

HAMILTON HIGH SCHOOL  
COED JV INVITE  
May 6, 2021

**LOCATION:** Hamilton High School, W220 N6151 Town Line Road, Sussex

**TIME:** Coaches Meeting 3:30. West Side Press Box 4:00 pm-Field (except Pole Vault: 3:45pm) and Running Events

**TEAMS:** Brookfield Central, Brookfield East, Germantown, Hamilton, Hartford, Menomonee Falls, Pewaukee, Slinger

**ENTRIES:** Three (3) entries per individual event. One (1) relay team per relay event. Seven (7) entries will be allowed in the shot put and discus. **THERE WILL BE NO FINALS**

**ENTRY PROCEDURES:**

Submit entries by going on [www.k2timing.com](http://www.k2timing.com) Click on Upcoming Events and find the Hamilton COED JV Invitational. Final entries are due **May 4, 2021 7 pm**. Contact Keith Klestinski at 414-331-7215 if you have a question on entries.

PLEASE INCLUDE A MARK FOR EACH ATHLETE IN EACH EVENT. WE REALIZE THIS IS FAIRLY EARLY IN THE OUTDOOR SEASON BUT PLEASE GIVE A FAIR GUESS.

**SPIKES:** Spikes may be worn on all runways, approach areas, and the track itself(1/4 inch). No pin or “Christmas tree” spikes please. Also, please do not use athletic tape on track for marks in field events. Chalk will be provided.

**SCORING:** Standard Scoring. Top eight individuals will score (10-8-6-5-4-3-2-1) and top 7 relays (10-8-6-4-3-2-1). Medals will be given to the top 3 individual and relay finishers.

**STARTING HEIGHTS:** SEE ORDER OF EVENTS

**SHOT PUT/DISCUS:** 4 throws (no finals). These two events will run concurrently in three or four flights

**POLE VAULT:** Three vaults must be taken consecutively until three competitors remain.

**LONG/TRIPLE JUMP:** 4 jumps (no finals). The long and triple jumps will be run concurrently with an “open pit” format. Both pits will be open until 7:00 pm. You will be allowed to “piggy-back” 1<sup>st</sup> and 3<sup>rd</sup> jump

**AWARDS:** Top 3 will medal in individual and relay events.

**TEAM AREAS:** Please set up camps outside of Grove Field—East side of new press box.

**CONCESSIONS:** Concessions will be available.

**WORKERS:** We may need as school to provide one worker to assist with meet management

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COED JV TRACK INVITE  
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ORDER OF EVENTS—ALL EVENTS ARE FINALS

4:00 PM All Running Events...Girls Run First

3200 M Relay  
110M High Hurdles  
100M Dash  
1600M Run  
800M Relay  
400M Dash  
400M Relay  
300M Intermediate Hurdles  
800M Run  
200 M Dash  
3200M Run  
1600M Relay

4:00 PM All Field Events (*Except Pole Vault – starts at 3:45pm*)

Shot Put	4 Throws-No Finals...Girls First, Boys Second
Discuss	4 Throws-No Finals...Boys First, Girls Second
Long Jump	4 Jumps (cafeteria, no finals)...Girls First (4:00-5:30 pm), Boys Second (5:30-7:00 pm)
Triple Jump	4 Jumps (cafeteria, no finals) )...Boys First (4:00-5:30 pm), Girls Second (5:30-7:00 pm)
High Jump	Starting Height – 4’10”(Boys) 3’10”(Girls) 5 alive format: 1-1-1...Boys First (4:00-5:30 pm) Girls Second (5:30-7:00 PM)
Pole Vault	Starting Height – 7’0”(Boys) 6’0”(Girls) (Go up 1’ to 8’ then 6” after that) **Starts at 3:45pm 5 alive format: 1-1-1...Girls First (3:45-5:15 pm) Boys Second (5:15-6:45 PM)

All three attempts **must** be taken in succession in the high jump and pole vault until there are 3 or less individuals advancing to a new height.

**Schedule:** We will not follow a definitive time schedule. The running portion of the meet will begin with the 4x800 relay and proceed as quickly as we can in the following order.