**AHSAA 1A, 3A, 6A Sectional Track & Field Championships**

**April 23-24, 2021**

**Hosted by Fort Payne High School**

**1A Schools:** Appalachian, Athens Bible, Cedar Bluff, Cornerstone Schools of AL, Coosa Christian, Donoho, Lindsey Lane Christian, Ragland, Skyline, Woodville

**3A Schools:** Asbury, Brindlee MT, Elkmont, Glencoe, Hanceville, Holly Pond, JB Pennington, Piedmont, Pisgah, Pleasant Valley Fyffe, Hokes Bluff, Ohatchee, Saks, Susan Moore, Weaver, Welborn

**6A Schools:** Arab, Athens, Buckhorn, Columbia, Cullman, Decatur, Fort Payne, Hartselle, Hazel Green, Muscle Shoals, Scottsboro, Southside-Gadsden, Springville

**Contacts:** C.M. Sanford—Meet Director Selena Penton—Track Coach

 256-996-0513/csanford1717@yahoo.com 256-558-8661/spenton@fpcsk12.com

**Entry Procedure:** All entries will be done through www.alabamarunners.com. All entry marks must have been achieved during the 2019 season and will be verified through www.alabamarunners.com database. There is a maximum of three athletes per event and one relay team per school. Each athlete may compete in a maximum of four events. All relay athletes must be entered as well.

**Entry Deadline:** Entries will be entered at the Alabama Runners Website (www.alabamarunners.com) five days before meet date.

**Entry Fee:**  $100 per team/$200 per school. WE WOULD PREFER YOU MAIL THE ENTRY FEE PRIOR TO THE MEET. The fee is $20.00 per athlete when entering 4 or less.

**Coaches Admission:** An AHSAA coach’s card will be required for admission for all coaches. Those without cards will have to pay for admission. Volunteer coaches must have written verification from school principal.

**Awards:** Trophies will be awarded to the top two (2) teams in both boys and girls divisions. Medals will be awarded to 1st, 2nd, and 3rd places for individuals. An Outstanding Performance Award will be awarded for each division, along with a coach’s achievement award for each Team Champion Coach.

**Team Scoring:** Scoring eight places: 10-8-6-5-4-3-2-1

**Concessions:** Concession stand will be open each day.

**Officials:** We have experienced officials leading all events. Please do not interfere with their duties. Direct questions to the meet director/referee.

**Qualifying:** The top FIVE finishers in individual events & top THREE relay teams meeting the state qualifying mark will qualify for the state meet. Additionally, four wildcards in each event will be selected from all four section meets. These wildcards must also meet the state qualifying marks. All ties for the final qualifying spot will be broken at the meet.

**Appeals:** Any appeal must be given to the referee in writing with $25 within 30 minutes of the infraction. If the appeal is upheld, the money will be refunded. Appealable offenses are misapplications of NFHS rules. Judgment calls are not appealable.

**Admissions:** Admission for the sectional track meet is $5 per day and tickets can be purchased via GoFan at <https://gofan.co/app/school/AL816>

**COVID guidelines:** Coaches are expected to take the temperature of all athletes prior to arriving at the meet. It is recommended that all athletes wear a face covering when social distancing cannot be enforced. Fans and spectators are encouraged to wear a face covering when they are within 6 feet of individuals who they do not live with. Please do not enter the facility if you are experiencing any of these symptoms: Fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea

**MAIL CHECKS TO:**

Please make sure you list a VALID email and cell phone number when entering your team on www.alabamarunners.com

**Fort Payne High School**

**Selena Penton**

**201 45th Street, NE**

**Fort Payne, AL 35967**

**Sectional Notes: 2021**

**Parking:** Parking for buses will be in the area behind the visitor’s side of the stadium

**Important Information:** ALL COACHES AND ATHLETES MUST ENTER AND EXIT STADIUM AT GATE BETWEEN FIELD HOUSE AND CONCESSION STAND. THE GATE BEHIND THE VISITOR SIDE STADIUM WILL NOT BE OPEN.

**Track Area:** Only coaches and athletes competing or about to compete in an event should be inside the track area once the meet starts. Coaching passes will be required to gain access to the track. Students without a uniform on will not be allowed into the track area

**Warm-Up:** Warm-up outside the track area or inside the flagged area on the football field.

**Language:** Any profanity by athletes will result in disqualification from the event.

**Uniforms:** Athletes must meet uniform rules. Please make sure your relay teams are legal.

**Familiarity of Event:** Please do not enter athletes in events they have not trained for, particularly pole vault and high jump. This is for their own safety.

**Pole Vault and Implement Checks:** All vaulters will be weighed prior to their event. Vaulters will only be allowed to use poles rated for their weight. Implements will be weighed prior to event each day.

**Checking in Event:** PLEASE make sure your athletes check in at events on time. Running events take precedent, but they will still need to check in at field events if they have one at the same time. This is very important. WE WILL NOT ADD THEM LATE.

**Zone Judges:** We will need to assign coaches to assist as judges for the 4X100 relays.

**Field Events:** Qualifying standards are listed below. In all horizontal and throwing events, athletes will receive three attempts with top 9 advancing to finals. The first legal attempt will receive a mark.

**Qualifying Standards: Running Event**

**6A**

**3A**

**1A**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **300 H** | **400 M** | **800 M** | **1600 M** | **3200 M** | **4X400** | **4X800** |
| **Girls** | **Boys** | **Girls** | **Boys** | **Girls** | **Boys** | **Girls** | **Boys** | **Girls** | **Boys** | **Girls** | **Boys** | **Girls** | **Boys** |
| 60.0 | 52.0 | 1:12 | 60.0 | 2:55 | 2:25 | 6:40 | 5:45 | 14:00 | 12:00 | 4:50 | 4:00 | 12:30 | 10:15 |
| 60.0 | 52.0 | 1:12 | 60.0 | 2:55 | 2:25 | 6:30 | 5:30 | 14:00 | 12:00 | 4:50 | 4:00 | 12:30 | 10:15 |
| 53.0 | 45.0 | 1:02 | 53.0 | 2:35 | 2:10 | 6:15 | 4:50 | 13:00 | 10:40 | 4:45 | 3:40 | 11:00 | 9:00 |

**Qualifying Standards: Field Events**

**6A**

**3A**

**1A**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Pole Vault** | **High Jump** | **Javelin** | **Discus** | **Triple Jump** | **Long Jump** | **Shot Put** |
| **Girls** | **Boys** | **Girls** | **Boys** | **Girls** | **Boys** | **Girls** | **Boys** | **Girls** | **Boys** | **Girls** | **Boys** | **Girls** | **Boys** |
| 7’ | 9’ | 4’2” | 5’4” | 65’ | 115’ | 65’ | 90’ | 26’ | 34’ | 13’ | 17’ | 26’ | 34’ |
| 7’ | 9’ | 4’2” | 5’4” | 65’ | 120’ | 65’ | 95’ | 26’ | 35’ | 13’ | 17’ | 26’ | 36’ |
| 7’6” | 10’6” | 4’6” | 5’8” | 85’ | 130’ | 80’ | 115’ | 29’ | 40’ | 15’ | 19’ | 29’ | 40’ |