Argyle Track & Field Invitational JV - Thursday March 4th, 2021 V - Friday March 5th, 2021

All entrees will go through <u>www.tx.milesplit.com</u> Entrees are due by Tuesday March 2nd.

COVID Guidelines:

Required Screening:

Each participating school must conduct the UIL approved pre-screening of all Coaches and student-athletes. Temperature checks MUST be conducted prior to school departure with roster signed and turned in by coaching staff signifying that all individuals have been checked before arriving at the event.

Team Camps:

There will be designated camp locations for all teams that are a minimum of 25 feet apart from one another. Spectators will be asked to not go in those designated areas. Please try to keep your athletes in their camp unless they are competing. If they choose to watch other events they must adhere to the social distancing guidelines in those areas.

Masks:

All employees, parents, visitors and students ten years of age or older MUST wear face coverings or face shields upon entry to an area where UIL activities are being conducted and when not actively practicing or playing in the contest

***The only time an athlete can remove his/her mask is when they start to warm up for their event in the designated area, during competition, and cool down in the designated area. Upon leaving the infield track area the athlete MUST put the mask back on. ***

Spectators:

Fan Attendance - Spectators are permitted to attend. We have our bleachers marked with "X's" where people can sit, they can only sit on the "X's". We have them purposely marked to maintain social distancing. They are ONLY allowed to be in the designated areas.

At no point are spectators allowed to to Enter the infield - repeated violation of this will result in the athlete being scratched from their events and parent asked to leave venue

Coaches' Scratch Meeting Held in the Boys' Fieldhouse wrestling room (at the end of the hallway on the left) at 3:50pm. You will be able to change/scratch athletes in events from 3:15-4:00pm.

Hospitality Room (FH Mat Room)

Hospitality items are available for coaches and workers ONLY. *NO athletes* are allowed in the FH. It will be located in the same location as the scratch meeting, entrance will be the door facing the track.

Day 1 Schedule

4:00pm - Field Events (Each athlete will get 3 attempts, jumps, throws, etc.)

HJ Pit (south end of track) - JVG followed by JVB (JVG--4'2") (JVB--5'2")

10 minutes warm up between divisions

Pole Vault (located on the north end of the tennis courts)— JVG followed by JVB Pole Vault (JVG--7'6") (JVB 9'6")

10 minutes warm up between divisions

Long Jump & Triple Jump (located on the north end of the tennis courts)—North pits: JVB/JVG Triple Jump

South pits: JVG/JVB Long Jump

*divisions will switch upon completion

Shot and Disc Rings are located on the N end of the Tennis Courts

Shot— JVB - ring #1 JVG - ring #2

Discus— JVG - ring #1 JVB - ring #2

We will flip order of throws to offset any backlog from S/D crossover

4:30pm - 3200m races JVG, JVB

6:00pm - Running events in the following order: JVG, JVB (ALL FINALS)

4x100m Relay

800m

100m Hurdles (JVG)

110m Hurdles (JVB)

100m

4x200m Relay

400m

300m Hurdles (order: JVG, JVB)

200m

1600m

4x400m Relay

Day 2 Schedule

9:00am - Field Events (Each athlete will get 3 attempts, jumps, throws, etc.)

HJ Pit (south end of track) - VG followed by VB (VG--4'6") (VB--5'6")

10 minutes warm up between divisions

Pole Vault (located on the north end of the tennis courts)— VG followed by VB Pole Vault (VG--8') (VB 11')

10 minutes warm up between divisions

Long Jump & Triple Jump (located on the north end of the tennis courts)— $\,$

North pits: VB/VG Triple Jump South pits: VG/VB Long Jump

*divisions will switch upon completion

Shot & Disc Rings (located on the north end of the tennis courts)—

Shot— JVB - ring #1 JVG - ring #2

Discus— JVG - ring #1 JVB - ring #2

We will flip order of throws to offset any backlog from S/D crossover

9:30am - 3200m races [VG, [VB

Running events will start EXACTLY 30 MINUTES AFTER THE COMPLETION OF THE LAST FIELD EVENT and will be run in the following order: VG, VB (ALL FINALS)

4x100m Relay

800m

100m Hurdles (VG)

110m Hurdles (VB)

100m

4x200m Relay

400m

300m Hurdles (order: VG, VB)

200m

1600m

4x400m Relay

Argyle Track & Field Meet - Information

Meet Information:

ALL FIELD EVENTS— Each of the athletes will get 3 attempts.

Please make sure that your athletes are checking in at 2nd call and on the benches with the Staging Clerk. We will combine heats in divisions to fill spots. **We will scratch an athlete if he/she is not there at 2nd call (to keep the flow of the meet).** Please have your athlete check-in if they are competing in multiple field events at the same time so they do not get scratched.

Field events will start at the time listed sharp, please make sure you and your athletes are here early enough for your athletes to get run-throughs.

Please make sure the athletes in the relays are warmed up and ready when he/she steps on to the track for the relay, we want to keep it moving so we will start ASAP.

The concession stand is available to your athletes and spectators. Team meals will be available for purchase, please see concession stand for information unless you have ordered before the meet day.

NO GUM, SUNFLOWER SEEDS, GATORADE, ETC. IS ALLOWED ON THE FOOTBALL FIELD. ONLY water is allowed. PLEASE help us by monitoring your athletes.

NO parents, spectators, non-track students are allowed on the infield (football field, high jump/pole vault/long jump/triple jump areas).

Entry fees--\$150 for Varsity team (both boys and girls), \$125 for JV team (both boys and girls), \$10 for individuals

Make checks payable to— Argyle Athletic Booster Club Attention: Greg Martin 191 S Hwy 377 Argyle, Tx 76226 If you have any questions--Greg Martin gmartin@argyleisd.com 940-262-7777 ext. 2508