

Friday, April 9th

AT Christian Brothers High School

Friday Running Events 4:30 start: Middle School DMR; Varsity DMR(1200, 400, 800, 1600); Open 1600; Varsity 4x1600M Relay; Open 800; Varsity 3200; 1500 Men's Invitational

Friday Field Events 4:30PM: Open Shot- Girls first, boys will follow; Open Discus- Boys first, girls will follow; Open Pole Vault

AT Houston High School

Friday Running Events 4:30 start: Open 100; Varsity 800 SMR(100-100-200-400); Open 400; Varsity SMR 1600 SMR (200-200-400-800); Open 200

Friday Field Events 4:30PM: Open Long Jump; Varsity High Jump- boys
6PM- Varsity Triple Jump

Saturday, April 10th

AT Christian Brothers High School

Running Events-10:00 AM start: fastest heat will race first. Open 3200; Varsity 4x800 Relay; Open 4x800 Relay; Middle School 4x800 Relay; Varsity 1600M Run; Middle School 1600M Run; Varsity 800M Run; Middle School 800M Run

Field Events- 10AM Start-Varsity Pole Vault; Varsity Shot Put Girls first; Varsity Discus Boys first

AT Houston High School

Running Events- 11:00 AM start- 100/110 Hurdles-Varsity; 100M Dash- Varsity; Unified 100M Dash; 4x200 Relay-Varsity; 4x100 Relay- Varsity; 4x100 Relay- OPEN; Unified 4x100 Relay; 400M Dash- Varsity; 300M Hurdles- Varsity; 200M Dash- Varsity; 4x400 Relay- Varsity

Field Events- 10AM Start-Varsity Long Jump; Varsity High Jump- Girls only

Unified Field Events- 11:15AM Start- Unified Long Jump; Unified Shot

