Pacer Invitational Hosted by Shoreland Lutheran High School at Union Grove

Date: Friday, May 21, 2021

4:00 PM (Scratch meeting at 3:30 PM)

Rain date: None

Location/Facilities: Union Grove High School

3433 S Colony Ave, Union Grove, WI 53182

• 8 lane rubberized track

- 9 lane straightaway
- Shot and discus circles are concrete
- No locker room facilities are available, teams should show up ready to compete.
- Our Pacer Patrons is planning to run a concession area with an array of food and beverages available for purchase. (Covid protocols might determine the extent)
- Team camps should be set up around the track- please, not in the grandstand or bleachers. The infield must remain clear throughout the meet.
- Masks are recommended as well as social distancing.
 Masks must be worn inside of buildings, including the bathrooms.

Teams: Shoreland Lutheran, Brookfield Academy, Lake Country

Lutheran, Martin Luther, University School of Milwaukee,

DASH

COVID Form Each team should bring a this completed Covid-19 verification

form to the coaches meeting and turn in to one of the Shoreland

coaches

Entries: Teams can access online entries directly www.k2timing.com All

entries, results, and live scoring will be handled through K2

Timing. The meet is titled "Pacer Invitational". You must have all entries submitted by **7:00 p.m**. on **Wednesday, May 19th**. If you have any questions about entries, Keith Klestinski, 414-331-7215.

Entry Limits: Three entrants in each individual event and one relay team per

event. An athlete is able to participate in a maximum of four

events, one of which must be a field event.

Scratches: Scratch and replace will be allowed at the coaches' meeting.

Please keep scratches with replacements to an absolute minimum.

Timing/ Results: All races will be timed with K2 Timing. www.k2timing.com

Fees: \$150.00 per boys'/girls' team - \$300 total for both (please send or

bring)

Trainer: A Licensed Athletic Trainer will be on hand and available to your

athletes if needed.

Awards: Trophy to the winning boys and girls teams. No individual medals

will be awarded.

Contact: If you have any questions please contact:

Coach Matt Sonntag (480-390-4970) Coach Corey Schmidt (262-325-0935)

Assistant Athletic Director Ginny Look (262-859-2595 ext. 211)

LJ/TJ: Two pits will be used. The order will be girls TJ and boys LJ first,

followed by boys TJ and girls LJ. It will be 90 minute cafeteria style. There will be four jumps and no finals. Boys will be jumping

on the east pit and girls on the west pit.

HJ: Will be run with boys first, girls to follow. Starting heights TBD.

Pole Vault: Will be run with girls first, boys to follow. Starting heights TBD.

Shot Put/Discus: Will be run with four throws and no finals. There will be 2 flights

with a 1-1-1-1 format. Girls shot put first and boys to follow.

Boys discus first and girls to follow.

Rest Rooms: Located in the building behind the bleachers. Masks required.

Admission: Adults - \$4.00, Students - \$3.00, Children 5 and under free

Other Notes: Meet workers are volunteering their time, please be kind if any

issues arise.

Pacer Invitational Order of Events

3:15 p.m. Coaches scratch meeting in bleachers

4:00 p.m. Field Events run to completion, finals only, no preliminaries

Shot Put girls (boys to follow)
Discus boys (girls to follow)
High Jump boys (girls to follow)
Pole Vault girls (boys to follow)
Long Jump boys (girls to follow)
Triple Jump girls (boys to follow)

4:30 p.m. All running events are finals, no preliminaries. Heats will be run with the fastest athletes running in the last heat. Please

submit accurate times / best estimates for your athletes.

4:30 p.m. 3200 m (4 x 800) Relay – Girls/Boys

100m/110m Hurdles – Girls/Boys

100m Dash - Girls/Boys 1600m Run - Girls/Boys

800m (4x200) Relay - Girls/Boys

400m Dash - Girls/Boys

400m (4x100) Relay - Girls/Boys

300m Hurdles - Girls/Boys

800m Run - Girls/Boys

200m Dash - Girls/Boys

3200m Run - Girls/Boys

1600m (4x400) Relay - Girls/Boys