



# CLEARWATER MIDDLE SCHOOL

140 S. 4<sup>th</sup> Clearwater, KS 67026

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Principal: Eric Shipman AD: Jason Crist



## CMS Invitational 2021

- Date:** April 20<sup>th</sup>
- Time:** Coaches Meeting at 2:00 PM  
Distance Races: 3:00 PM (3200/1600) Field Events 2:30 PM  
Running Events: 4:00 PM
- Entry Fee:** \$125.00 per school or \$3 per athlete whichever is less. Please mail or bring your check to the meet.
- Awards:** Medals are given for the first 3 places in all individual events and first 3 relays.
- Schools:** Andale, Ark City, Augusta, Cheney, Circle, Clearwater, Clearwater JV, Goddard, Mulvane, Rose Hill, St Peter, Sunrise Christian, Wichita Classical School
- Scoring:** 10-8-6-4-2-1
- Divisions:** 7<sup>th</sup> Boys, 7<sup>th</sup> Girls, 8<sup>th</sup> Boys, 8<sup>th</sup> Girls
- Entries:** One relay per division  
Two entries per division in running events  
Three entries per division in the 1600 and 3200 (3200 is 8th-grade event only)  
Three entries for Field Events  
*All events are run as finals; no preliminaries*
- Entry Forms:** **Entries Due on Mile Split KS by 6:00 PM on Monday 4/19** - Search for 2021 CMS Invitational  
○ For help/tips on using Mile Split KS, visit [THIS LINK](#)
- Bus Parking:** **Please have buses park in the lot by our baseball and softball diamonds.** Teams can be dropped off by the football/track complex, but our parking is limited for a larger crowd.
- Workers:** CMS will provide workers for all field events and timing on the track.
- Timing:** We are contracted through Heartland Timing and are using Fully Automatic Timing
- Starting Blocks:** CMS will provide starting blocks.
- Coaches Meeting:** The meeting will be held in the maintenance building at **2:00**. Enter the building from the visitors' side of the stadium by the outdoor basketball court.
- Team Camps:** Please do not set up team camps inside the track area or in the grass by the concession/restroom building.
- Infield:** Please keep food and drinks off the field.
- Field Events:** Each contestant will be given 3 throws/jumps in field events. No Finals
- Running Events:** Order of Races: 7G, 7B, 8G, 8B
- Dressing Facilities:** No facilities are available, so please dress before arriving.
- Contact:** Jason Crist Work-- 620-584-2036 Cell--620-951-4099  
Email-- [jcrist@usd264.org](mailto:jcrist@usd264.org)

CLEARWATER MIDDLE SCHOOL  
INVITATIONAL TRACK MEET  
APRIL 20, 2021

**2:00 PM**                    **Coaches Meeting (Middle School)**

**2:30 PM**                    **Order of Field Events**

Girls Shot Put	7 <sup>th</sup> followed by 8 <sup>th</sup>
Boys Shot Put	7 <sup>th</sup> followed by 8 <sup>th</sup>
Girls Discus	8 <sup>th</sup> followed by 7 <sup>th</sup>
Boys Discus	8 <sup>th</sup> followed by 7 <sup>th</sup>
Girls Long Jump	8 <sup>th</sup> followed by 7 <sup>th</sup>
Boys Long Jump	8 <sup>th</sup> followed by 7 <sup>th</sup>
Girls High Jump (small pit)	7 <sup>th</sup> followed by 8 <sup>th</sup>
Boys High Jump (large pit)	7 <sup>th</sup> followed by 8 <sup>th</sup>
Triple Jump**	Cafeteria Style....we will mix genders
Pole Vault**	Boys, Girls Following

\*\*Exhibition Events: These events are not awarded team points

**Order of Running Events**

**3:00 PM**                    3200 M (8<sup>th</sup> Grade Only)  
1600 (7<sup>th</sup> Grade)

**4:00 PM**                    100 M Hurdles  
100 M Dash  
1600 M Run (8<sup>th</sup> Grade)  
400 M Relay  
400 M Dash  
800 M Relay  
800 M Run  
800 M Medley (7<sup>th</sup>)  
1600 M Medley (8<sup>th</sup>)  
200 M Hurdles  
200 M Dash  
1600 M Relay

The Following will be the starting heights:

7<sup>th</sup> Grade Girls High Jump: 3'8"  
8<sup>th</sup> Grade Girls High Jump: 3'10"  
7<sup>th</sup> Grade Boys High Jump: 4'2"  
8<sup>th</sup> Grade Boys High Jump: 4'6"  
Boys Pole Vault: 6'  
Girls Pole Vault: 5'

Medley Relays

800 use the 4x1 exchange zones and stager....4<sup>th</sup> runner can cut in after the exchange zone  
1600 use the 4x2 exchange zones and stager.....4<sup>th</sup> runner can cut in after the exchange zone

# **Direct Athletics**

## **STEP 1 - ACCESSING YOUR DIRECTATHLETICS ACCOUNT**

Each coach must have a DirectAthletics username and password for his/her team. If you don't know your username and password, click [HERE](#). You will use the same account to enter all meets run through DirectAthletics. ([www.directathletics.com](http://www.directathletics.com) )

**\*\*NOTE ABOUT MEN'S AND WOMEN'S ACCOUNTS:** You control only one gender at a time, so you will complete the below steps for your Men, and then switch to your Women's team and repeat the process (or vice-versa). The team you are controlling is listed on the blue navigation bar across the top of your account, for example:

Sport: Track & Field Team: Guilford (M)

This indicates that you are controlling the Guilford MEN'S team (M=MEN). To switch to your Women's team, you would select "Guilford (W)".

## **STEP 2--SETTING UP YOUR ONLINE ROSTER**

Before entering an athlete into a meet, you must add all attending athletes to your roster. If an athlete is already on your roster (from previous seasons or meets) you do not need to add him/her again.

- 1) Upon logging in, click the TEAM tab. (New users will automatically be in the TEAM module)
- 2) If you have used DirectAthletics before, you will see your existing athletes on your roster. New Users should click the green "Add Athletes" link.
- 3) Click the green "Add Athletes" link under the Team Roster header. Select an approximate number of athletes you would like to add (you can add more at any time).
- 4) Enter your athletes' First Name, Last Name, and School Year and click "Submit".
- 5) You may add, edit or delete athletes on your Team Roster at any time by clicking the TEAM tab. To add athletes, click the green "Add Athletes" link at any time. To delete or edit athletes, check the box to the left of each athlete(s) and then click the red "Delete Selected" link or the blue "Edit Selected" link respectively.

## **STEP 3--SUBMITTING ONLINE MEET ENTRIES**

Once your athletes are added to your roster, you must submit your entries.

- 1) In the HOME tab (under Upcoming Meets) or in the SCHEDULE tab, click the green Register button next to the meet you wish to enter.
- 2) If prompted, choose an entry method. We HIGHLY Recommend using the NEW, "Enter by Athlete" method.
- 3) Follow onscreen instructions for submitting your entries. You will see a running tally of your entries on the right side of your screen.
- 4) When you are finished with your entries, click the "Finish" link.
- 5) You will see a list of your current, submitted entries. Click the appropriate link to receive an EMAIL confirmation or a PRINTABLE confirmation.
- 6) To edit your existing entries, click the blue Edit Entries button next to the meet name on your Upcoming Meets or complete Schedule.