distancing from other schools as you exit.

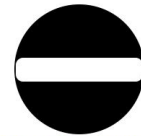
**COVID:** Any athlete, coach or spectator who does not follow our COVID policies may be disqualified and/or ask to leave the facility.  
\*All athletes, coaches and spectators must complete a health assessment prior to coming to the event. Please stay home if you do not feel well.  
\*All athletes, coaches and spectators **MUST** wear a mask at all times unless the athlete is actively participating in their event.  
\*All Athletes who are not actively participating in their event must be in the designated team camp. Athletes will **NOT** be permitted to walk around during the event.  
\*Spectators must sit/stand in designated areas in the stands or near the field event areas.  
\*No spectators or athletes are allowed on the inside of the track.



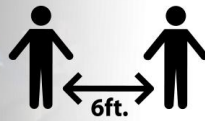
# STADIUM POLICIES



FACE COVERINGS



NO RE-ENTRY



SOCIAL DISTANCE



SAFETY MEASURES



SANITIZE



WASH HANDS

\*\*failure to comply could result in removal from event

**Order of Field Events:**

4:30 pm Boys Shot Put (girls to follow) (four attempts with no finals)  
\*JV Shot will follow Girls Varsity Shot Put  
Girls High Jump (boys to follow)  
Girls opening height 4' - Boys opening height - 5'  
Girls Pole Vault (boys to follow)  
Girls opening height - 6' Boys opening height - 7'  
Girls Discus (boys to follow) (four attempts with no finals)  
4:30-6:00 Boys Long Jump (open pit; four attempts with no finals)  
6:15-7:45 Girls Long Jump (open pit; four attempts with no finals)  
7:45 Boys and Girls Triple Jump (open pit; four attempts with no finals)

**Order of Running Events:**

4:30 pm \*JV Girls/Boys 1600 Meter Run (Run together)  
5:15 pm Girls/Boys 4 x 800m Relay  
Girls 100 Meter Hurdles  
Boys 110 Meter Hurdles  
\*JV Girls/Boys 100 Meter Dash  
Girls/Boys 100 Meter Dash  
Girls/Boys 4 x 200m Relay  
Girls/Boys 1600 Meter Run  
Girls/Boys 4 x 100m Relay  
Girls/Boys 400m Dash  
Girls/Boys 300 Meter Hurdles  
Girls/Boys Girls 800m Run  
Girls/Boys 200m Dash  
Girls/Boys 3200m Run (May be run together)  
Girls/Boys 4 x 400m Relay