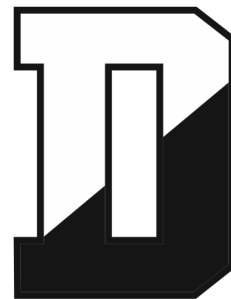




**Saturday
April 24th – 9 am
Lincoln Park
Jersey City, NJ**



It is a pleasure to again take this opportunity to invite you to an exciting meet that is being sponsored by the Athletic Department of Saint Dominic Academy. The 23rd Annual SDA Track & Field Spring Invitational will be held, ***rain or shine***, in Lincoln Park's beautiful lightening-fast track & field facility. This year's event, as always, will feature a fully automatic timer.

We hope you will join us for a great day of events for all members of your team, as you start your season. As always, we have a wide variety of events at a reasonable entry cost (**\$325 per team/ \$600 for a school bringing both boys and girls**). Schools with extremely low numbers of participants may call to request revised pricing. These fees allow for unlimited events. **IF** we have sufficient entries, we will award six (6) medals in **ALL** events and **ALL** divisions, as well as award "Champion" t-shirts to the winners of each event.

In an effort to increase our ability to provide you with a smooth running and efficient meet, we ask that you return your entry form no later than Friday, April 16, 2021. Please join us for a great day of Track & Field for all members of your team. We wish you continued success throughout the year and thank you for your support, including the legions of you who typically join us in the Jersey City Armory for our winter series.

Order of Events

Field Events	Running Events
High Jump (FB, SB, VB, FG, SG, VG) *cannot contest*	Intermediate Hurdles – Girls First
Long Jump (FG, SG, VG, FB, SB, VB)	3200m Relay
Shot Put ((FB, SB, VB, FG, SG, VG) *cannot contest*	High Hurdles
Discus (VG, SG, FG, VB, SB, FB)	100m Dash
Javelin (VB, SB, FB, VG, SG, FG)	1600m Run
	400m Relay
	400m Dash
	800m Run
	200 Dash
	3200m Run
	1600m Relay

The order of running events will be FB, FG, SB, SG, VB, and VG. All running events will be finals on time, with the exception of the 100m dashes and the High Hurdles. Divisions will be combined where the entry is low; however, separate awards will be given. National Federation Rules will be in effect.

If Governor Murphy does not increase numbers for outdoor events by the time of the event, frosh/soph competitions will be combined. Thank you for your support & cooperation.