

# Ironwood Ridge Distance Carnival

Tuesday, April 13th at Ironwood Ridge High School  
Ironwood Ridge High School 2475 W Naranja Dr. Oro Valley, AZ 85742

**Meet Director:** Michael Smith      (602) 793-4576      ironwoodridgetf@gmail.com

**Entry Fee:**      \$100 per school (Includes BOTH boys and girls) - ***DISCOUNTED FOR 2021***  
Invoice Below

**Admission:**      \$5; Kids Under 13 are Free (**Subject to change based on AIA/District Guidelines**)

**Entries:**      You will be allowed Unlimited Entries for most events. 3 entries for the 400m and 1 relay team.

**(Subject to change based on AIA Guidelines)**

Entries must be done on **az.milesplit.com** by Noon on Sunday, April 11th.

**Qualifier:**      This will be a state qualifying meet.

## Time Schedule:

4:00 PM: Coaches Meeting

4:55 p.m. National Anthem

(BOYS Run First. Heats will be from Fast to Fastest)

5:00 PM: The first Event Starts

4x800 Meter Relay

1600 Meters

400 Meters

800 Meters

3200 Meters

DMR (1200, 400, 800, 1600)

**Rules and Regulations:**

All non-participants and coaches must stay away from the finish line at all times during the meet. When not participating, please stay in the stands, infield, or warm-up areas. Team tents and camps must be set up in the WEST bleacher area

Box alley starts for the distance races. A waterfall start will be used if the number of participants permits. Curve Judges and Exchange Inspectors will be used. Infractions will be signaled with a yellow/white flag.

Athletes must report to the staging area or “bullpen” located near the starting line by the 2nd call.

If an athlete fails to report by the 3rd call, he/she will not be allowed to participate in that event.

**Awards:** NO AWARDS this year. Since we are discounting the cost of the meet for 2021 we are going to forgo giving out awards.

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INVOICE

SCHOOL \_\_\_\_\_

\_\_\_\_\_ BOYS/GIRLS TEAMS - \$100.00

\*Small programs bringing individual athletes may contact the meet director for an entry fee.

TOTAL PAID \$ \_\_\_\_\_

Please make checks payable to:  
**Ironwood Ridge Cross Country and Track & Field Booster Club**  
**(IRCCTF)**  
**Tax id# 84-4327658**

Mail Checks with completed Invoice to:

**Ironwood Ridge High School**  
**Attn: Michael Smith - Track & Field**  
2475 W Naranja Dr.  
Oro Valley, AZ 85742