



30<sup>th</sup> Annual Chandra Cheeseborough Invitational Track & Field Meet

Schedule of Events

(Rolling Schedule)

7:45 am	Coaches Meeting
9:00 am	High Jump - Girls/Boys Long Jump - Girls (Pit #1)/ Boys (Pit #2) Triple Jump Shot Put - Boys/Girls Discus - Girls/Boys Javelin - Girls/Boys
9:00 am	3200 Meter Relay Girls and Boys (Final)
11:00 AM	<u>Track Events Prelims</u>  100 Meter Hurdles 110 Meter Hurdles 100 Meter Dash (High School Only) 4x100 Meter Relay (High School Only) 400 Meter Dash 300 Meter Hurdles 200 Meter Dash

\*If an event does not have enough participants, it will run as a Final.

1:00 PM	<u>Track Events-Finals</u>  100 Meter Hurdles 110 Meter Hurdles 100 Meter Dash (Middle School Girls/Boys) 100 Meter Dash 1600 Meter (Middle School Girls/Boys) 1600 Meter Run 4x100 Meter Relay (Middle School Girls/Boys) 4x100 Meter Relay 400 Meter Dash 4x200 Meter Relay (Middle School Only) 300 Meter Hurdles 800 Meter Run 200 Meter Dash 3200 Meter Run 4x400 Meter Relay (Middle School Girls/Boys) 4x400 Meter Relay
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\*LJ, TJ, SP, DT 4 attempts each athlete, no finals

\*\*Opening Heights will be established at the coaches meeting for high jump



Starting heights or minimums after first legal attempt

Event	Girls	Boys
HJ Starting Heights	1.3m	1.65m
PV Starting Heights	2.25m	3m
Long Jump	4.25m	5.5m
Triple Jump	8.6m	11m
Shotput	8.5m	11m
Discus	26m	31m
Javelin		
*Approximate distances depend on entries	16m	26m

**Meet Contact:**

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