## April 29 – Final Update and Firm Schedule GWDRC 1 and 2 mile

Dear GWDRC 1 and 2 mile entrants:

Track Address:

Jamestown High School address: Jamestown High School, Williamsburg, VA

3751 John Tyler Hwy, Williamsburg, VA 23185

We are looking forward to a fast evening of 1 and 2 mile races. Below you will find everything you need for this Saturday evening.

Please look over in detail and don't hesitate to ask questions over email or text/call 757-784-2281 or <u>MarkTompkins1@gmail.com</u>. If you see any errors in the entries please get in touch with me.

- 1) The schedule is **firm** and we will start the races **at the times listed**.
- 2) All athletes will receive a bib number. This is how we will record your order of finish. Please make sure you wear your bib so it can clearly be seen at the finish. After you finish you will walk over to a set of cones so we can double check the order of finish. We will record the order of finish as athletes come in, we will have a finish line judge and also film all races.
- 3) You will pick up your bib at a table on the grass field next to the track.
- 4) There are 3 porta potties available for use. 2 in parking lot right next to the track and the 3<sup>rd</sup> at the entrance of Green Spring Trail which is about 100m from the track.
- 5) You can warm up on the field next to the track, parking lot/trail around school or on Green Spring Trail which is right next to the track - 100m from the track. (I would go out and back -don't want to get lost on the trail)
- 6) Please bring plenty of water. The school has shut off water outside due to COVID. We will have sealed water bottles if needed.
- 7) Spectators/Coaches you may watch from anywhere **outside of the fence** of the track. Please stay off the track and infield.
- 8) Athletes please off the track until you are the next race up. You may do final strides on the football field and we have enough time between races to do strides on the track prior to your race.

- 9) We don't have any awards but I have 2-3 coupons per runner for Bruester's Ice Cream which is in Williamsburg if you are interested in getting a treat after your race.
- 10) Please see the final entry list below and diagram of the track/porta potties/check in area below.
- 11) Spectators please follow social distance protocols. Spacing out around the track!
- 12) Please ask any questions. We are excited for a beautiful evening of running.
- 13) This is a **USATF Sanctioned Event** and not a VHSL event. You may run as a club or unattached!
- 14) We will have a finish line clock running. I will have results uploaded later in the evening or the next morning in run sign up and uploaded to milestat in 24-48 hours.

Time Schedule:

## May 1st- Final Schedule - (Updated 4-29 9:00am)

- GWDRC Open and Elite 1 Mile and Elite 2 Mile Schedule
- 6:00pm Middle School Girls and Boys 1 mile combined
- 6:15pm Open girls 1 mile 1 heat only
- 6:30pm Open boys 1 mile Fast Heat
- 6:45pm Open Boys 1 mile Slow Heat
- 7:00pm Girls 2 mile Elite heat
- 7:20pm Boys 2 mile Elite heat

## ENTRIES AND MAP BELOW

		Middle School	6:00pm			
Order	Bib					
1	1	Lydia	Short	6:30:00	F	Middle School 1 Mile (Boys and Girls)
2	2	Sadie	Teer	7:30	F	Middle School 1 Mile (Boys and Girls)
3	3	Daniel	Christian	5:45:00	M	Middle School 1 Mile (Boys and Girls)
4	4	Nikhil	Sosale	7:30:00	М	Middle School 1 Mile (Boys and Girls)
		Girls 1 Mile	6:15pm			
Order	Bib					
1	5	Josi	John	0:05:40	F	1 Mile May 1st
2	6	Leila	Jarama	0:05:40	F	1 Mile May 1st
3	7	Himagowri	Prasad	0:05:48	F	1 Mile May 1st
4	8	Grace	Cook	0:05:50	F	1 Mile May 1st
5	9	Hannah	Neff	0:05:51	F	1 Mile May 1st
6 7	10	Lily	Smith	0:06:05	F	1 Mile May 1st
8	11 12	Madison	Henderson	0:06:15	F	1 Mile May 1st
۵ 	12	Katy	Moen	0.00.50	r	1 Mile May 1st
		Boys 1 Mile	6:30pm	Fast heat		
Order	Bib					
1	12	Ryan	Borden	0:04:17	M	1 Mile May 1st
2	13	Samuel	Rodman	0:04:20	м	1 Mile May 1st
3	14	Michael	Jones	0:04:26	M	1 Mile May 1st
4	15	Cooper	Hurst	0:04:31	M	1 Mile May 1st
5	16	Quinn	Baker	0:04:32	M	1 Mile May 1st
6	17	Alex	Dachos	0:04:35	M	1 Mile May 1st
7	18	Evan	McCue	0:04:36	M	1 Mile May 1st
8 9	19	Luke	Tompkins	0:04:38	M	1 Mile May 1st
	20	Wes	Gable	0:04:45	M	1 Mile May 1st
10	21 22	Logan	Dingman	0:04:47	M	1 Mile May 1st
11	22	Thomas	Oudekerk	0:04:50	M	1 Mile May 1st
Order	Bib	Boys 1 Mile	6:45pm	Slow heat		
1	23	Lucas	Simmons	0:05:00	м	1 Mile May 1st
2	24	Michael	Loar	0:05:10	м	1 Mile May 1st
3	25	Thomas	Romero	0:05:10	M	1 Mile May 1st
4	26	Ту	Schasse	0:05:30	M	1 Mile May 1st
5	27	Raj	Patel	0:05:40	M	1 Mile May 1st
6	28	Brandon	John	0:05:55	M	1 Mile May 1st
7	29	Eizaku	Asai	0:06:30	M	1 Mile May 1st
		Girls 2 Mile	7:00pm			
Order	Bib	GITS 2 WIIC	7.00pm			
1	30	Scarlet	Fetterolf	0:11:00	F	2 Mile May 1st
2	31	Lauren	Petranek	0:11:02	F	2 Mile May 1st
3	32	Caroline	Bauer	0:11:05	F	2 Mile May 1st
4	33	Ricky	Fetterolf	0:11:05	F	2 Mile May 1st
5	34	Taylor	Gibson	0:11:24	F	2 Mile May 1st
6	35	Jenna	Stutzman	0:11:25	F	2 Mile May 1st
7	36	Grace	Finnegan	0:11:27	F	2 Mile May 1st
8	37	Sadie	Adams	0:11:30	F	2 Mile May 1st
9	38	Hannah	Preisser	0:11:30	F	2 Mile May 1st
1 <b>0</b>	39	Katryna	Aulenbach	0:11:40	F	2 Mile May 1st
11	40	Cecilia	Fetterolf	0:11:50	F	2 Mile May 1st
12	41	Saylor	Burris	0:11:58	F	2 Mile May 1st
13	42	Jocelyn	Hurst	0:12:20	F	2 Mile May 1st
14	43	Kayla	Fields	0:12:24	F	2 Mile May 1st
		Boys 2 Mile	7:20pm			
Order	Bib	2073 2 WIIIC	7.20pm			
1	44	Brogan	Giffin	0:09:05	м	2 Mile May 1st
2	45	Benjamin	Madrigal	0:09:15	м	2 Mile May 1st
3	46	John	Vogel	0:09:20	м	2 Mile May 1st
4	47	Ryan	Borden	0:09:22	M	2 Mile May 1st
5	48	Alex	Murphy	0:09:37	М	2 Mile May 1st
6	49	Dylan	Raney	0:09:49	м	2 Mile May 1st
7	50	Ayush	Marwaha	0:09:55	M	2 Mile May 1st
8	51	Logan	Carson	0:10:00	M	2 Mile May 1st
9	52	John	Linehan	0:10:00	M	2 Mile May 1st
10	53	David	Stark	0:10:15	м	2 Mile May 1st
11	54	Aidan	Pentel	0:10:30	M	2 Mile May 1st
12	55	Gary	Amole, Jr	0:10:32	M	2 Mile May 1st

Map:

