



COC TRACK and FIELD CHAMPIONSHIP

Thursday, MAY 6th, 2021

- Location:** *BRANSON HIGH SCHOOL*
- Cost of Admission:** None
- Starting Time:** Field Events: 4:00 PM (Javelin will begin at 3:30) Running Events: 4:00 PM
- Coach's Meeting:** 3:10 PM in the Activities Center; Coaches packets provided.
- Entries:** [Mo.milesplit.com](https://www.mo.milesplit.com) - **Entries are due by 9:00 am, Thursday, May 6th, 2021**
- Entry Limit:** You may enter up to 3 athletes per event and one team per relay. There will be no prelims, fastest heat will run last.
- Changes/Scratches:** Coaches can make changes to their entries up till the entry deadline. **Scratches only, no adds, after the entry deadline.** Scratches can also be made at the coach's meeting.
- Entry Fee:** \$100 per team (Boys or Girls) or \$200 per school (Boys & Girls Team)
- Tents:** Tents allowed in designated areas. See Map
- Locker Rooms:** There are no locker rooms at this facility. Restrooms are located behind the concessions on the home side of the stadium and on the visitor's side.
- Spikes/Equipment:** Up to 1/4" pyramid spikes or less. Violators will be disqualified. No spikes in the bleachers, or in the seatback chairs. Each participant will be responsible for his or her own equipment.
- Blocks will be furnished.
- All implements will be weighed and certified from 2:45 -3:30.
- Bullpen:** All running events will bullpen under the red tent on the football field based on entry times with the exception of the 100/110 Hurdles and the 100m Dash. (Those will bullpen at the starting line)
- Markings:** Chalk and tennis balls can be used for marking purposes. Tape cannot be used.
- Coaching Boxes:** Will be provided. Only certified coaches in this area.
- Hospitality Room:** Located in the **visitor's concession stand.**
- Scoring/Awards:** Standard team scoring rules apply. We will medal 1st, 2nd, and 3rd places. Medals can be picked up at the press box at the conclusion of the meet. The 1st place team in each division will receive a plaque.

Results: We are timing with the FINISH LYNX TIMING SYSTEM, and we are using HYTEK MEET MANAGER SOFTWARE. Unofficial results will be given at the finish line. Official results will be posted in a Google folder with QR codes to access and will be announced after the conclusion of each event. Online meet results will be posted during the meet.
(If you want results emailed to your media outlets, please leave an email address with the meet manager.)

Concessions: Concessions will be sold in the concessions stand on the home side of the stadium.

Spectator Areas: All running events can be viewed from the stadium and outside of the green fencing. Spectator areas for discus, shot, and javelin will be marked and roped off.

Drop Off/Parking: Parking for busses will be available at the Activity Center. Drop off athletes at the Activity Center. (See Map) Do not enter the High School from the High School entrance. Go past the HS entrance and take the next left to enter the Activity Center.

Rain Out: Friday, May 7th

For Information: Call Kevin Blackwell at 417-334-6511 ext. 5304 email: blackwellk@branson.k12.mo.us
or
Gary Neal at 417-334-6511 ext. 5310 email: nealg@branson.k12.mo.us.

Directions to Branson High School- 935 Buchanan Branson Mo. 65616

Five miles north of Branson on 65 Hwy. exit on the Ozark Mt. High Road. Head west and turn left on the first outer road (Sunset Rd). Stay on the outer road for approx. 1 mile. Take a right on Buchanan Road. The Branson High School is on the left, go through the first stop sign to the Activity Center entrance.. Pirate stadium is at the rear of the High School.

Drop your athletes off at the Activity Center and enter the stadium from the Activity Center entrance to the right of the Activity Center. Busses need to park at the designated area in the Activity Center Parking. (See the map)

COC MEET TIME SCHEDULE

3:10 Coaches Meeting

Field Events will be flighted with finals following

Javelin - 3 Prelim Throws, 3 Final Throws, 9 to Finals

3:30 Boys Javelin Finals Follow
Girls follow as soon as boys finish

Shot and Discus – 3 Prelim Throws, 3 Final Throws, 9 to Finals

4:30 Boys Discus Finals Follow
4:30 Girls Shot Put Finals Follow
6:30 Boys Shot Put Finals Follow
6:30 Girls Discus Finals Follow

Long Jump and Triple Jump – 3 Prelim Jumps, 3 Final Jumps, 9 to Finals

4:00 Boys Long Jump Runway #1 Finals Follow
4:00 Girls Triple Jump Runway #2 Finals Follow
6:00 Boys Triple Jump Runway #2 Finals Follow
6:00 Girls Long Jump Runway #1 Finals Follow
4:00 Girls High Jump (5 active) Starting Height _____
6:00 Boys High Jump (5 active) Starting Height _____
4:00 Boys Pole Vault (5 active) Starting Height _____
6:00 Girls Pole Vault (5 active) Starting Height _____

RUNNING EVENTS – Beginning at 4:00

4:00 Girls 3200 meter relay Final - Double Waterfall
4:15 Boys 3200 meter relay Final - Double Waterfall
4:30 Girls 100 meter hurdles Heats vs. Time
4:40 Boys 110 meter hurdles Heats vs. Time
4:50 Girls 100 meter dash Heats vs. Time
4:55 Boys 100 meter dash Heats vs. Time
5:00 Girls 4 x 200 meter relay Heats vs. Time
5:10 Boys 4 x 200 meter relay Heats vs. Time
5:20 Girls 1600 meter run Final - Double Waterfall
5:30 Boys 1600 meter run Final - Double Waterfall
5:40 Girls 4 x 100 meter relay Heats vs. Time
5:50 Boys 4 x 100 meter relay Heats vs. Time
6:00 Girls 400 meter dash Heats vs. Time
6:10 Boys 400 meter dash Heats vs. Time
6:20 Girls 300 meter hurdles Heats vs. Time
6:35 Boys 300 meter hurdles Heats vs. Time
6:50 Girls 800 meter run Final - Double Waterfall
7:00 Boys 800 meter run Final - Double Waterfall
7:10 Girls 200 meter dash Heats vs. Time
7:20 Boys 200 meter dash Heats vs. Time
7:30 Girls 3200 meter run Final - Double Waterfall
7:45 Boys 3200 meter run Final - Double Waterfall
8:00 Girls 4 x 400 meter relay 3 turn stagger Heats vs. Time
8:15 Boys 4 x 400 meter relay 3 turn stagger Heats vs. Time

We will not get ahead of this schedule, but we may get behind

