

2020/2021 CAPPs INV 1 Covid-19 Guidelines

We will be following the state's Covid-19 published protocols: <https://open.texas.gov/uploads/files/organization/opentexas/OpenTexas-Checklist-Youth-Sports-Operators.pdf>

It is imperative that all coaches, athletes, and parents read the guidelines above and know the risks associated with Covid-19, and that parents review with their minor athlete competitors. And the additional guidelines we are specifically implementing for this meet below:

- Only athletes, volunteers, and officials allowed on the track. The only exception is for long jump and during warmups. We will allow a coach to help with marks for the younger athletes. Strict social distancing must be maintained and you must exit track immediately after marks are down.
- Coaches must make sure their kids are practicing social distancing during warmups. Meet staff will not be able to monitor this activity, so counting on you to help us with this.
- Athletes/coaches need to listen to the PA for event announcements.
- We will be taking temperature of all athletes, officials, volunteers, and spectators upon entrance to the facility. Anyone with a temp of over 100.4(CDC guidelines)will have to remain isolated or leave the facility. Gate opens at 7:30 AM. Come early to avoid long lines. Masks are required of everyone upon entering the stadium. Athletes must wear except when competing in an event or warmups.
- Stands may be used with social distancing of 6'.
- Tents may be set up outside the fence with at least 6' spacing and no more than 10 people to a tent. 6' social distance along fence line
- Restrooms will be open, but only 1 at a time permitted. We strongly suggest athletes take care of things prior to arriving at the stadium to avoid long lines and missing their events.
- Each person/team is responsible for own water supply, to avoid athletes gathering around a cooler.
- Athletes must listen to officials regarding spacing and heat stacking. Heats will be lined up along the track in running order. As soon as the gun goes off, heats will move up to the next spot on the track, maintaining the 6' social distancing. Stay in your heat and do not move around. This is vital to keeping the meet flowing smoothly. If an athlete does not keep the distancing after being warned, he/she will be asked to leave the meet. We know this is difficult. Kids want to socialize, see old friends, and just be themselves. But it's important that we follow guidelines for everyone's safety. Coaches, parents, we are counting on you to emphasize this with your athletes and to pay attention to officials.
- Athletes 13 and older will be allowed to use blocks. We will disinfect after each race. Do not handle blocks until given permission to do so.
- There will be hand sanitizer at starting line for athletes, officials, and volunteers.
- Athletes must exit track immediately after their race, keeping 6' distancing.
- If you have a relay team, you'll need to bring your own baton and sanitize. Batons won't be provided.
- Results will not be posted on a board (again, we're trying to avoid places where folks might gather). We will have live results updated frequently during the meet at this link: <http://trackforlife.com/results.htm>

Thanks for your understanding during these unusual times. Your cooperation is needed and appreciated!

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