

Final Update and Firm Schedule - GWDRC May 22nd

Dear GWDRC May 22nd - Entrants

Track Address:

Jamestown High School address: Jamestown High School, Williamsburg, VA

3751 John Tyler Hwy, Williamsburg, VA 23185

We are looking forward to a fast evening of 1 and 2 mile races. Below you will find everything you need for this Saturday evening.

Please look over in detail and don't hesitate to ask questions over email or text/call 757-784-2281 or MarkTompkins1@gmail.com. If you see any errors in the entries please get in touch with me.

We will have light concessions including water and assorted drinks.

No spectator fees

- 1) The schedule is **firm** and we will start the races **at the times listed**.
- 2) All athletes will receive a bib number. This is how we will record your order of finish. Please make sure you wear your bib so it can clearly be seen at the finish. After you finish you will walk over to a set of cones so we can double check the order of finish. We will record the order of finish as athletes come in, we will have a finish line judge and also film all races.
- 3) You will pick up your bib at a table on the grass field next to the track.
- 4) There are 3 porta potties available for use. 2 in parking lot right next to the track and the 3rd at the entrance of Green Spring Trail which is about 100m from the track.
- 5) You can warm up on the field next to the track, parking lot/trail around school or on Green Spring Trail which is right next to the track - 100m from the track. (I would go out and back -don't want to get lost on the trail)
The parking lot is lighted so that is probably the best place to warm up since we have moved the races to the evening!
- 6) Please bring plenty of water. **We do have a water bottle filler near the porta potty now working!.**
- 7) Spectators/Coaches you may watch from anywhere **outside of the fence** of the track. Please stay off the track and infield. *When it is dark athletes can warm up on the infield under the light.*

- 8) You may do final strides on the football field and we have enough time between races to do strides on the track prior to your race.
- 9) We don't have any awards but I have 2-3 coupons per runner for Bruester's Ice Cream which is in Williamsburg if you are interested in getting a treat after your race.
- 10) Please see the final entry list below and diagram of the track/porta potties/check in area below.
- 11) Spectators please follow social distance protocols. Spacing out around the track!
- 12) Please ask any questions. We are excited for a fun evening of running.
- 13) This is a **USATF Sanctioned Event** and not a VHSL event. You may run as a club or unattached!
- 14) We will have a finish line clock running. I will have results uploaded later in the evening or the next morning in run sign up and uploaded to milestat in 24-48 hours.

USATF Sanctioned

Not a VHSL Event – Athletes may compete only as an unattached athlete or club athlete

Times cannot be used for seeding for VHSL Events

Finish Line Clock

New 6 Lane all-weather track in excellent condition

Pole Vault Pit in excellent condition

Updated Schedule – Thursday – 5/20/2021 – 12:00pm

Forecast High of 90

By 9pm mid 70's

Pole Vault Schedule:

Middle School Pole Vault: 3:00pm (starting height TBD)

High School Girls Pole Vault: 5:00pm (Likely 7-0)

High School Boys Pole Vault: 7:00pm (Likely 8-0 or 8-6)

Running Events:

8:00pm Girls 800m

8:15pm Middle School 1 mile

8:30pm Girls 1600m – Heat 1

8:40pm Girls 1600m – Heat 2

8:50pm Boys 1600m – Heat 1

9:00pm Boys 1600m – Heat 2

9:10pm Girls 3200m

9:25pm Boys 3200m

Hand timed

Please follow social distancing protocols

Times will be uploaded by Sunday to Run Sign up and we will try to push to milestat via Race Tab by Monday or Tuesday

Time:									
3:00pm	Bib		MS	Pole Vault					
	100	1	Emily	Loucks		Forest	VA	F	MS Pole Vault
	101	2	Kaelynn	Smith		Amherst	VA	F	MS Pole Vault
	102	3	Raina	Fitzwater		Charlottesville	VA	F	MS Pole Vault
	103	4	Anna	Callo		Lyndhurst	VA	F	MS Pole Vault
	104	5	Ian	Wallace		Williamsburg	VA	M	MS Pole Vault
5:00pm	Bib	Girls	Pole Vault						
	105	1	Jocelyn	Walker	9-6	Yorktown	VA	F	Pole Vault
	106	2	Mirabella	Hunter	8-6	Williamsburg	VA	F	Pole Vault
	107	3	Jennifer	Wagner	11-6	Yorktown	VA	F	Pole Vault
	108	4	Camille	Trotta	12-0	Spotsylvania	VA	F	Pole Vault
	109	5	LEAH	WOOD	11-0	Waynesboro	VA	F	Pole Vault
	110	6	Lily	Knowles	9-0	Williamsburg	VA	F	Pole Vault
	111	7	Hannah	Pettyjohn	12-0	ForestForest	VA	F	Pole Vault

7:00pm	Bib	Boys	Pole Vault						
	112	1	Ryan	Inge	8-6	Yorktown	VA	M	Pole Vault
	113	2	Jeremy	Frank	10-0	Williamsburg	VA	M	Pole Vault
	114	3	Matthew	Daley	9-0	Williamsburg	VA	M	Pole Vault
	115	4	Lance	Carter	12-0	Monroe	VA	M	Pole Vault
	116	5	Nate	Benson	15-9	Williamsburg	VA	M	Pole Vault

Running Events

8:00pm	Bib		Girls	800m					
	117	1	Jenna	Stutzman	0:02:27	Charlottesville	VA	F	800m
	118	2	Grace	Cook	0:02:28	Crozet	VA	F	800m
	119	3	Maeci	Frank	0:02:28	Charlottetsville	VA	F	800m
	120	4	Jordan	Stone	0:02:29	Charlottesville	VA	F	800m
	121	5	Ella	Taylor	0:02:30	Charlottesville	VA	F	800m
	122	6	Himagowri	Prasad	0:02:37	Yorktown	VA	F	800m
	123	7	Sienna	Collier	0:02:49	Charlottesville	VA	F	800m
	124	8	Katy	Moen	0:02:50	Yorktown	VA	F	800m
	125	9	Nora	Wood	0:03:00	Charlottesville	VA	F	800m
	126	10	Hailey	Hodson	NT	Crozet	VA	F	800m

8:15pm	Bib		MS	1600m					
	127	1	Lydia	Short	6:20	Toano	VA	F	1600m
	128	2	Sadie	Teer	7:20	Williamsburg	VA	F	1600m
	129	3	Daniel	Christian	5:45	Williamsburg	VA	M	1600m

8:30pm	Bib	Heat 1	Girls	1600m					
	130	1	Lily	Smith	0:05:55	Crozet	VA	F	1600m
	131	2	Sadie	Sorg	0:05:55	Henrico	VA	F	1600m
	132	3	Eleanor	Abell	0:06:05	Crozet	VA	F	1600m
	133	4	Jada	Mendez	0:06:10	Aldie	VA	F	1600m
	134	5	Eliza	Carson	0:06:50	Yorktown	VA	F	1600m
	135	6	Diane	Hoffman	0:06:50	Yorktown	VA	F	1600m
	136	7	Mabelli	Sumner	0:06:57	Crozet	VA	F	1600m

8:40 PM	Heat 2		Girls	1600m						
	137	1	Lauren	Petranek	0:04:54	Ashburn	VA	F	1600m	
	138	2	Caroline	Bauer	0:04:55	Williamsburg	VA	F	1600m	
	140	3	Jenna	Stutzman	0:05:12	Charlottesville	VA	F	1600m	
	142	4	Claire	Bauer	0:05:30	Williamsburg	VA	F	1600m	

	143	5	Kayla	Fields	0:05:30	Yorktown	VA	F	1600m
	144	6	Katryna	Aulenbach	0:05:30	Yorktown	VA	F	1600m
	145	7	Leila	Jarama	0:05:30	Aldie	VA	F	1600m
	146	8	Grace	Cook	0:05:35	Crozet	VA	F	1600m
	147	9	Megan	Cash	0:05:35	Henrico	VA	F	1600m
	148	10	Reagan	Walters	0:05:38	Henrico	VA	F	1600m
	149	11	Emma	Schmitz	0:05:41	Crozet	VA	F	1600m
	150	12	Himagowri	Prasad	0:05:43	Yorktown	VA	F	1600m
	151	13	Isabel	O'Connor	0:05:45	Williamsburg	VA	F	1600m
	152	14	Hannah	Neff	0:05:51	Williamsburg	VA	F	1600m
			Boys	1600m					
8:50 PM	153	1	Connor	Linehan	0:04:59	Yorktown	VA	M	1600m
	154	2	Bharath	Kashyap	0:05:00	Yorktown	VA	M	1600m
	155	3	Glenn	Glass	5:02:00	Williamsburg	VA	M	1600m
	156	4	Leo	Callo	0:05:10	Lyndhurst	VA	M	1600m
	157	5	Joel	Galarza	0:05:12	Yorktown	VA	M	1600m
	158	6	Ty	Schasse	0:05:30	Yorktown	VA	M	1600m
			Boys	1600m					
9:00 PM	159	1	Ryan	Borden	0:04:17	Chantilly	VA	M	1600m
	160	2	Alex	Murphy	0:04:20	Yorktown	VA	M	1600m
	161	3	Samuel	Rodman	0:04:20	Bealeton	VA	M	1600m
	162	4	Jaden	Luczak	0:04:29	Midlothian	VA	M	1600m
	163	5	Andrew	Bennett	0:04:34	Midlothian	VA	M	1600m
	164	6	Berkley	Nance	0:04:35	Henrico	VA	M	1600m
	165	7	Luke	Tompkins	0:04:36	Williamsburg	VA	M	1600m
	166	9	Connor	Hennesey	0:04:40	Henrico	VA	M	1600m
	167	10	Jason	Latina	0:04:40	Henrico	VA	M	1600m
	168	11	Hayato	Hasegawa	0:04:50	Yorktown	VA	M	1600m
	169	12	Grant	Phillips	0:04:53	Ashburn	VA	M	1600m
			Girls	3200m					
9:10 PM	170	1	Sadie	Adams	0:11:13	Crozet	VA	F	3200m
	171	2	Gabriella	Garcia	0:11:13	Midlothian	VA	F	3200m
	172	3	Tessa	Dobrinski	0:11:45	Henrico	VA	F	3200m
	173	4	Sophia	Varon	0:12:07	Henrico	VA	F	3200m
			Boys	3200m					
9:25 PM	174	1	Brogan	Giffin	0:08:57	Chantilly	VA	M	3200m
	175	2	Arnav	Tikhe	0:09:10	Herndon	VA	M	3200m
	176	3	Benjamin	Madrigal	0:09:15	Yorktown	VA	M	3200m
	177	4	Luke	Taylor	0:09:19	Henrico	VA	M	3200m

178	5	Ryan	Borden	0:09:22	Chantilly	VA	M	3200m
179	6	Trevor	Mason	0:09:24	Henrico	VA	M	3200m
180	7	John	Vogel	0:09:36	Williamsburg	VA	M	3200m
181	8	Dylan	Raney	0:09:44	Yorktown	VA	M	3200m
182	9	Ayush	Marwaha	0:09:45	Sterling	VA	M	3200m
183	10	John	Linehan	0:09:50	Yorktown	VA	M	3200m
184	11	Logan	Carson	0:09:50	Yorktown	VA	M	3200m
185	12	Wes	Gable	0:09:55	Glen Allen	VA	M	3200m
186	13	Gary	Amole, Jr	0:10:10	Yorktown	VA	M	3200m
187	14	David	Stark	0:10:15	Yorktown	VA	M	3200m
188	15	Aidan	Pentel	0:10:29	Yorktown	VA	M	3200m