

Coliseum Classic

Saturday, May 15, 2021



Coaches, you are formally invited to the inaugural **Coliseum Classic** held on **Saturday May 15, 2021** at **10:00AM** at **Goshen High School**. This meet will consist of two sessions to give our athletes the opportunity to reach their goals at our brand new, state of the art track and field facility. We want to make the Coliseum Classic one of the high points of your spring season. So please plan to join us on **May 15th** for the first annual **Coliseum Classic!!!**

The Coliseum:

400m BSS 300 Thixotropic & Embedded Polyurethane Surface
10-Lane Straight Away, 8-Lanes track all the way around, "48" Lanes
4 Long Jump & Triple Jump Pits, 2 High Jump Pits, 2 Pole Vault Pits
2 Shot Circles, 2 Discus Circles
Water pit, 4 Portable Adjustable Steeplechase Barriers
Fully Automated Timing By Finish Lynx and AMB Chip Technology for all finishes.
There will be restrooms and **concessions** available on site to all athletes and spectators.

Meet Information:

1. Events will be entered onto MileSplit-**LIMITED Entries!** Due on Friday, May 14, 2021 at 9:00PM.
2. NYS Public High School Athletic Association rules on participation will be enforced.
3. Only **1/8 inch or 1/4 inch recessed spikes** are permitted on the track and runway surfaces.

****ONLY ONE SESSION****

10:00AM Start

Order of Events:

9:00 AM Warm ups
9:30 AM Check ins
9:45 AM Coaches Meeting

On the Track (Boys then Girls):

2k Steeple
200m
3200m
400m hurdles
4x100m relay
4x800m relay
4x400m relay

Field Events:

Girls/ Boys Long Jump
Boys High Jump
Boys/Girls Shot Put
Girls Pole Vault

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Schedule

| Week 2 @ Goshen | | | | | | | | |
|---------------------|-----------|---------|---------------|-------------------|----------|---------|-------|---------|
| Session 1 | Session 2 | 8 Teams | | | Per Team | Entries | Heats | |
| 10:00 AM | 1:00 PM | Boys | 2000m Steeple | Final on Time | 3 | 24 | 3 | 0:08:00 |
| 10:24 AM | 1:24 PM | Girls | 2000m Steeple | Final on Time | 3 | 24 | 3 | 0:10:00 |
| 10:54 AM | 1:54 PM | Boys | 200m Dash | Final on Time | 5 | 40 | 5 | 0:01:00 |
| 11:59 AM | 1:59 PM | Girls | 200m Dash | Final on Time | 5 | 40 | 5 | 0:01:00 |
| 11:04 AM | 2:04 PM | Boys | 3200m Run | Final on Time | 3 | 24 | 3 | 0:11:00 |
| 11:37 AM | 2:37 PM | Girls | 3000m Run | Final on Time | 3 | 24 | 3 | 0:12:00 |
| 12:13 AM | 3:13 PM | Boys | 400m Hurdles | Final on Time | 5 | 40 | 5 | 0:01:30 |
| 12:20 AM | 3:20 PM | Girls | 400m Hurdles | Final on Time | 5 | 40 | 5 | 0:01:30 |
| 12:28 AM | 3:28 PM | Boys | 4x100m Relay | Final on Time | 3 | 24 | 3 | 0:01:30 |
| 12:32 AM | 3:32 PM | Girls | 4x100m Relay | Final on Time | 3 | 24 | 3 | 0:01:30 |
| 12:37 AM | 3:37 PM | Boys | 4x800m Relay | Final on Time | 3 | 24 | 2 | 0:10:00 |
| 12:57 AM | 3:57 PM | Girls | 4x800m Relay | Final on Time | 3 | 24 | 2 | 0:10:00 |
| 1:17 PM | 4:17 PM | Boys | 4x400m Relay | Final on Time | 3 | 24 | 3 | 0:05:00 |
| 1:32PM | 4:32PM | Girls | 4x400m Relay | Final on Time | 3 | 24 | 3 | 0:06:00 |
| Field Events | | | | | | | | |
| 10:00 AM | 1:00 PM | Boys | Long Jump | 3 Jumps no final | 3 | 24 | 3 | |
| 11:30 AM | 2:30 PM | Girls | Long Jump | 3 Jumps no final | 3 | 24 | 3 | |
| 10:00 AM | 1:00 PM | Boys | Shot Put | 3 Throws no final | 3 | 24 | 3 | |
| 11:30 AM | 2:30 PM | Girls | Shot Put | 3 Throws no final | 3 | 24 | 3 | |
| 10:00 AM | 1:00 PM | Boys | High Jump | | 3 | 24 | 1 | |
| 10:00 AM | 1:00 PM | Girls | Pole Vault | | 3 | 24 | 1 | |

Scoring/Awards:

★ Medals top 3 all events

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Entry Form



| | |
|----------------|--|
| School | |
| Address | |
| Coach | |
| Phone # | |
| Email | |

Entry Payment Information (circle one)

This is an entry fee and not a participation fee!

Boys team only:

Girls team only:

Blanket Fee: \$300

Make Checks or Vouchers Payable to: **Goshen Track Club**

Mail entry to:

Goshen High School
ATTN: Gus Lawson
222 Scotchtown Ave.
Goshen, NY 10924

Fax/Scan/Email (with check to follow) to:

GHS Athletic Department
ATTN: Gus Lawson
FAX #: (845) 615-6163
Gus.lawson@gcsny.org

Meet Director: Gus Lawson

Email: Gus.lawson@gcsny.org

Cell: (845) 321-4054

“One chance is all you need...” -Jesse Owens